

WELCOME TO THIRD WHEEL FREQ! OUR
BRUNCHES ARE ALL SERVED WITH HOUSE SALAD
AND LOVE 

CHEF'S FAVORITES

WHERE OUR CHEF GETS EXTRA SPECIAL.

TOKYO BENNY 28

Crispy potato rosti, fried kale, soy-butter sautéed mushrooms, smoked salmon, ramen-style marinated egg (ajitama), white miso beurre blanc, pickles, sesame, chives. Make it spicy  add siracha mayo (2) or wasabi mayo (2)

CORN TO BE WILD 26

Seeded sourdough, lemon cream cheese, smoked corn jam, crispy bacon, crumbed egg, brown-butter hollandaise, pickled red onion, fresh herbs

COCO SMASHED AVO (V, VOA) 25

Sourdough toast, coconut smashed Avocados, red onions, poached egg. Make it spicy  add some chilli (1)

TRUFFLE TROUBLE 26

Toasted brioche, fried kale, truffle emulsion, grilled zucchini, stracciatella, poached egg

TARTINE TALES

TOAST, BUT MAKE IT TASTY

JUST TOASTS (V, VOA) 11.5

Two sourdough toasts, butter, and a choice of seasonal Jam, vegemite, peanut butter or honey

EGGS, BUT YOUR WAY 16

Two Sourdough toasts, two eggs (Fried, poached or scrambled), butter. and your choice of add ons

SALMON GONE WILD 27

Sourdough, smoked salmon, beetroot cream, dill-lemon cream cheese, radish, poached egg, light lemon hollandaise, pomegranate, blood orange

MUSHPLANT (V) 26

Seeded sourdough with roasted smoked eggplant, poached egg, soy butter mushrooms, stracciatella, herb oil, toasted hazelnut

ONE BUN TO RULE THEM ALL

BUNS WITH PERSONALITY.

BUN BELIEVABLE 22

Bun with crispy bacon, avocado, fried egg, homemade aioli, smashed potatoes, cheddar, BBQ sauce. Make it spicy  add siracha mayo (2) or wasabi mayo (2)

GREEN QUEEN BUN (V) 23

Bun with grilled halloumi, fried egg, avocado, roasted vegetables, homemade lemon hummus.

YOU SEE ME ROLLING

BAGELS DONE RIGHT.

EARLY BIRD BAGEL 20

Toasted bagel with crispy bacon, fried egg, cheddar, confit onion, hollandaise.sauce

HOLA HALLOUMI (V, VOA) 21

Toasted bagel with grilled halloumi, lemon cream cheese, roasted smoked eggplant

STOCKHOLM BAGEL 24

Toasted bagel, dill cream cheese, avocado, smoked salmon, rocket, lemon

SWEET TOOTH

ARE YOU REALLY SWEET ENOUGH?

CLOUDY WITH A CHANCE OF PANCAKES 21

House-made fluffy buttermilk pancakes, brown-butter and lemon zest, fresh fruit, white chocolate matcha

FRENCH TOUCH 24

Salted caramel brioche french toast, homemade praline mascarpone, Berries

MAKE IT EVEN BETTER

FRIES YOU'VE NEVER TASTED BEFORE

Japanese potato fries (11)

CHOOSE YOUR BREAD

Sourdough, Seeded Sourdough (2),
Brioche (2) Glutenfree (2)

ADDS ON

Siracha or
wasabi mayo(2)

Hollandaise Sauce (3)

Egg (5) Avocado (5)

Stracciatella (6)

Salmon (8) Bacon (8)

HOT

COFFEE

Espresso	4
Short Mac	4
Flat White	5
Cappuccino	5
Latte	5
Long Black	5
Long Mac	5.70
Mocha	5.70
Hot chocolate	5

TEA

English Breakfast	5
Earl Grey	5
Peppermint	5
Lemongrass Ginger	5
Green Sencha	5
Chai Latte	6
Matcha	6
Tumeric	6
Rooibos	6

Add Extra Shot or Decaf (0.50) Alternative Milk (0.70)

COLD

Capi Sparkling Mineral Water	5
Capi Still Mineral Water	5
Homemade Ice Tea	8
Cold-Pressed Juice	9
Fancy lemonade	4.50

DRINKS

TOASTIES

PASTRAMI

Pastrami, Jarlsberg, Pickles, Sauerkraut, Mustard (Add Egg 5)

16

TOMATO

Tomato, Jarlsberg, Red Onion

14

AVOCADO - VG, O

Avocado, Jarlsberg, Tomato-Cashew Hummus, Cucumber, Sprout

16

ORGANIC TEMPEH - VG

Organic Tempeh, Mustard, Tomato, Cucumber, Red Onion, Kale, Balsamic Glaze

16

ORGANIC TOFU - VG, O

Organic Tofu, Smokey BBQ Sauce, Horseradish Cream, Tomato, Red Onion, Iceberg Lettuce

16

BREKKY

SALMON BAGEL

Toaster Bagel, Dill Cream, Cheese Avocado, Cured Salmon, Rocket Lemon

23

SMASHED AVO

Golden Toast, Smashed Avocados, Soft Boiled Egg (Add Salmon 8)

22

TRUFFLE

Toasted Brioche, Truffle Emulsion, Grilled Zucchini, Stracciatella, Soft Boiled Egg

23

SALMON

Toasted Brioche, Cream Cheese and Dill, House Cured Salmon, Beetroot, Soft Boiled Egg (Add Stracciatella 6)

25

Adds on: Egg (5), Avocado (5), Stracciatella (6), Salmon (8)

Choose Your Bread: Sourdough, Brioche (2), Glutenfree (2)

SWEET

GREEK YOGHURT OR COCONUT BIRCHER 10/10.50

Apple Infused Oats, Apricots, Almonds, Pepitas, Goji Berries, Chia Seeds, House-Made Raspberry Compote, Greek or Coconut Yoghurt

SPELT SOURDOUGH TOAST

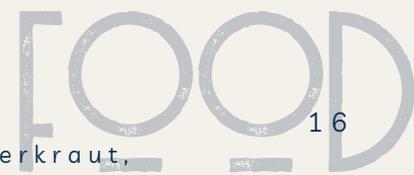
11

W/Butter, and a choice of Seasonal Jam, Vegemite or Peanut Butter

BANANA BREAD SLICE

9

W/Butter, Toasted



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