Superfood Bowls

12oz | 11 16oz | 13



Amazonico Acai

Base - Highest Grade Acai
Toppings - Granola, Banana, Strawberry, Blueberry, Kiwi, Agave



Pink Pitaya

Base - Pure Dragon Fruit Blend
Toppings - Granola, Strawberry, Mango, Pineapple, Kiwi, Raspberry, Passionfruit, Agave



Earthy Nut

Base - Signature Cacao Nut Butter Blend
Toppings - Granola, Banana, Strawberry, Blueberry, Raspberry, Peanut Butter, Agave



Gold Coast

Base - Tropical Baobab Blend
Toppings - Granola, Banana, Apple, Strawberry, Pineapple, Raspberry, Passionfruit, Agave



Coconut Bowl

Base - Fresh Coconut Blend
Toppings - Granola, Banana, Strawberry, Raspberries, Pineapple, Cacao Nibs, Coconut Flakes, Agave



Blue Island

Base - Signature Blue Spirulina Blend
Toppings - Granola, Banana, Strawberry, Raspberries, Mango, Pineapple, Coconut Flakes, Agave



Green Matcha

Base - Signature Matcha Blend
Toppings - Granola, Banana, Strawberry, Pineapple, Raspberries, Kiwi, Goji Berries, Agave



Oatmeal

Base - Warm Oatmeal Porridge
Toppings - Granola, Cinnamon, Walnut, Nutmeg, Blueberries, Crushed Raspberry, Agave

Gluten Free Options Available

Add-Ons

Superfood Add On	
Cacao Nibs	1
Hemp Seed	1
Bee Pollen	1
Chopped Dates	1
Coconut Flakes	1
Goji Berries	1
Chia Seeds	1

Premium Add On	
Organic Seamoss	2
Vegan Protein	1.5
MCT Oil	1.5
Hyaluronic Acid	1.5
Super Mushroom Blend	1.5
Full Spectrum CBD	2
Camu Camu	2
Chlorella	2

Nut Butters	
Almond Butter	2
Hazelnut Butter	2
Peanut Butter	1
Nutella	1
Biscoff	1.5
Pistachio Butter	2

Power Superfood Smoothies

16oz | 8

Acai Life
Organic Acai, Banana, Pineapple, Blueberry, Dates, Agave, Almond Milk

Earthy Nut
Cacao, Banana, Dates, Peanut Butter, Cashew Nuts, Almond Milk

Pink Pitaya
Organic Dragon Fruit, Banana, Raspberry, Pineapple, Mango, Almond Milk

Gold Coast
Baobab, Banana, Mango, Pineapple, Passionfruit, Coconut Milk

Green Palm
Spinach, Banana, Mango, Orange, Passion Fruit, Avocado, Mint, Coconut Milk

Malibu Wave
Strawberry, Almond Butter, Dates, Banana, Cashew, Protein, Almond Milk

Sunrise
Strawberry, Organic Coconut, Raspberry, Orange, Pineapple,Coconut Oil, Coconut Milk

Mango Rivera
Lacuma, Mango, Pineapple, Banana, Orange, Ginger, Coconut Milk

Shakalit
Cacao, Banana, Dates, Cacao Nibs, Coconut Oil, Peanut Butter, Cinnamon, Almond Milk

Island Coffee
Organic Coffee, Banana, Peanut Butter, Chocolate Blend, Almond Milk

Fresh Berry
Beetroot Powder, Banana, Strawberry, Blueberry, Raspberry, Goji Berries, Vanilla, Agave, Coconut Milk

Blue Island
Blue Spirulina, Banana, Dates, Avocado, Coconut, Almond Butter, Vanilla, Hemp Seeds, Lemon, Almond Milk

Coral Avenue
Mango, Pineapple, Strawberry, Coconut Water, Orange, Pitaya Coconut Coya

Berry Tides
Blueberry, Blue Spirulina, Banana, Almond Butter, Dates, Agave, Vegan Protein, Pitaya Coconut, Coya, Almond Milk

Sun Kissed
Organic Dragonfruit, Mango, Raspberry, Mint, Lime, Coconut Water, Pitaya Coconut Coya

Kids Menu

Superfood bowl with a choice of three toppings
6.5

Smoothie or fresh juice
4.5

Power Toasts

Avocado Toast 10.5
Fresh Smashed Avocado, Black Pepper, Hemp Seeds, Flax Seeds, Pumpkin Seeds and Rocket on Toasted Sourdough

