

# BREAKFAST

8AM TILL 330PM

- 32 | BIG BREAKY - Bacon, chorizo, poached eggs, house hash, haloumi, cherry tomatoes, sourdough **GFO**
- 26 | BENNY - Sourdough, spinach, poached eggs, hollandaise - choice of bacon, mushroom or smoked salmon **GFO**
- 25 | BREAKY BURGER - Fried eggs, bacon, cheese, tomato relish, house hash, turkish bread **GFO**
- 24 | SMASHED AVO - Smashed avocado, poached eggs, cherry tomatoes, feta, dukkah, lemon basil pesto, sourdough **GFO V**
- 24 | VEGAN BREAKY - Corn & zucchini fritters, rocket, cherry tomatoes, avocado, hummus **GF VG** 4| ADD EGG
- 20 | FRUIT BOWL - Seasonal fruits, coconut whipped cream, granola crumb, honey lime dressing **GF VG**
- 22 | PANCAKES - Buttermilk pancakes, summer berries, caramel sauce, vanilla bean mascarpone **GFO**
- 14 | BANANA BREAD - Passionfruit butter cream **GFO**
- 13 | Eggs your way on sourdough **GFO**

## EXTRAS

- 3 | Sourdough, hollandaise 4 | Egg, cherry tomatoes, mushroom, spinach, house hash
- 5 | GF Bread, sliced avocado 6 | Bacon, chorizo, smoked salmon, haloumi

# LUNCH

1130AM TILL 330PM

- 28 | SOL BURGER - Buttermilk chicken or beef patty, bacon, cheese, cos lettuce, pickled mayo, turkish bread, hand cut chips **GFO**
- 20 | OPEN FOCACCIA - Mortadella or salami, rocket, fior di latte, dukkah, chilli honey **GFO**
- 28 | CHICKEN SALAD - Poached chicken, avocado, apple, celery, cucumber, cos lettuce, honey mustard dressing, dukkah **GF VO**
- 28 | Salt lemon pepper squid, apple slaw, hand cut chips **GF**
- 26 | House crumbed chicken schnitzel, gravy, hand cut chips **GF** 6| **ABC TOPPING** avocado, bacon, chipotle mayo
- 24 | House made hummus, toasted chickpeas, chilli oil, toasted toscano **GFO**
- 28 | Burrata, honey, dukkah, toasted toscano **GFO V**
- 20 | Three cheese mushroom arancini, aioli **GF V**
- 10 | Warm marinated herb olives **GF VG**
- 12 | Hand cut chips, aioli **GF**

Please notify staff of any dietary requirements GF | GFO Gluten Free or option VG | Vegan V | VO Vegetarian or option  
Surcharge on all credit and debit cards, 15% public holiday surcharge

# TERRA & SOL

## BOTTOMLESS BRUCH WITH THREEFOLD

**60pp** | Let us choose a selection of food & drinks for you  
SIT BACK & LET THE FOOD & DRINKS ROLL OUT  
Our BOTTOMLESS is a great option for any group size  
2HR PACKAGE 2PPL MIN

# COFFEE CHART

EXTRA SHOT \$1

4 | SMALL

Espresso, macchiato, piccolo

5 | SMALL 6 | LARGE

Long black, cappuccino, latte, flat white, mocha, hot chocolate, chai latte, iced latte, iced chai, matcha latte

