

SOUTH KENSINGTON @farmgirlcafe

BAKERY

croissant 3 almond croissant*4 pain au choc 3.5 flapjack* 3 banana bread vg 4.5 anzac cookie vg 3.5 pretzel brownie 4

TOAST

Avocado vg 11.5

smashed avo, citrus, Aleppo chilli flakes, mint, dill, sourdough + poached egg £2.5 + gluten free toast instead contains gluten

Banana & Almond* vg 8.5

fresh banana, toasted coconut sugar, almond butter*, maple syrup, sourdough + gluten free toast instead contains gluten, nuts

EGGS

We proudly use Clarence Court Eggs.

Poached or Fried 9.5

2 eggs, chives, salted cultured butter, wholewheat sourdough toast + avo £3.5 + smoked bacon £4 contains dairy, eggs, gluten

Scrambled 10

3 eggs, chives, salted cultured butter, wholewheat sourdough toast + smoked salmon £7 contains dairy, eggs, gluten

Green Turkish Eggs 12.5

spinach, olive & leek sauce, Greek yoghurt, dill, zhoug, 2 poached eggs, pine nuts, Aleppo chilli, sourdough contains dairy, eggs, gluten, nuts, celery, soya

Huevos Rancheros 14.5

2 fried eggs, chipotle black bean sauce, chorizo sausages, grana padano, chives, coriander, green pepper, 2 tortillas contains dairy, eggs, gluten, sulphites

Farm Breakfast Plate 15.5

beef sausage, scrambled eggs, chives, Ararat bread, thyme roast tomatoes, miso portobello mushrooms contains eggs, gluten, soya, sulphites

Seoul Eggs 13

2 egg omelette, broccolini, kimchi, feta, chilli oil, spring onion, toasted sesame, coriander + avo £3.5

contains dairy, eggs, sesame, sulphites, soya

BREKKIE BOWLS

all gluten free

Cherry Porridge 8 cherry compote, gluten free oats, Greek yoghurt, cacao nibs, chia seeds, maple syrup contains dairy

Fruit & Greek Yoghurt 8.5

Estate Dairy Greek yoghurt with seasonal fruit contains dairy

Granola & Greek Yoghurt* 9.5

our granola, Greek yoghurt with seasonal fruit contains dairy, nuts

Acai Bowl* vg 13

frozen acai, frozen banana, coconut milk, blueberry superfood powder, seasonal fruit, chia seeds, coconut shavings, granola* + almond butter £2.5

PANCAKES

all gluten free

Cherry Ripe vg 15

sour cherry compote, cacao nibs, coconut shavings, coconut yoghurt, maple syrup

Apple & Pear vg 15

apple & pear compote cinnamon oats, coconut yoghurt, maple syrup

Maple 9

salted cultured butter, sea salt, maple syrup + a fried egg £2.5 + smoked bacon £4 + kimchi £4 contains dairy

Add-Ons

avo 3.5 | thyme roast tomato 2 | miso portobello mushroom 4 | broccolini 4 | kimchi 4 | pickled peppers 1.5 smoked salmon 7 | smoked bacon 4 | chorizo sausage 5.5 | beef sausage 4.5 | chicken 4 | chicken schnitz 7.5 poached egg 2.5 | fried egg 2.5 | scrambled eggs 2.5

> flatbread 3.5 | sourdough toast 2 | gluten free toast 2 | coconut bacon 3.5 feta 2.5 | coconut yoghurt 2.5 | Greek yoghurt 2 | seasonal fruit 3 | granola 3 maple syrup 1.5 | honey 1 | peanut butter* 1.5 | almond butter* 2.5

> > * contains nuts | vg vegan

Please advise our staff if you have any allergies.

Due to the nature of our kitchens, we cannot guarantee the absence of allergens. A 10% service charge will be added to your bill. You may request to remove this.

SANDWICHES

Coconut BLT vg 12

our homemade coconut bacon, tomato, lettuce, grated carrot, beetroot, aioli, sourdough contains mustard, gluten, soya, sulphites, celery

BLT 15.5

smoked bacon, tomato, lettuce, cucumber, grated carrot, beetroot, aioli, sourdough contains mustard, gluten, soya, sulphites, celery

Chicken Focaccia 14

marinated chicken, beef tomato, cucumber, shredded baby gem, pickled peppers, lovage, southwest sauce contains mustard, gluten, dairy, sulphites, soya

Schnitzel Focaccia 15.5

lemon & rosemary panko chicken schnitz, avo mash, red onion, tomato, lettuce, our vegan mayo, vinaigrette contains mustard, gluten, sulphites, eggs, celery, soya

