

BIGA ALL DAY BREAKFAST

Kitchen opens 6:40AM

Please quote your table number when ordering at the counter

SALTY

Biga eggs 16

Two free range eggs
(PFS) with sourdough
toast

Eggs Benedict 22

Leg ham, poached eggs,
house hollandaise on an
English muffin
or with Bacon (+2)
or with Salmon (+4)

Breakfast burger 24

Bacon, fried egg, tomato,
relish, cheese &
housemade pickles in a
brioche bun, with a
hasbrown

Breakfast burrito 23

Scrambled eggs,
guacamole, feta and
bacon in a toasted
tortilla

Biga foccacia 19

Scrambled egg, cheese
and bacon in a focaccia

BLT foccacia 18.5

Bacon, lettuce, tomato
and mayo
Add a fried egg (+5)

Smashed avocado 23

On rye with feta, dukkah,
cucumber, tomato, radish
and beetroot hummus.
Add a poached egg (+5)

Biga beans 23

Housemade mix of beans
in tomato sugo with two
poached eggs and
sourdough

● Gatherer's greens 23.5

Seasonal vegetables,
garlic, with dukkah & two
poached eggs. Spice it
up (with chili & ginger
+1.5)

Shakshouka 23.5

Baked eggs in tomato and
chickpea sugo with
shanklish and sourdough
Add barossa chorizo (+6)

Chili eggs 24

Fresh chili & coriander
scrambled eggs on
sourgough

Basil pesto eggs 24

Basil pesto & semi-dried
tomato scrambled eggs
on sourdough with bacon
strips

● Gluten free

● Vegan

(VGO) Vegan option

(GFO) Gluten free option

- Mushroom bruschetta** 23.5
Trio of mushrooms slow cooked with garlic & herbs, on toasted sourdough with avocado, rocket, poached egg (VGO)
- Sweetcorn fritters** 23.5
Sweetcorn, feta and coriander fritters with chilli jam, bacon, crispy poached egg and fresh garden salad
- Baked omelette** 22
*Buttered leek, cheese, mushroom and spinach with sourdough
 Add barossa chorizo (+6)*
- **Pyttipana / PYTT** 26
Flavour of Sweden made from baked potatoes, spinach, mushroom, onions diced chorizo and bacon. Topped with a poached egg, pickled beetroot and a slice of toast
- **Spicy Thai omelette** 24
Egg whites, spinach, vermicelli, garlic, ginger, chilli, spring onion, coriander with sourdough
- Biga breakfast** 28.5
Two free range eggs (PFS), bacon, chorizo, mushroom, grilled tomato, hashbrown, sourdough toast
- Veggie breakfast** 28.5
Two free range eggs (PFS), spinach, house beans, mushroom, grilled tomato, hashbrown, wholemeal toast
- **Healthy kickstart** 24
Two free range eggs (PFS), gourmet sausage, sautéed cauliflower, spinach avocado, tomato relish, dark eye

SWEETS

Fruit toast 9

Two thick slices with jams

Fruit salad (VGO) 16.50

Seasonal fruits topped with vanilla bean labne

Porridge 17

With honey and cinnamon poached pear

Brioche french toast 23

Twice baked and topped with cinnamon sugar, orange yoghurt, poached pear & vanilla crumble

Biga toast 8

Three slices of sourdough with jams

● **Housemade granola** (VGO) 22

With vanilla bean labne, honey, banana and berries

● **Macadamia bircher** (VGO) 22

With poached pear, fresh berries & vanilla bean labne

Vanilla buttermilk pancakes 23

Stack of three with lemon mascarpone, fresh berries flaked almonds and maple

SMOOTHIE BOWLS

Smoothies topped with house granola, banana, strawberries, blueberries, chia, coconut flakes and coconut yoghurt (comes out separate to meals)

●● **Sunrise** 22.5

Mango, banana, lacuma, vanilla protein, coconut milk

●● **Dragon bowl Z** 22.5

Açaï, dragonfruit, banana, coconut water

●● **Periwinkle** 22.5

Almond butter, blueberries, maca, lacuma, mapple, protein, almond milk

● Gluten free

● Vegan

(VGO) Vegan option

(GFO) Gluten free option

JUICES

Cleanser

*Cucumber, spinach,
celery, apple, lemon,
mint*

Immune booster

*Beetroot, strawberry,
carrot, apple, lemon,
ginger, orange*

Straight up

Orange

Fruity feels

*Watermelon, mint,
apple, strawberry*

Mellow

*Apple, orange,
pineapple*

Repair

*Carrot, celery, pear,
ginger, apple*

Vital

*Carrot, orange,
pineapple, ginger*

Bottled options

*Tomato juice or coconut
water*

All 11

Bottled options 8

SMOOTHIES

Sunny Daze

*Banana, mango, nutmeg,
honey, coconut milk,
vanilla icecream*

Tropical twist

*Pineapple, mango, banana,
orange, cinnamon, chia
seeds*

Banaani

*Bananas, honey, nutmeg,
vanilla icecream, organic
milk*

Trophic bliss

*Berries, pineapple,
orange, mango, banana*

Berry blizzard

*Acai, strawberries,
blueberries, raspberries,
dates, water*

● **Terve**

*Acai, strawberry,
banana, almond butter,
macadamia milk, protein*

Kaakao

*Cacao, almond butter,
maca, mesquite, dates,
maple, almond milk,
Himalayan salt*

