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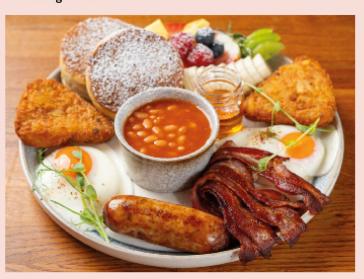
All served with a slice of sourdough toast.

Granola Bowl (v) Granola topped with natural yoghurt, seasonal fruits, and a drizzle of honey	9.5
Porridge (v) Served with seasonal fruits, honey and ground cinnamon	10
Mediterranean Beef sucuk, grilled halloumi, feta cheese, filo pastry, scrambled eggs, hash browns, olives, jam, tahini, molasses, walnuts and garnished salad	15
Fry Up (HALAL OPTION AVAILABLE) Free range fried egg, bacon, Cumberland sausage, hash browns and baked beans	11.5
Full English (HALAL OPTION AVAILABLE) Free range fried egg, bacon, Cumberland sausage, hash browns, grilled mushrooms, grilled cherry tomatoes and baked beans	13.5
Traditional (HALAL OPTION AVAILABLE)	13.5

squeak, black pudding, grilled mushrooms and baked beans Full Load (HALAL OPTION AVAILABLE) Two free range fried eggs, two Cumberland sausages, bacon, grilled halloumi, hash browns, grilled cherry tomatoes, grilled mushrooms and baked beans Houmus Lovers (v) Caramelized onion houmus, slow cooked cherry tomatoes, olive oil with two poached eggs. Served with sourdough bread

Vegetarian Breakfast (v) Free range fried egg, grilled mushrooms, grilled cherry tomatoes, veggie sausage, bubble & squeak, smashed avocado,





Vegan Breakfast (vg) 13.5 Sautéed baby spinach, bubble & squeak, smashed avocado, vegan sausage, grilled mushrooms, grilled cherry tomatoes, hash browns, asparagus, baby carrots and baked beans Healthy Breakfast Two free range poached eggs, smoked salmon, smashed avocado, sautéed baby spinach, grilled halloumi, asparagus, baby carrots, caramelized onion houmus and baked beans Gluten Free Breakfast (gf) 13.5 Smashed avocado on gluten free bread,

topped with two poached eggs, grilled cherry tomatoes, grilled mushrooms, asparagus, baby carrots and olives 13 Bed of garlic yoghurt, two poached eggs, butter with chilli pepper flakes and sautéed baby spinach Classic Menemen (v) 12.5 Turkish-style two free-range scrambled eggs cooked with peppers, tomatoes and herbs Add sucuk £1.50 Add baby spinach and feta cheese £1.50 Add cheddar cheese £1.50

Spanish Chorizo (HALAL OPTION AVAILABLE)

two free-range poached eggs

Spanish chorizo, grilled halloumi, grilled cherry tomato, sautéed baby potatoes, sautéed baby spinach,

ree Range Fried Egg oached Egg crambled Eggs (2) accon creaky Bacon umberland Sausage oanish Chorizo ack Pudding	2 2 3 2.5 2.5 2 2.5		Spicy Beef Sausage Veggie Sausage Frankfurter Bubble And Squeak Cherry Tomatoes Grilled Halloumi Baked Beans Grilled Mushrooms	3 2 2.5 3 2 3.5 1.5		Smoked Salmon Feta Cheese Baby Spinach Baby Potatoes Hash Browns (2) Side Salad Fruits Vegan Sausage	4 2 2.5 3 2 3 3	Chicken Nuggets (6) Falafel (4) Curly Fries Chips Spring Rolls (3) with Sweet Chilli Sauce Caramelized Onion Houmus, Bread & Olives	1.7 2. 3. 3.
lack Pudding	2			2.5		Vegan Sausage	2	Mozzarella Sticks (4)	
ırkey Rashers	2.5	:	Smashed Avocado	2.5	:	Sourdough Bread	1.75	Fried Halloumi with Sweet Chilli Sauce	

# **BRUNCH**

All served with garnish salad.