Almond Butter Jelly 10.5
Almond Butter, Raspberry Chia Jam, Banana, Cacao Nibs, Agave on Toasted Sourdough

Strawberry Balsamic Avocado Toast 12
Fresh Smashed Avocado, Black Pepper, Hemp Seeds, Flax Seeds, Strawberry, Balsamic Drizzle, Rocket on Toasted Sourdough

Loaded Avocado Toast 11.5
Fresh Smashed Avocado, Black Pepper, Hemp Seeds, Flax Seeds, Pumpkin Seeds, Sundried Tomato, Chilli Flakes and Rocket on Toasted Sourdough

Peanut Butter Jelly 10
Peanut Butter, Raspberry Chia Jam, Banana, Cacao Nibs, Cinnamon and Agave on Toasted Sourdough

Sweet Summer Loaded Toast 11
Fresh Smashed Avocado, Black Pepper, Hemp Seeds, Flax Seeds, Chilli Flakes, Rocket, Agave Drizzle on Toasted Sourdough

Fresh Cold Pressed Juice

16oz | 7.50

Sundazed
Orange, Carrot, Pineapple, Ginger, Lime

Super Green
Apple, Pineapple, Spinach, Kale, Cucumber

Essential
Pear, Apple, Pineapple, Ginger

Vibrant
Beetroot, Apple, Carrot, Ginger

Vital
Apple, Celery, Spinach, Kale, Cucumber, Ginger

Restore
Celery, Spinach, Kale, Cucumber, Ginger

Pure
Pineapple, Ginger, Blue Spirulina, Coconut Water, Lime

Hot Summer
Strawberry, Pineapple, Lemon, Coconut Water

Recharge
Apple, Pear, Celery, Spinach, Kale, Lime

Pure Celery
100% Celery

Hot Immunity Juice
Orange, Lemon, Ginger, Cinnamon, Agave

Coconut Glow
Coconut Water, Pineapple, Mint, Lime, Chia Seeds

Sunset Splash
Strawberry, Apple, Kiwi, Coconut Water



Hot Super Lattes

Also available Iced 12oz | 4.4

Matcha Latte
Ceremonial Matcha, Vegan Milk, Agave

Açai
Organic Acai, Vanilla, Vegan Milk

Beetroot
Beetroot Powder, Vanilla, Vegan Milk, Topped with Crushed Raspberry

Tumeric
Turmeric, Vegan Milk, Cinnamon, Agave

Chai
Organic Vegan Chai, Vegan Milk, Cinnamon, Agave

Lions Mane Latte
Lions Mane, Ashwagandha, Tumeric, Cinnamon, Lucuma

Immunity Shots

3.5

Turmeric
Fesh Tumeric, Ginger, Orange, Pepper, Lemon

Slow Glow
Apple, Ginger, Spinach, Lemon

Apple Elixir
Aple, Cider Vinegar, Cinnamon, Ginger, Agave

Zest
Ginger, Lemon, Cayene Pepper

Add Sea Moss 2

Iced Matcha

Milk options available 12oz | 4.6

Matcha
Ceremonial Matcha, Vanilla, Plant Milk, Agave

Blueberry Matcha
Blueberry, Ceremonial Matcha, Vanilla, Plant Milk

Mango Matcha
Mango, Ceremonial Matcha, Plant Milk, Vanilla

Strawberry Matcha
Strawberry, Ceremonial Matcha, Plant Milk, Vanilla

Coffee and Tea

Choice of milks available free of charge

Espresso	2.6	Acai Espresso	3
Cacao Espresso	3	Americano	2.9
Acai Americano	3.5	Cappuccino	4
Flat White	3.3	Latte	4
Iced Latte	4.3	Mocha	4.2
Hot Chocolate	3.5		

English Breakfast / lemon & Ginger / Super Green 3

Syrups
Caramel / Vanilla / Hazlenut / Salted Caramel .30

Buffet Coffee

12oz | 4.8

Classic Blend
Organic Coffee, MCT Oil, Cacao Butter, Vanilla

Coconut Blend
Organic Coffee, MCT Oil, Cacao Butter, Coconut Oil, Vanilla

Almond Blend
Organic Coffee, MCT Oil, Cacao Butter, Almond Butter, Vanilla

Almond Coconut Blend
Organic Coffee, MCT Oil, Cacao Butter, Almond Butter, Coconut, Vanilla

Golden Blend
Organic Coffee, MCT Oil, Cacao Butter, Cinnamon, Vanilla