7 | LARGE

Iced coffee, iced chocolate, hot biscoff

4 | MUG 6 | TEA POT

English breakfast, earl grey, peppermint, green, lemon & ginger

1 | ALTERNATIVE MILK OPTIONS | almond, soy, oat

1 | ADD SYURP | vanilla, caramel, hazelnut

# DRINK CHART

13 | SMOOTHIES

Tropical, green, choc protein, vanilla biscoff, mixed berry

CHOOSE YOUR MIX | cows milk, lactose free, almond, soy, oat

9 | MILKSHAKES

Pick your flavour - Vanilla, chocolate, strawberry, caramel, lime

MAKE ME THICK \$2

10 | FRESH JUICE

SPIKE ME \$9

Orange

Apple

Watermelon

Pineapple

Apple, carrot, celery

Watermelon, apple, mint

Carrot, orange, lemon

# TERRA & SOL

## MORNING BOOZE

18 | BLOODY MARY

Tomato juice, vodka, lemon juice, worcestershire sauce, tabasco, black pepper

20 | ESPRESSO MARTINI

Charlie black coffee, vodka, kahlua, sugar

20 | TANGY

Vodka, peach liquor, strawberry, grapefruit juice, lime juice

12 | MIMOSA

Prosecco, orange or pineapple juice

15 | THREEFOLD MIMOSA

Prosecco, lemoncello, orange juice

WELCOME TO

# TERRA & SOL

KITCHEN · BAR · GARDEN · FUNCTIONS

# 'LIFE IS WHAT YOU DRINK'

So make sure they're bloody delicious.

We pride ourselves on keeping our drinks menu predominately South Australian. Our wines are tasted, hand picked and supplied by South Australian wineries, with only a small selection of wines outside of South Australia, and our spirits being dominated by local suppliers.

South Australia has always been home for us, so we love supporting local businesses and why wouldn't you!

We're so lucky to have three major wine regions in the one state, and to also have so many local suppliers producing great quality products.

# SIGNATURE COCKTAILS

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## 22 | NO.3

Gin, watermelon, lemon juice, sugar, mint

## 22 | LAKI

KIS Mulberry Gin, lemon juice, sugar, wonderfoam

## 21 | CHICHO

Spiced rum, peach liquor, butterscotch liquor, mango, lemon Juice

## 21 | NICOLETTA

Alize, lychee liquor, sugar, lime juice, cranberry juice, wonderfoam

## 21 | TANGY

Vodka, peach liquor, strawberry, grapefruit juice, lime juice

## 20 | SPICY JANE

Spiced rum, aperol, tabasco, sugar, lemon juice, pineapple juice

## 21 | BRASE YOURSELF

Tequila, strawberry, triple sec, lime juice, apple juice

## 20 | COCO COLADA

Rum, coconut, lemon juice, pineapple Juice

# HOUSE COCKTAILS

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## 20 | MOJITO

The Classic - Rum, lime juice, sugar, mint, soda

Pick a Flavour - Passionfruit, watermelon, strawberry, coconut, mango

## 20 | FROZEN DAIQUIRI

Rum, lime juice, flavoured syrup

Pick a Flavour - Passionfruit, watermelon, strawberry, coconut, mango

## 22 | TOMMY'S MARGARITA

The Classic - Tequila, sugar syrup, lime juice, agave nectar

Pick a Flavour - Passionfruit, watermelon, strawberry, coconut, mango

## 21 | ESPRESSO MARTINI

Vodka, cold drip coffee, sugar syrup

## 21 | COSMOPOLITAN

Vodka, cranberry juice, triple sec, lime juice

## 22 | PORNSTAR MARTINI

Vodka, passionfruit, lime juice, sugar

## 22 | SMOKED CHILLI MARGARITA

Tequila, mezcal, orange liqueur, lime juice, smoked chilli

# HOUSE COCKTAILS

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## 21 | SALTED CARAMEL ESPRESSO MARTINI

