



 /backrowwest  /backrowwest



Backrowwest
201kentstreet

Please inform your Wait Person of any dietary requirements.
Card payments incur 1.25% fee. Public Holidays incur 10% surcharge.

Breakfast

Sourdough Toast 6

Brown | Soy Linseed | Fruit Spelt |
Gluten Free. Served with Cultured Butter
and Fresh Preserves

Breakfast Plate 18

Panko Crumbed Free Range Egg,
Quinoa, Feta, Avocado, Tomato Relish,
Bell Peppers, Pine Nuts
Add Bacon +4

Breakfast Burrito 13

Three Egg Whites, One Yolk, Halloumi,
Spicy Chipotle, Avocado, Baby Spinach,
Black Beans, Low Carb Wrap
Add Bacon +4

Avocado Bruschetta 14

Avocado, Feta, Cherry Tomato,
Dukkah, Smoked Salt, Sourdough
Add Poached Egg +3 or Crispy Bacon +4

Eggs in Hell 17

Chili Beef Mince, Tomato, Kimchi, Poached
Free Range Egg, Sour Cream, Jalapeños,
Toasted Sourdough

Bacon & Egg Burger 13

Soft Scrambled Egg, Chives,
Free Range Crispy Bacon, American
Cheese, Smoked Mayo
Add Beef Patty +4

Smoked Salmon Corn Fritters 20

Tasmanian Smoked Salmon, Sweet Corn
and Shallot Fritters, Coriander, Yoghurt,
Pickled Radish, Jalapeño, Fresh Lime

Walnut & Chia Porridge 12

Rolled Oats, Chia Seeds, Walnuts, Vanilla
Poached Pear, Cinnamon Infused Honey,
Activated Seeds

Acai Bowl 16

Organic Acai Berry, Coconut Water, Mango,
Shredded Coconut, Granola, Fresh Berries
Add Peanut Butter +2

Granola & Yoghurt 13

Rolled Oats, Almonds, Walnuts,
Goji Berries, Pecans, Manuka Honey,
Fresh Berries, Low Fat Yoghurt

Cereal Panna Cotta 13

Seasonal Mixed Fruit, Granola,
Panna Cotta Infused with Cereal Milk,
Fresh Berries

Protein Hotcake 16

Passionfruit, Berries, Mascarpone,
Pistachio, Pepitas, Maple Syrup, Ricotta,
Plant Protein Powder
Add Crispy Bacon +4

Eggs on Toast 12

Fried | Poached | Scrambled
Served on Sourdough Bread

Meal Accompaniments 4ea

Crispy Bacon

Avocado

Feta Cheese

Cherry Tomatoes

Halloumi Cheese

Falafel

Mushrooms

Turmeric Cauliflower Rice

Wilted Spinach

Smoked Salmon

Poached Egg

5ea

3ea

Lunch

Crispy Skin Salmon 23

Tasmanian Salmon, Green Tea Noodles, Pickled Carrot, Soft Herbs, Butter Beans, White Miso, Toasted Sesame and Lime Dressing, Pickled Ginger

Tuna Poke Bowl 21

Sashimi Grade Albacore Tuna, Avocado, Pickled Ginger, Zucchini Noodles, Cucumber, Kewpie Mayo, Wakame, Togarashi, Ginger Soy Dressing

Grilled Wild Barramundi 25

Wild Caught Barramundi, Sautéed Green Peas, Pancetta, Cherry Tomatoes, Watercress Salad

Quinoa Chicken Salad 18

Grilled Chicken Breast, Smoked Yoghurt, Green Beans, Roast Cauliflower, Quinoa, Chickpeas, Feta, Spinach, Lemon and Olive Oil Dressing

Angus Beef Salad 24

Seared Angus Sirloin Steak, Roast Brussel Sprouts, Watercress, Kipfler Potatoes, Toasted Almonds, Marinated Feta, Salsa Verde

Vegan Bowl 17

Falafel, Avocado, Quinoa, Beetroot Hummus, Kale, Cucumber, Bell Peppers Balsamic Vinegar, Cauliflower Rice, Pine Nuts

Add Poached Egg +3 or Halloumi +4

Crumbed Chicken Sandwich 15

Crumbed Chicken Breast, Hot Sauce Aioli, Baby Cos, Tomato, Served on Sourdough

Gnocchi 20

Potato Gnocchi, 12 Hour Braised Lamb Ragu, Shaved Parmesan, Gremolata, Fried Rosemary

