

# El Inca Plebeyo

'El Inca Plebeyo' was opened on the 23rd July 2015, as a family-run restaurant. The name means how humble hands can create impressive, inspirational dishes. We fusion traditional Ecuadorian recipes with other cuisines aiming to elevate and showcase Ecuadorian gastronomy in London.

The Chef

Chef Jorge Pacheco was born in Loja, Ecuador and trained in Michelin-star restaurants in London. He aims to share a fusion of Ecuador's region through our food and drinks.

Chef Jorge Pacheco Herrera

# MENU

#### NIBBLES

CROQUETTES \* 8.50

GUACAMOLE vg 8.00 Smoked haddock, cassava, aioli Chifles green plantain crisps

## COLD STARTERS

CEVICHE ECUATORIANO Sea bass cubes marinated with tamarillo tiger's milk, red onion, tomato	14.00	
CEVICHE CLASICO  Sea bass cubes marinated with limo chilli tiger's milk, sweet potato, red o	14.00 enion	
PRAWN CEVICHE Cooked prawn with tamarillo tiger's milk, red onion, tomato	13.90	
MUSHROOM CEVICHE vg Grilled king oyster mushrooms, chilli, truffle oil	12.80	
TUNA TIRADITO J Thinly sliced tuna, yellow chilli tiger's milk	13.80	
SCALLOPS TIRADITO Thinly sliced scallops, tamarillo tiger's milk	13.80	
HOT STARTERS		
TAMAL Corn dough filled with pork, steamed in a leaf, coriander sauce	11.00	
MOTE PILLO v or MOTE SUCIO Sauteed giant white corn with egg and cheese or pork	9.90	
LLAPINGACHOS WITH OX HEART Potato patty, corn, grilled ox heart	11.00	
RIPE PLANTAIN v Fried plantain, homemade cheese, truffle oil, 'curtido'	10.50	
PAN-FRIED SCALLOPS Creamy parsnip puree	13.50	
BAKED AUBERGINE vg Aji panca marinade, tomato, truffle oil	12.00	
CHICKEN WINGS Yellow chili marinade	9.00	

Let us know if you have any allergies. Allergen matrix available

### MEAT MAINS

PEARL BARLEY AND LAMB RISOTTO* Braised lamb, spinach puree, parmesan	18.50	
PANZA DE CERDO Pork belly, baked sweet potato, giant white corn, 'curtido'	19.00	
POLLITO A LA BRASA Whole grilled baby chicken marinade with yellow chilli, sweet potato and house chimichurri	18.90	
GRILLED LAMB RUMP (280gr) Sauteed mushrooms, aji panca chilli	32.00	
PARILLA PLEBEYA (For two) Grilled baby chicken, lamb rump, pork sausage, chimichurri	50.00	
'HORNADO' Ecuadorian Roast Slow cooked pork, giant white corn, ripe plantain, potato patty, 'curtido'	24.00	
FISH & VEG MAINS		
ENCEBOLLADO Fish Soup Yellowfin tuna, cassava, pickled onions	19.50	
ENCOCADO Fish Stew Steamed sea bass, rice, coconut cream, broccoli, broad beans	19.00	
SOPA MARINERA Seafood soup with scallops, mussel, prawns, cuttlefish (nuts)	19.50	
PEARL BARLEY RISOTTO* v Spinach puree, parmesan, 'curtido'	17.00	
SIDES		
PATACONES vg Fried green plantains	7.00	
CASSAVA FRIES vg Yellow chili aioli	7.00	
MENESTRA Bean stew with choice of cheese v or pork	8.50	
MUSHROOMS WITH PANCA vg	6.00	
STEAMED RICE vg	5.00	
STEAMED BROCCOLI vg	5.00	
QUINOA SALAD vg	7.00	
SAUCE SELECTION Coriander/Chimichurri/Yellow chili	1.50/3.00	

#### DESSERTS

Enjoy your dessert with a glass of sweet wine or digestive from our selection

#### QUINOA PUDDING v

8.50

Chef Jorge creation. Quinoa, caramelized sugar, coconut, vanilla ice cream

#### CHILLI CHOCOLATE FONDANT V

8.90

Ecuadorian dark chocolate (80%) melted in the center, vanilla ice cream, chilli candies

#### CONSERVA DE LECHE V

7.00

Creamy conserva made with milk and rice flour, topped with orange segments

#### MOROCHO vg

7.00

Cooked white corn, golden raisins, grated raw cacao



Check the photos of our menu by clicking the QR code

📵 @incaplebeyo El Inca Plebeyo: 👍



**j** :spicy vg:vegan v:vegetarian \*:gluten

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GMo: We use vegetable oil produced from genetically modified soya

A discretionary optional service charge of 12.5% will be added to your bill