

WELCOME TO ARISE

ALL DAY BREAKFAST

big breakfast ^{gfo}	30
two eggs, bacon, lamb sausage, hash brown, roast cherry tomatoes w sautéed mushrooms on a slice of toasted sonoma sourdough	
eggs benedict ^{gfo}	27
two poached eggs, baby spinach served on toasted turkish bread w hollandaise sauce + a side of roast cherry tomatoes w your choice of smoked salmon OR bacon	
brekky stack ^{gfo}	28
rocket, grilled halloumi, bacon, avo, roast cherry tomato + a poached egg on toasted turkish bread w sweet balsamic glaze	
honey halloumi ^{gfo} v	29
grilled halloumi, avo, crunchy greens, pumpkin, pomegranate + crushed nuts on toasted sonoma sourdough w honey dressing	
breakfast wrap	17
baby spinach, halloumi, avo, caramelised onion, bacon, eggs + aioli in a lightly toasted wrap add hash brown 3	
brekky tacos	25
two soft shell tortillas filled w chorizo, scrambled eggs, avocado, hash brown, roasted corn salsa, bbq aioli sauce, feta + parsley	
bacon + egg burger ^{gfo}	15
two fried eggs, bacon on a milk bun w bbq sauce add on tasty cheese 1 hash brown 3	

eggs on toast ^{gfo} v	14
two eggs cooked scrambled, fried or poached w toasted sonoma sourdough + a side of butter build your brekky from our extras ☺	
burrata + avocado toast v ^{gfo}	24
one sourdough toast w avo, burrata, olive oil, honey, pomegranate + pumpkin seeds	
the 'go to' avo ^{gfo} v	19
avo, tomato + feta on a slice of toasted rye sonoma sourdough served w a lemon wedge, dukkah + lemon infused olive oil add poached egg 3	
mushroom toast v ^{gfo}	25
one sourdough toast w roasted garlic mixed mushrooms, one poached egg, beetroot hummos, cream cheese, pomegranate + crispy sweet potato	
nutty granola ^{gfo} v	23
homemade granola, seasonal fruits, coconut flakes, greek yoghurt + honey (make it vgn w no honey)	
acai bowl ^{vgn}	24
acai, banana, seasonal fruits, granola, coconut flakes + chia seeds drizzled w peanut butter	
toast	8
(two slices) sourdough/white rustic/turkish/rye served w your spread of choice vegemite jam nutella peanut butter	

TOASTIES

all toasties are made w sonoma rustic white bread

BLT ^{gfo}	16
bacon, lettuce, tomato w aioli level up w smashed avo 3	
ham + cheese toastie ^{gfo}	12
add tomato 2	
chicken toastie ^{gfo}	17
grilled chicken, avo, cheese + mayo	

SOMETHING SWEET

berry good pancakes	24
two housemade pancakes, fresh berries, berry compote vanilla ice cream + maple syrup add bacon 6	
biscoff french toast	24
homemade thick cut french toast, berries, layered w biscoff + vanilla ice cream	
croissants	
plain 8 ham + cheese 12	
housemade scones	12
w strawberry jam + house whipped cream	
raisin toast	8
served w butter	

see our display of sweet bites at the counter! add cream 3 | vanilla ice cream 4

LOVE YOUR LOCAL, YOUR LOCAL LOVES YOU

FROM 11AM LUNCH

fish + chips 27
beer battered flathead, chips, tartar + lemon
add side salad 6

teriyaki chicken bowl gf | df 29
grilled teriyaki chicken, rice, avo + corn, cherry
tomatoes, edamame beans, shaved fennel served
w pickled ginger + miso dressing

chashu rice gfo | df 27
steamed rice topped w 3 hour pulled pork, pickled
mayo, sweet soy sauce + shallots

the ground burger 26
150g angus beef, cheese, caramelised onion,
lettuce + beetroot on a toasted milk bun w pickled
mayo + bbq sauce served w fries
level up w bacon 6

crispy cajun chicken gfo 26
crispy chicken, avo, roquette, crispy bacon w
pickled mayo on toasted turkish served w fries

cranberry + ham sandwich v | gfo 22
ham, cranberry jam, oak lettuce, sliced tomato,
tasty cheese, beetroot + mayo on fresh turkish
bread