13.5

11

12

14

12.5

two poached eggs, parmesan cheese and rocket	
Sea Side Smoked salmon, large surimi tails, garnished salad, smashed avocado, grilled mushrooms, sautéed spinach, grilled cherry tomatoes and two poached eggs.	1

served with sourdough bread Blue Owl 1 Scrambled eggs on toast or avocado on toast

Blue Owl 2 11.9 Smashed avocado and two poached eggs. Served on sourdough bread and with the choice of:

1 Smoked Salmon 2 Smoked Streaky Bacon 3 Smoked Turkey Rashers

French Style Mushrooms (v)

Smashed avocado, sautéed baby spinach, grilled halloumi, two poached eggs on toasted sourdough bread

Blue Owl 4 (v) Smashed avocado, crushed feta cheese, and sun-dried tomato, with two poached eggs on toasted sourdough bread

### **EGG BREAKFAST**

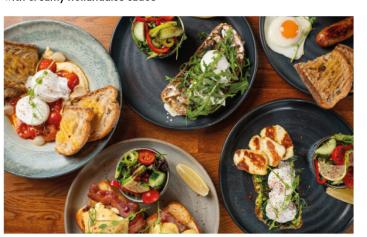
All served on toasted brioche bread with a garnish salad

Eggs Benedict (HALAL OPTION AVAILABLE) Toasted brioche bread, streaky bacon, two poached eggs and drizzled with creamy hollandaise sauce

Eggs Florentine (v) Toasted brioche bread topped with sautéed baby spinach, two poached eggs and drizzled with creamy hollandaise sauce

Toasted brioche bread, smoked salmon, two poached eggs drizzled with creamy hollandaise sauce

Avo Rovale (v) Toasted brioche bread, smashed avocado, cream cheese, two poached eggs, grilled mushrooms and drizzled with creamy hollandaise sauce



#### **HOMEMADE PANCAKE &** FRENCH TOAST BREAKFAST

Served with a side of seasonal fruits & maple syrup. Choose from either 2 layers of pancakes or 1 French toast. Add Nutella £0.50 • Add Biscoff £0.50

Full English Pancake

Served with 2 free range fried eggs, streaky bacon, Cumberland sauce, hash browns and baked beans Halal Pancake Served with 2 free range fried eggs, turkey rashers, beef sucuk, hash browns and baked beans

Veggie Pancake (v) Served with 2 free range fried eggs, smashed avocado, mushrooms, grilled tomatoes, veggie sausages, and baked beans

Mediterranean Pancake Served with 2 free range fried eggs, grilled halloumi, beef sucuk, hash browns grilled cherry tomatoes and baked beans



### **OMELETTES**

All served with garnish salad, chips & coleslaw.

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Spinach & Cheese (v)	12.5
Cheese (v)	11.5
Cheese, Bacon & Mushroom	12.5
Feta cheese, Roasted Peppers & Sundried Tomatoes (v)	12.5
Smoked Salmon, Red Onion, Mushrooms & Sautéed spinach	14.5

#### JACKET POTATOES \*\*\*\*\*

All served with a garnish salad and coleslaw.

12
10.5
11.5
10.5
10.5

14

13.5

# SANDWICHES & WRAPS

All served with chips, garnished salad and coleslaw

BLT (HALAL OPTION AVAILABLE) Bacon, lettuce and tomatoes	11.5
CBA (HALAL OPTION AVAILABLE) Chicken, bacon and avocado	12.5
Chicken Club (HALAL OPTION AVAILABLE) Grilled chicken, smashed avocado, cheddar cheese, streaky bacon, lettuce and tomatoes	14.5
Breakfast Time (HALAL OPTION AVAILABLE) Bacon, 2 Cumberland sausages and 2 fried eggs	12
Halloumi Club (v) Smashed avocado, grilled halloumi, caramelized onion houmus and roasted peppers	12.5
Chorizo Club (HALAL OPTION AVAILABLE) Caramelized onions, houmus, smashed avocado, Spanish chorizo and grilled halloumi	13.5



#### SALADS SALADS

JALADO	
Grilled Chicken Salad Mix green leaves, avocado, cherry tomatoes, cucumber, pomegranate and homemade salad dressing	12
Chicken Caesar Salad Mix green leaves, croutons, cherry tomatoes, parmesan cheese and Caesar salad dressing	13.5
Salmon & Avocado Salad Mix green leaves, cherry tomatoes, cucumber and homemade salad dressing	14
Tuna Sweetcorn Mayo Salad Mix green leaves, bell peppers, red onion, cherry tomatoes, cucumber and homemade salad dressing	12
Halloumi & Avocado Salad (v) Mix green leaves, bell peppers, cherry tomatoes, cucumber and homemade salad dressing	12
Grilled Salmon Salad Mix green leaves, avocado, bell pepper, cherry tomatoes, cucumber and homemade salad dressing	14
Greek Salad (v) Mix green leaves, feta cheese, red onions, cherry tomatoes,	11.5