SALADS

Farm vg 16

turmeric & lemon hummus, kimchi, roasted sweet potato, broccolini, cous cous, kalamata olives, parsley, mint, dill, celery, pumpkin seeds + chicken schnitz £6.5

contains sesame, gluten, celery, sulphites, mustard, soya

Chicken 16.5

herby lemon chicken breast, cous cous, celery, cucumber, red onion, pomegranate, pumpkin seeds, parsley, mint, dill, coriander, Aleppo chilli, lemon chermoula, Greek voghurt + smoked bacon £4

contains dairy, gluten, celery, sulphites, mustard, soya

HOT BOWLS

Chestnut Mushroom Soup* 11

chestnut mushroom, thyme, feta, toasted sourdough contains soya, gluten, dairy, celery, nuts

Dhal 12

curried yellow lentils, poached egg, dill, Aleppo chilli flakes, Ararat flatbread contains soya, eggs, gluten, celery

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CAKE & DESSERT

Happy Endings Ice Cream Sandwich 6

East Side* vg corn, cashew 'ice-cream', salted caramel, miso contains nuts, soya, gluten Malty One malted parfait, oaty biscuits, malt, milk chocolate contains dairy, gluten, eggs The Naughty One miso salt caramel parfait, chocolate Guinness cake, soy dulce de leche contains dairy, gluten, eggs, soya

Sally Clarke Patisserie

New York cheesecake 5 orange polenta cake 3.5 salted chocolate tart 4.5 all contain dairy, gluten, eggs

Reemies Mini Cakes 4.5

pink velvet contains dairy, gluten, eggs carrot* contains eggs, dairy, nuts (walnuts) flourless choc brownie contains eggs, dairy, soya banana & dark choc vg contains gluten, soya

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COFFEE by The Roasting Party

Espresso 3.2 Macchiato 3.7 Piccolo 3.7 Long Black 3.6 Americano 3.6 Flat White 3.9 Latte 4 Cappuccino 4

Mocha 4.4

Rose Latte 5

double shot with rose water infused whole milk, petals **Lavender Latte 5**

double shot with lavender water infused whole milk, petals **Spanish Latte 6**

double shot with condensed milk, whole milk

Spanish Oat Latte vg 6

double shot with plant based condensed milk, oat milk

Organised Collagen Latte 6

double shot, Bovine Organ powder, whole milk, honey

HOT CHOC

OG Hot Choc 5 cacao, date syrup, whole milk

Happy Hot Choc 6.5 cacao, date syrup, peppermint, matcha, CBD, whole milk

Blendsmiths White Choc 5.5 coconut milk powder, Madagascan vanilla, cocoa butter, whole milk

Peanut Butter Hot Choc* 5.5 cacao, peanut butter powder, whole milk

Organised Collagen Choc 6 Organised Bovine powder, cacao, date syrup, whole milk

FUNCTIONAL LATTES

Chai Latte 5 chai, cinnamon, whole milk

Charcoal Latte 5.5 activated charcoal, date syrup, whole milk

> **Liquid Gold Latte 5.5** turmeric, ginger root, honey & black pepper, whole milk

TEA & TONICS

Earl Grey 3.5 **English Breakfast 3.5** Green 3.5 Chamomile 3.5

Liquid Gold Cleanse 4 turmeric, ginger root, honey, black pepper, lime **ACV Cleanse 4.2**

apple cider vinegar, honey, milk thistle

Lemon, honey, ginger, hot water 3.5 Fresh lemon, hot water 2.5 Fresh Mint, hot water 3.5 Fresh Ginger, hot water 3

ORGANIC MATCHA by Sayuri

Matcha Latte 5.5 Japanese matcha powder, whole milk

Rose Matcha Latte 5.7 Japanese green tea powder infused with rose water, whole milk

Our milk is unhomogenised, locally sourced & supplied by The Estate Dairy.

Moma oat milk. Rude Health: almond* | coconut | hazelnut* | cashew*. All alternative milks are free.

EXTRAS

Extra Shot 50p, Decaf 50p CBD Oil 3 | MCT oil 2 Organised Bovine Powder 2.5

Most of our drinks can be iced +60p.

JUICE & SOFT

Belu water (330ml) 2.5 still | sparkling Belu water (750ml) 3.5 still | sparkling Karma Drinks 3.5 cola | lemonade Marna Iced Tea 3.75 peach | lemon Remedy Kombucha 3.5 raspberry | cherry plum | ginger lemon Chari Sparkling Tea 3.6 mate Trip CBD 3.75 lemon basil | elderflower | peach ginger

Rapscallion Soda 3 burnt lemon | dry lime | ginga ninja Aqua de Madre 3.75 pink grapefruit kefir

Mamas Sparkling 3.5 pineapple coconut | passionfruit Orange Juice by the glass 4

Cpress Raw Juice 5

rise up evergreen golden ratio detox water recover me lemonade smart lemonade **Cpress Boosters 3** ginger | turmeric

Virgin Bloody Mary 7 Happy Monkey Smoothies (kids) 1.2

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