Vodka, cold drip coffee, caramelised sugar, salt

## 22 | VESPER MARTINI

Vodka, east pole gin, maideni kina

## 21 | PASSIONFRUIT GIN SOUR

Gin, passionfruit, lemon juice, agave, wonderfoam

## 21 | AMARETTO SOUR

Amaretto, lemon juice, sugar, wonderfoam

## 22 | LONG ISLAND ICED TEA

Gin, vodka, rum, tequila, triple sec, lemon juice, cola

## 22 | NEGRONI

Gin, vermouth, house bitters

## 21 | AMBRA SPRITZ

Prosecco, soda

Ambra Liqueur - Blood orange, limoncello, orange

# WINE LIST

## SPARKLING

|                                    | REGION             | GLASS | BOTTLE |
|------------------------------------|--------------------|-------|--------|
| Dal Zotto pucino prosecco NV       | King Valley, VIC   | 12    | 60     |
| Barristers Block Sparkling Blush   | Adelaide Hills, SA | 11    | 55     |
| Deviation Road Loftia Vintage Brut | Adelaide Hills, SA |       | 95     |
| Louis Roederer 'Collection 243' MV | Reims, France      |       | 120    |

## WHITE

|                                 | REGION                | GLASS | BOTTLE |
|---------------------------------|-----------------------|-------|--------|
| Shaw + Smith Sauvignon Blanc    | Adelaide Hills, SA    | 14    | 70     |
| Henschke Peggys Hill Riesling   | Eden Valley, SA       | 12    | 60     |
| Tar & Roses Pinot Grigio        | Central Victoria, VIC | 12    | 60     |
| Whistler Fruit Tingle Frizzante | Barossa Valley, SA    | 11    | 55     |
| MMAD Vineyard Chenin Blanc      | Blewitt Springs, SA   |       | 75     |
| Shaw + Smith M3 Chardonnay      | Adelaide Hills, SA    |       | 90     |

## ROSÉ

|                                    | REGION            | GLASS | BOTTLE |
|------------------------------------|-------------------|-------|--------|
| Rameau d'Or Cotes de Provence Rosé | FRANCE            | 13    | 65     |
| Giant Steps Rosé                   | Yarra Valley, VIC | 13    | 65     |

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# WINE LIST

| RED                                        | REGION              | GLASS | BOTTLE |
|--------------------------------------------|---------------------|-------|--------|
| Ashton Hill Piccadilly Pinot Noir          | Adelaide Hills, SA  |       | 80     |
| Hesketh Pinot Noir                         | Adelaide Hills, SA  | 12    | 60     |
| Yangarra Grenache Blend                    | McLaren Vale, SA    | 12    | 60     |
| Oliver's Taranga 'The Greats' RW Grenache  | McLaren Vale, SA    |       | 90     |
| Henschke Johann's Garden Grenache Mataro   | Barossa Valley, SA  |       | 95     |
| Brothers at War GSM                        | Barossa Valley, SA  |       | 60     |
| Dal Zotto Sangiovese                       | King Valley, VIC    |       | 65     |
| La Linea Tempranillo                       | Adelaide Hills, SA  | 13    | 65     |
| Hickinbotham Brooks Road Shiraz            | Clarendon Hills, SA |       | 95     |
| Shaw + Smith Shiraz                        | Adelaide Hills, SA  |       | 90     |
| Olivers Taranga Shiraz                     | McLaren Vale, SA    | 13    | 65     |
| Yangarra Estate 'Aged Release 2016' Shiraz | McLaren Vale, SA    |       | 65     |
| The Pawn Wine Co Montepuciano              | Langhorne Creek, SA |       | 55     |
| Leeuwin Estate 'prelude' Cabernet Shiraz   | Margaret River, WA  |       | 70     |
| Scarpantoni Shiraz Cabernet Merlot         | McLaren Vale, SA    |       | 55     |

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# SOUTH AUSTRALIAN SPIRITS

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## 36 SHORT DISTILLERY - VIRGINIA, SOUTH AUSTRALIA

- 14 | Original Gin
- 15 | Barrel Aged Gin
- 14 | Blood Orange Gin
- 12 | Blood Orange Vodka

## 78 DEGREES DISTILLERY - HAY VALLEY, SOUTH AUSTRALIA

- 12 | Classic Gin
- 12 | Sunset Gin
- 14 | Desert Gin
- 15 | Australian Whiskey
- 11 | Australian Vodka