# **BURGERS**

All served on a brioche bun with chips and coles	slaw
Beef Burger Homemade grilled beef patty, lettuce, cheese, tomato relish and gherkins	13.5
Streaky Burger (HALAL OPTION AVAILABLE) Homemade grilled beef patty, streaky bacon, fried egg, lettuce,tomato relish and cheese	15
Chicken Burger Marinated grilled chicken fillet, lettuce, tomato relish, cheese and mayo	13.5
<b>Vegetarian Burger (v)</b> Veggie patty, smashed avocado, grilled halloumi, lettuce, tomato relish and mayo	13.5



## WWW HOMEMADE CAKES

Carrot Walnut Cake	4.5
Apple Cake	4.5
Banana Caramel Hazelnut	4.5
Chocolate, Avocado & Beetroot Cake (vg)	4.5
Lemon Blueberry Cake (vg)	4.5
Chocolate Brownie (gf)	4.5
Red Velvet Cake	4.5

# **DESSERTS**

**Butter French Toast** Thick cut brioche bread smothered in rich butter 9.5 and sweetened with golden syrup, topped with vanilla ice cream and crushed pistachios Pretty Pancakes

Homemade fluffy thick pancakes topped with Nutella, seasonal fruits, almond flakes, vanilla ice cream and golden syrup

Box of Sweets (Great for Sharing)
Homemade fluffy pancakes, buttered French toast, seasonal fruits, nuts and golden syrup and your choice of two dips:
• Nutella • White Chocolate • Biscoff topping • Ice Cream

<b>*************************************</b>	>>>>>	*************	COFF	EES *****	<b>&gt;&gt;&gt;&gt;</b>	<b>&gt;&gt;&gt;&gt;&gt;</b>	**********	>>>>>>
Espresso			2.8	Biscoff Affagato				3.9
Long Black			2.9	Turkish Coffee				3.5
Macchiato			3	Hot Chocolate				3.6
Black Americano			3	Chai Latte				4
White Americano			3.2	Dirty Chai Latte				4
Cortado			3.2	Mocha				4
Flat White			3.4	Beetroot Latte				4
Latte			3.4	Matcha Latte				4
Cappuccino			3.4	Turmeric Latte				4
Affagato			3.4	Iced Coffee				4.5
				oconut / Almond / Soya aramel / Hazelnut + 40				
·	<b>&gt;&gt;&gt;&gt;</b>	·············· (	CUP OF	TEAS ***	>>>>>	>>>>>	>>>>>>>	>>>>>
English Breakfast T	ea		3.1	Green Tea				3.1
Earl Grey			3.1	Jasmine				3.1
Camomile			3.1	Rooibos				3.1
Peppermint			3.1	Lemon & Ginger				3.1
Still Water Sparkling water Coca Cola Diet Coke	2.5 2.5 3	Coke Zero Sprite Fanta Orange	3 3 3	Vanilla Strawberry Banana	5.5 5.5 5.5	Bluel	oerry er Bueno	5.5 5.5 5.5
Diet Coke	3	1		MO	CK <sup>-</sup>	TAIL (TAI		>>>>>> Cocktail
FRESHLY	SQU	IEEZED JU	IICE	Classic Mojito			7	8.5
Fresh Orange			5	Strawberry Mojito			7	8.5
Pressed Apple			5	Mango Mojito			7	8.5
Vita Mix Pressed App	ole, Ginge	er, Orange	5	Passion Fruit Mojite	0		7	8.5
SN	100	THIES ***	********		· WI	NE	Glass	Bottle
Merry Berry Blackberry, strawberry,	raenh a	-v	5.5	White Wine			5	20
blueberry and banana	. ashneri	J*		Red Wine			5	20
Groovy Green			5.5	Rose Wine			5	20
Avocado, spinach, pear, green apple and melon  Peachy Green	mint,		EF	Prosecco Served with	ı mix beı	rries	5	20
Kale, broccoli, peach, m	ango, an	d kiwi	5.5					
<b>Strawberry Sunshir</b> Strawberry, mango, and	<b>ne</b> banana		5.5	Peroni 33cl		ERS	Moretti 33cl	>>>>>>>>>>>>>>>>>>>>>>>>>>>>>>>>>>>>>>
Tropical Crush			5.5		5.5	1		5.5
Mango, pineapple, passi	ion fruit	and papaya		Corona Extra 33cl	5.5	<b>∟</b> Tes	<b>Draft</b> 50cl	5.5