

3 Cheers Cafe

BREAKFAST MENU



EGG ON TOAST

Egg your way scrambled, fried or Poached on sourdough toast.

\$11.49



FRENCH TOAST

Slice of toast dipped in egg with a scoop of vanilla ice cream and berry compote.

\$15.49



SMASHED AVO

Smashed avo with touch of feta, cherry tomato and Poached egg on sourdough toast.

\$20.99



EGG BENEDICT

2 poached eggs with hollandaise sauce 2 crispy bacon and spinach on top.

\$20.99



CREPE

Thin delicate pancakes filled with chocolate, fruits, ice-cream, and maple syrup.

\$10.99



CHILLI EGGS

Scrambled egg with chilli flakes, chorizo sausage on sourdough toast.

\$15.99



OMELETTE

Ham and cheese with sourdough.

\$16.49



VEG - OMELETTE

Mushroom, spinach, fetta cheese and sourdough.

\$16.49



BIG BREAKFAST

Bacon & egg your way on sourdough bread with spinach, grilled tomato, hash brown, cheesy kranisky sausage with hash brown.

\$29.99

SANDWICH MENU



CHICKEN TOASTED SANDWICH

Steamed chicken with mushrooms, cheese and avocado on sourdough.

\$13.49



VEG TOASTED SANDWICH

Avocado, cheese, mushroom, tomato and lettuce on sourdough bread.

\$14.49



BLT TOASTED SANDWICH

Bacon, lettuce and Tomato in sourdough bread.

\$13.49

ADD-ON

-  1 EGG **\$0.99**
-  1 HASH BROWN **\$1.99**
-  1 BACONS/ HAM **\$2.99**
-  PICKEL, TOMATO, AVOCADO, CHEESE, SAUCE /EACH **\$0.99**



THANK YOU FOR SUPPORTING LOCAL!



3 Cheers Cafe

LUNCH MENU



BURGER MENU

- CHEESEBURGER + CHIPS** \$15.99
Beef Patty, Cheese, Pickles, Lettuce with Burger Sauce.
- DOUBLE DELIGHT + CHIPS** \$19.99
2 Beef Patties, 2 slices of Cheese, Pickles, Lettuce with Burger Sauce.
- BURGER WITH LOT + CHIPS** \$22.99
Beef Patty, Cheese, Tomato, Pickles, Grilled Onion, Bacon, Egg, Beetroot, Lettuce with Burger Sauce.
- SOUTHERN STYLE CHICKEN BURGER + CHIPS** \$18.49
Southern style chicken, Cheese, Lettuce, Sliced Red Onion, Tomato, Bacon, Gerkins with Spicy Sauce.
- GRILLED CHICKEN BURGER WITH CHIPS** \$17.49
Grilled chicken, lettuce, tomato, onion with peri peri mayo sauce in Brioche bun.
- VEGGIE BURGER + CHIPS (V)** \$16.49
Veggie Patty, Cheese, Tomato, Red Onion, Lettuce with Sweet Chilli and Mayo.



SALAD MENU

- CHICKEN SALAD (GF)** \$14.49
Steamed chicken with mixed salad, sliced red onion, tomato, cucumber, Avocado with honey mustard sauce.
- FALAFEL SALAD (V-GF-VEGAN)** \$13.49
Smashed Falafel with mixed salad, sliced red onion, tomato, cucumber with lime and coriander dressing.
- CHICKEN SCHNITZEL SALAD** \$14.49
Chicken Schnitzel with mixed salad, sliced red onion, tomato, cucumber with honey mustard sauce.
- TUNA SALAD** \$14.49
Tuna with mixed cabbage, sliced red onion, tomato, sweet corn with mayo dressing.
- GREEK SALAD** \$12.49
Lettuce, tomato, olive, onion with fetta on top with greek salad dressing.

PASTA MENU

- NAPOLI PASTA (V)** \$15.99
Delicious penne pasta served with rich, savory sauces and fresh ingredients for a satisfying meal.
- CARBONARA PASTA** \$15.99
Creamy carbonara pasta with crispy pancetta, parmesan and a perfectly balanced blend of flavours.
- CHICKEN PESTO PASTA** \$15.99
Savory chicken pesto pasta with fresh basil, garlic and a rich creamy sauce for perfection.
- BOLOGNESE PASTA** \$15.99
Hearty Bolognese pasta with slow-simmered meat sauce, rich in flavour, topped with parmesan cheese.

KIDS MENU

- 6 NUGGETS** \$7.95
- 3 SWEET CHILLI TENDER** \$6.95
- COLESLAW SALAD WITH 3 SWEET CHILLI TENDER** \$9.95
- 6 ONION RINGS (V)** \$4.95
- SMALL BOWL OF CHIPS (V)** \$4.99
- LARGE BOWL OF CHIPS (V)** \$7.99

OTHERS

- FISH AND CHIPS** \$12.49
2 Pieces of whiting fillet with chips and lemon slice.
- CHICKEN PARMA + CHIPS** \$15.99
Crispy chicken and ham topped with Napoli sauce and cheese.
* ADD SALAD FOR \$3.49
- 5 CALAMARI RINGS WITH SALAD AND CHIPS** \$12.99
- CHICKEN SCHNITZEL WITH CHIPS** \$12.49



THANK YOU FOR SUPPORTING LOCAL!