## APPLEWOOD DISTILLERY - GUMERACHA, SOUTH AUSTRALIA

- 16 | Alpine Gin
- 13 | Coral Gin
- 13 | Navy Gin

## AMBRA DISTILLERY - THEBARTON, SOUTH AUSTRALIA

- 15 | Navy Gin
- 12 | Citrus Gin
- 11 | Blood Orange Gin

## OUR FAVOURITES

20 | Ambra Limoncello Spritz

22 | 78 Whiskey Sour

18 | 36 Blood Orange G&T

TERRA & SOL

# SOUTH AUSTRALIAN SPIRITS

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## 23RD STREET DISTILLERY - RENMARK, SOUTH AUSTRALIA

- 13 | Signature Gin
- 16 | Navy Strength Gin
- 12 | Violet Gin
- 12 | Riverland Rose Vodka
- 13 | Signature Rum
- 12 | Hybrid Whiskey

## NEVER NEVER DISTILLERY - MCLAREN VALE, SOUTH AUSTRALIA

- 13 | Triple Juniper Gin
- 15 | Southern Strength Gin
- 16 | Juniper Freak Gin
- 15 | Ginache Gin

## SEPPELTSFELD DISTILLERY - BAROSSA VALLEY, SOUTH AUSTRALIA

- 13 | Seppeltsfield Savoury Allsorts Gin
- 13 | Seppeltsfield House Gin
- 15 | Seppeltsfield Shiraz Gin

## THREEFOLD DISTILLERY - ADELAIDE, SOUTH AUSTRALIA

- 14 | Raspberry Gin
- 14 | Mediterranean Gin
- 12 | Aromatic Gin
- 14 | Blood Orange Gin

## OUR FAVOURITES

21 | Seppeltsfield Shiraz Daiquiri

23 | Never Never Ginache Tom Collins

19 | Threefold Mediteranean G&T

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# INTERNATIONAL SPIRITS

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## VODKA

12 | Grey Goose

## RUM

16 | Diplomatico dark rum

13 | Plantation pineapple

15 | Plantation Barbados 5yr

11 | Sailor jerry

11 | Kraken

## TEQUILA

13 | 1800 Reposado

12 | 1800 Coconut

14 | 1800 Anje

13 | Patron silver

## WHISKEY

25 | Kurayoshi Whisky Cask 12yr

14 | Suntory Toki Whisky

18 | Nikka From The Barrel

11 | Makers Mark

12 | Canadian Club 8yr

12 | Starward Two Fold

11 | Jameson

16 | Laphroig 10yr Old Malt

15 | Legent

## **WE LOVE KEEPING LOCAL**

but isn't it fun exploring what other parts of the world has to offer. Ask our friendly team their favourite international drink choices or ask them for a surprise because who doesn't like a good surprise!

**TERRA & SOL**

# BEER · CIDER · SELTZER

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## BEER

### TAP BEER

13 | Asahi JAPANESE BEER

11 | South Coast Pale Ale AUSTRALIAN BEER

10 | Great Northern AUSTRALIAN BEER

13 | Hard Rated

### BOTTLED BEER

10 | Corona MEXICAN BEER

## CANS

11 | Balter XPA AUSTRALIAN BEER

10 | Melbourne Bitters AUSTRALIA BEER

## SELTZER

13 | South Ave Seltzers AUSTRALIAN SELTZER

## **SOUTH AVE SHORT STORY**

Terra & Sol shares a special place in South Ave Seltzers heart as we were their first debut venue.

Born and bred in South Australia, this full flavour, 90 calories, zero sugar, electrolyte infused seltzer will leave your taste buds wanting more. If you thought it couldn't get any better they're also gluten free and vegan friendly.

**TERRA & SOL**



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# THANK YOU

We love interacting with you guys!  
Don't forget to tag us in your instagram and  
facebook post so we can see them!  
Our socials are listed below.

If you enjoyed your time here please feel free  
to leave a review on google.

See you again soon!

Love,

The Terra & Sol Family xx

FOLLOW US ON OUR SOCIALS

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