Bucatini Melanzane 18

Bucatini Pasta, Sautéed Eggplant, Confit Garlic, Tomato, Basil, Baked Ricotta, Fried Basil Leaves

Orecchiette 20

Orecchiette Pasta, Pork and Fennel Sausage, Green Peas, Diced Zucchini, Chili, Feta, Olive Oil, Black Pepper, Parmesan

Cheese Burger 18

Wagyu Beef Patty, Cheese, Baby Cos, Tomato, Onion, Pickles, Mustard, Marie Rose Sauce, Shoestring Fries

Add Extra Patty +5 or Crispy Bacon +4

Grilled Chicken Burger 18

Marinated Chicken Breast, Smokey BBQ Sauce, Onion Rings, Lettuce, Tomato, Milk Bun, Shoestring Fries

Juice

Smoothies

Freshly Squeezed Juice

all 8

Defender

Apple, Passionfruit, Ginger

Pink Pine

Watermelon, Apple, Pineapple

Vitamin King

Pineapple, Mint, Orange

Citrus Healer

Grapefruit, Orange, Lime

Grounder

Orange, Carrot, Ginger

Greened Out

Cucumber, Apple, Lime

Make your own

From the above

Smoothies

all 9

Breakfast Starter

Rolled Oats, Cacao Nibs, Banana, Granola, Honey, 25g Plant Protein, Cinnamon

Green Alkalizer

Avocado, Finger Lime, Kale, Mango, Banana, Spinach, Bee Pollen, 25g Plant Protein

Banana Smoothie

Pineapple, Orange, Banana, Low Fat Yoghurt, Chia Seeds, Cacao Nibs, 25g Plant Protein

Mixed Berry

Raspberries, Strawberries, Banana, Apple, Low Fat Yoghurt, Honey, Coconut Water, Shredded Coconut, Mint, 25g Plant Protein

Salted Peanut Butter

Peanut Butter, Cacao Nibs, Himalayan Salt, Honey, Banana, 25g Plant Protein, Granola

Acai Smoothie

Organic Acai Berry, Coconut Water, Mango, Shredded Coconut, Granola

Cold Drinks

Coffee & Tea

Soft Drinks

Coke	5
Diet Coke	5
Ginger Beer	5
Lemon lime Bitters	5

Water

San Pellegrino 250	4
San Pellegrino 500	6
Still Water 600	4

Kombucha

Kombucha Ginger & Lemon	6
Kombucha Peach	6

Black or White

4.5/5

Single O Roasters
Back Row West Custom Blend

Espresso

4

Macchiato

4

Batch Brew

5

Single O Filter Coffee Served Hot

Chilled Batch

5

Single O Filter Coffee Served Chilled

Belgian Hot Chocolate

4.5/5

Belgian Callebaut Chocolate

Belgian Mocha

5/5.5

Single O Espresso, Belgian Chocolate, Milk

Turmeric Latte

5/5.5

Organic Honey and Turmeric, Cinnamon

Coconut Iced Coffee

7

Cold Filter, Coconut Sorbet, Shredded Coconut, Belgian Chocolate Nibs
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Iced Coffee