COFFEE

MENU



COFFEE



	SMALL	REGULAR	LARGE	(T/A ONLY)
☛ Cappuccino	\$ 4.75	\$ 5.00	\$ 5.75	—
☛ Latte	\$ 4.75	\$ 5.00	\$ 5.75	—
☛ Flat White	\$ 4.75	\$ 5.00	\$ 5.75	—
☛ Mocha	\$ 5.75	\$ 6.00	\$ 6.75	—
☛ Macchiato	\$ 4.75	\$ 5.00	\$ 5.75	—
☛ Magic	\$ 4.75	\$ 5.00	\$ 5.75	—
☛ Piccolo	\$ 4.75	⊗	⊗	—
☛ Short Black	\$ 4.00	⊗	⊗	—
☛ Long Black	\$ 4.75	\$ 5.00	\$ 5.75	—



NON-COFFEE

	SMALL	REGULAR	LARGE	(T/A ONLY)
☛ Hot Chocolate	\$ 4.75	\$ 5.00	\$ 5.75	—
☛ Vanilla Chai Latte	\$ 5.75	\$ 6.00	\$ 6.75	—
☛ Spice Chai Latte	\$ 5.75	\$ 6.00	\$ 6.75	—
☛ Matcha Chai Latte	\$ 5.75	\$ 6.00	\$ 6.75	—



TEA (\$5)

- ☛ English Breakfast
- ☛ Earl Grey
- ☛ Peppermint
- ☛ Chamomile
- ☛ Green Tea



ADD-ON + MILK OPTIONS

ADD-ON

Flavour (Vanilla, Caramel, Hazelnut)	\$ 0.50
Extra Shot	\$ 0.50
Honey	\$ 0.50

MILK OPTIONS

Almond Milk	\$ 0.85
Oat Milk	\$ 0.85
Soy Milk	\$ 0.85
Lactose Free Milk	\$ 0.85



COLD DRINKS

MENU



ICED COFFEE



Iced Latte \$8.00

(2 Shot of Espresso with Ice cubes and milk)



Iced Chocolate \$8.00

(Chocolate with Ice cubes and milk)



Cold Coffee \$10.00

(2 Shot of Espresso with Ice cream, milk and whipped cream on top)



SMOOTHIE (\$10)



Avocado Almond Avocado, Banana, Almond Chia Seeds, Strawberry

Strawberry Walnuts Banana Walnuts

Mango Cashew Mango, Chia Seeds, Cashew

Almond Mixed Berry Mixed Berries, Almond Berry

Banana Walnut Banana, Walnut

Banana Mango Banana, Mango, Cashew



FRESH JUICE (\$8.50)



Apple, Orange, Ginger, Pineapple, Carrot, Lemon Beetroot, Celery and Watermelon.

1 or 2 Mix for \$8.50
Add 1 or more fruit for \$1 Extra Each.



MILKSHAKE (\$9.00)

THICKSHAKE (\$10.00)

Vanilla, Chocolate, Strawberry, Banana, Blue Heaven, Caramel



ADD-ONS + MILK OPTIONS



ADD-ONS

Flavour \$0.50
(Vanilla, Caramel, Hazelnut)

Extra Shot \$0.50

Honey \$0.50

MILK OPTIONS

Almond Milk \$0.85

Oat Milk \$0.85

Soy Milk \$0.85

Lactose Free Milk \$0.85



Thank you
FOR SUPPORTING LOCAL!

3 CHEERS CAFE



2A Edwardes St, Reservoir VIC 3073
Ph.no. 0404590366



FUEL. FOCUS. PERFORM.

EAT CLEAN. TRAIN HARD. STAY STRONG



POWER BREAKFASTS



PROTEIN PANGAKES \$14.99

- Banana oat protein pancakes
- Berries, Greek yogurt, peanut butter drizzle
- Optional whey add-on



TURKISH EGGS \$14.99

- Poached eggs
- Garlic yogurt
- Chili butter
- Toasted sourdough



BREAKFAST BURRITO \$14.99

- Eggs
- Chicken or lean beef
- Cheese
- Potato
- Salsa

LUNCH MENU



GRILLED CHICKEN BOWL \$18.99

- Chicken breast
- Rice
- Broccoli
- Avocado
- Spicy yogurt sauce



TERIYAKI SALMON BOWL \$19.99

- Salmon
- Edamame
- Rice
- Pickled cucumber

TOASTS & LIGHT OPTIONS



AVOCADO POWER TOAST \$19.99

- Avocado
- Poached eggs
- Hemp seeds
- Chili flakes



COTTAGE CHEESE TOAST \$14.99

- Sourdough
- Cottage cheese
- Hot honey
- Tomatoes



SMOKED SALMON TOAST \$19.99

- Cream cheese
- Pickled onion
- Capers
- Dill



YOGURT CRUNCH BOWL \$11.99

- Greek yogurt
- House granola
- Mixed berries
- Honey drizzle

SMOOTHIES - PRICE START \$12.99



PB BULK

- Banana
- Peanut butter
- Chocolate whey
- Oats



BERRY LEAN

- Mixed berries
- Vanilla whey
- Almond milk



GREEN RECOVERY

- Spinach
- Mango
- Coconut water
- Protein



ESPRESSO MUSCLE

- Coffee
- Banana
- Chocolate protein
- Oat milk



TROPICAL GAINZ

- Pineapple
- Mango
- Greek yogurt
- Vanilla protein

EAT CLEAN. TRAIN HARD, STAY STRONG.