Health hazard

Avocado, spinach,
pineapple, mint, orange,
greens powder

Banana caramel

Banana, maca, mesquite,
dates, maple, vanilla,
almond and coconut milks

Fruitful

Dragonfruit, watermelon,
mango, lime, orange,
coconut water

KIDS CORNER

Plain pancakes**15**

Stack of two with maple,
ice cream and berries

Eggs and bacon**15**

One egg (PFS), one rasher
of bacon and sourdough
toast

Cheeseburger**16**

Housemade beef patty,
cheese and sauce on
brioche bun, with chips

BIG A EXTRAS

Add these to any meal

| | | | |
|------------------------|------------|--|------------|
| Grilled bacon | 6.5 | Grilled tomato | 3.5 |
| Grilled chicken breast | 6 | Sautéed mushrooms | 4.5 |
| Harris smoked salmon | 8 | Sautéed baby spinach | 4.5 |
| Feta, haloumi or tofu | 5 | Hasbrown | 3.5 |
| Avocado | 5 | Cauliflower | 5 |
| Barossa chorizo | 6 | Free-range egg | 5 |
| Gourmet sausage | 6 | Slice of toast | 2 |
| Housemade beans | 6 | Sourdough, wholemeal, rye (GF bread +1) | |

ALL DAY LUNCH

Tomato bruschetta (VGO) 18.5

With basil pesto, feta and rocket

Smoked salmon 22

bruschetta

With feta, chard and a dill and lemon vinaigrette

Fat chips (VGO) 11

With mayo

● **Vermicelli bowl** (VGO) 24

*Glass noodles mixed with scrambled egg, bok choy, shredded veg, chilli, ginger and garlic
Add grilled chicken (+6)*

●● **Falafel bowl** 21

Tomato, capsicum and chickpea sugo topped with basil pesto and falafel

Thai fried chicken 24

With Asian slaw and sweet chilli aioli

Meatball sub 20

*Housemade beef meatballs simmered in trick Napoli sauce, olive, basil, pesto, melted mozzarella and tucked into a soft, crusty pane de Roma rolls
Add chips (+6)*

● **Chicken pad thai** (VGO) 24

Wok-tossed rice noodles, seasonal vegetables, cashews and chicken breast. Swap with prawn (+2)

●● **Brown rice salad** 22

Brown rice, corn, avocado, cherry tomato, snow peas, lettuce and pepitas in a sumac dressing. Add chicken, tuna, falafel, haloumi or feta +6

● **Cajun chicken salad** (VGO) 25

Mixed lettuce, cucumber, crispy sweet potatoes, carrot, beetroot, tomato, snow peas, corn in a honey mustard dressing with cajun spiced chicken. Add tuna, feta or falafel (+6), or smoked salmon (+8)

Wagyu beef burger 25

Housemade wagyu mince patty, bacon, american cheese, lettuce, tomato, pickles, relish, dijon mustard and aioli in a seeded brioche bun with chips (GFO)

Cajun chicken burger 25

Cajun-spiced chicken breast, halloumi, tomato, avocado, lettuce and jalapeno aioli in a seeded brioche bun (GFO)

● **Veg burger** (VGO) 24

Housemade veggie pattie, avocado chili jam, carrot, beetroot, lettuce and vegan aioli in a vegan bun with chips

| | | | |
|--|-----------|---|-----------|
| Halloumi burger <i>Crispy panko-crumbled halloumi stacked in a toasted seeded brioche bun with fresh lettuce, tomato, caramelised onion and housemade chilli mayo with chips</i> | 24 | Fried chicken wrap <i>With mixed lettuce, carrot, bean sprouts and sweet chilli aioli</i> | 17 |
| ● Falafel wrap <i>Avocado, lettuce, tomato, pickles, vegan mayo</i> | 17 | Calamari and chips <i>Tender fried calamari served with crispy hot chips, a side of creamy tartare sauce and small serve of salad</i> | 18 |
| Smoked salmon wrap <i>Cucumber, lettuce, mint yoghurt, dill</i> | 17 | | |

SOFT DRINKS & WATER

| | | | |
|--------------------------|------------|------------------------|-------------------|
| Coca-cola, sprite | 5 | Aranciata Rosso | 5 |
| Chinotto | 5.5 | Still water | 4.8 |
| Limonata | 5 | Sparkling water | 5 / 7 / 10 |

COFFEE

| | Cup | Mug |
|--|-----|-----|
| Espresso / Macchiato / Piccolo | 4.2 | - |
| Long black / Flat white / Latte / Cappucino | 5 | 5.7 |
| ● Chai latte <i>Spiced or Vanilla</i> | 5 | 5.7 |
| ● Hot chocolate <i>Certified Fairtrade Organic</i> | 5 | 5.7 |
| Mocha | 5.4 | 6.1 |
| Latte on Ice | - | 6.7 |
| Alternate lattes <i>Tumeric, matcha</i> | 5 | 5.7 |
| Iced coffe / Chocolate / Mocha / Chai <i>Tumeric, matcha</i> <i>Add ice cream (+1)</i> | - | 9.5 |
| Original Milkshakes <i>Tumeric, matcha</i> <i>Banana, caramel, chocolate, lime, strawberry, vanilla</i> | - | 9.5 |

COFFEE EXTRAS & TEA

| | |
|--|--|
| Alternate milk 1 <i>Soy, almond, coconut, lactose free, macadamia, oat</i> | Latte flavours 1 <i>Caramel, hazelnut, vanilla</i> |
| Decaf 1 | Extra shot 1 |
| Teapot 4.7 / 6,9 | Over ice 5,7 |