WRAPS

roast vege wrap v | gfo 25
roasted pumpkin, roquette, greek yoghurt, pine
nuts w grilled halloumi on toasted wrap served w
sweet potato fries

schnitzel wrap 23
crumbed chicken, lettuce, tomato, spanish onion,
cheese + aioli served w fries

lamb wrap 24
tender lamb, spanish onion, lettuce, cucumber
tzatziki served w fries

SALADS

eat your greens v | gf | vgn 26
baby spinach, avo, green beans, broccolini, green
olives, pepitas, sweet potato crisps w nicoise
dressing

mediterranean salad gf 29
tender lamb, lettuce, baby spinach, pomegranate,
cucumber, spanish onion, mint, grilled halloumi,
sweet potato crisps w tzatziki dressing

mango prawn salad gf 29
lettuce, avocado, cherry tomatoes, spanish onion,
mango, quinoa + grilled prawns w roasted sesame
dressing

ADD A LITTLE EXTRA OOMPH

poached egg | 3
feta | cherry tomatoes | 4
avocado | mushrooms | 5
bacon (2 rashers) | falafel | 6
smk salmon | halloumi | grilled chicken | 7
grilled lamb backstrap | grilled prawns | 9
grilled salmon fillet | 14

CHIPS

all fries are seasoned w sea salt

shoestring fries w tomato sauce 9

thick chips w tomato sauce 12

sweet potato fries w aioli 14

DRINKS

HOT

reg 4.8 | mug 5.5
latte | flat white | cappuccino | long black

piccolo 4

espresso 3.5

hot chocolate 5 | 5.5

chai latte 5 | 5.5

mocha 5.5 | 6

dirty chai 5.5 | 6

matcha 5.5 | 6

masala chai 6.5

loose leaf tea 4.7

batch 5 | 5.5

strong | decaf 0.5

alm | mac | oat | soy | lactose free sml 0.6 | lrg 1
syrups 0.7

COLD

soft drinks 4.8

coke

coke zero

sprite

pink lemonade

still water 3.5

sparkling water 250ml 4.5

smoothies 12

add a scoop of wpi
protein 3

clean + green df

spinach, banana,
avocado, dates, honey +
macadamia milk

smooth banana df

banana, mango, almond
milk, honey + chia seeds

SMILE
THERE'S
COFFEE

lemon lime bitters 6

fresh juices

orange 9.5

green juice 10

juice of the day 10

+ ginger 1

iced drinks

iced tea 6

iced chocolate 7

iced cappuccino 8

iced latte 7

iced long black 6

iced matcha 9.5

strawberry matcha 12

cold brew 7

maple cold brew 8

milkshakes 7

make it thick 3

please advise staff of any allergies, whilst we try our best to accommodate all allergies we cannot 100% guarantee these ingredients will not be present as they are still handled in our kitchen and by suppliers. we hope you love our space + enjoy your time with us. we love serving you + seeing you! lots of love Arise team

LITTLE MENU

BREAKFAST

PANCAKE 9

served w berries + maple syrup on the side
add ice cream 3

LITTLE BREKKY 12 GFO

scrambled eggs on toast w bacon
served w tomato sauce

CHEESE TOASTY 7 GFO

white bread + tasty cheese

LUNCH

all served with a side of chips + tom sauce

CHICKEN NUGGETS 12 DF

CHEESE BURGER 16.5

150g angus beef, milk bun w cheese + tom sauce

GRILLED CHICKEN 13 DF GFO

served w sliced cucumber

BEER BATTERED FISH 14

DRINKS

FRESH OJ 6

MILKSHAKES 5

chocolate | vanilla | strawberry | caramel | banana

POP TOP 3.5

BABYCINO 1.5



ARISE