6

Long Black or Latte

Traditional Tea

5

English Chamomile Earl Grey Peppermint Green Chai Lemongrass

Wine & Beer

Wine

Sparkling

Borgo San Leo, Prosecco 13/48
Italy

Rose

AIX Rose 14/55
Coteaux De Provence, France

White

Tar and Roses, Pinot Grigio 13/48
Strathbogie Ranges, VIC, Australia

Thorn-Clarke 'Sandpiper' Riesling 13/48
Eden Valley, SA, Australia

The Pawn El Desperado, Sauv Blanc 12/45
Adelaide Hills, SA, Australia

Tyrrell's Old Winery, Verdelho 13/48
Hunter Valley, NSW, Australia

Red

Totara Pinot Noir 13/48
Marlborough, New Zealand

Black Chook Shiraz 12/45
McLaren Vale, SA, Australia

Fat Bastard Malbec 13/48
Mendoza, Argentina

La Sagestrana, Sangiovese 12/45
Roma, Italy

Beer

Bottled

Stone and Wood Pacific Ale 8

Lord Nelson Three Sheets Pale Ale 8

Corona 7

Peroni 7

Estrella Damm Lager 7

On Tap

Peroni 300ml 9

Peroni 500ml 12

Cricketers Arms Pale Ale 400ml 8

Cider

Somersby Apple Cider 7

Juice Bar Cocktails

Ginger Rum 10

Rum, Ginger, Pineapple, Mint

Brisk Cucumber 10

Vodka, Apple, Cucumber

Lychee & Mint 10

Gin, Lime, Mint, Lychee

Spicy Margherita 10

Tequila, Lime, Grapefruit, Jalapeño

Black Apple 10

Johnny Black, Apple, Lime

Pineapple Mojito 10

Mint, Rum, Pineapple, Soda, Mint

Juice Bar Mocktails

Convict 201 8

Lychee, Mint, Lime

The Governor 8

Orange, Raspberry, Pomegranate

Heritage Island 8

Pineapple, Apple, Blueberry

All Juice Freshly Squeezed!



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Food

Shoestring Fries

Herb Aioli

Loaded Fries

Potato Fries, Truffle and Shaved Parmesan

Popcorn Chicken

Chicken Breast, Fresh Popcorn,
Hot Sauce, Aioli

Salt & Chili Calamari

Fresh Chili, Lime Aioli, Crisp Shallots,
Coriander

Crumbed Chicken Burger

Crumbed Chicken Breast, Lettuce,
Tomato, Cheese, Hot Sauce Aioli,
Milk Bun, Potato Fries

Add Bacon

Cheese Burger

Wagyu Patty, Melted Cheese, Onion,
Lettuce, Tomato, House Pickles, Mustard,
Marie Rose Sauce, Potato Fries

Add Extra Patty / Add Bacon

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Juice Bar Cocktails

Ginger Rum

Rum, Ginger, Pineapple, Mint

Brisk Cucumber

Vodka, Apple, Cucumber

Lychee & Mint

Gin, Lime, Mint, Lychee

Spicy Margherita

Tequila, Lime, Grapefruit, Jalapeño

Black Apple

Johnny Black, Apple, Lime

Pineapple Mojito

Mint, Rum, Pineapple, Soda, Mint

Juice Bar Mocktails

Convict 201

Lychee, Mint, Lime

The Governor

Orange, Raspberry, Pomegranate

Heritage Island

Pineapple, Apple, Blueberry

All Juice Freshly Squeezed!

Wine

Wine

Sparkling

Villa Theresa, Prosecco

Italy

Rose

AIX Rose

Coteaux De Provence, France

White

Tar and Roses, Pinot Grigio

Strathbogie Ranges, VIC, Australia

Thorn-Clarke 'Sandpiper' Riesling

Eden Valley, SA, Australia

The Pawn El Desperado, Sauv Blanc

Adelaide Hills, SA, Australia

Black Cottage Reserve Chardonnay

Marlborough, New Zealand

The Orange Tree, Moscato

South Eastern Hills, VIC, Australia

Red

Totara Pinot Noir

Marlborough, New Zealand

Black Chook Shiraz

McLaren Vale, SA, Australia

Fat Bastard Malbec

Mendoza, Argentina

Sangiovese, La Sagestrana

Roma, Italy

Beer & Cider

Beer

Bottled

Stone and Wood Pacific Ale

Lord Nelson Three Sheets Pale Ale

Young Henrys Newtowner

Corona

Peroni

Peroni Leggera

On Tap

Peroni 300ml

Peroni 500ml

Asahi 300ml

Asahi 400ml

Cider

Batlow Apple Cider

Spirits

SCOTCH WHISKEY

Johnnie Walker Red

Johnnie Walker Black

Chivas Regal 12yrs

Glenfiddich 12yrs

WHISKEY

Jameson

Jack Daniels

Canadian Club

Fireball

Southern Comfort

BOURBON

Jim Beam White

Makers Mark

Wild Turkey

VODKA

Smirnoff

Grey Goose

Belvedere

Spirits

GIN

Beefeater

Tanqueray

Hendricks

RUM

Bundaberg

Captain Morgan

Bacardi White

Bacardi Red Spiced

Bacardi Gold Rum

TEQUILA/MEZCAL

El Jimador

Cafe Patron XO

Patron Silver

Monte Alban Mezcal

Aperol

Campari

Cointreau

Midori

Baileys

Frangelico

Galliano Black

Pimms No. 1

Kahlua

Peach Schnapps

Hennessy V.S.O.P

