

MENU

28-30 HOUNDSDITCH, EC3A 7DB
MON-FRI 8AM-3PM



PROTEIN FUEL

PICK A PROTEIN (£6)

VANILLA WHEY
CHOC WHEY
VANILLA VEGAN
CHOC VEGAN

PICK A MILK: WHOLE/SEMI SKIMMED

OAT +0.2
COCONUT +0.5
SOYA +0.5

ADD ONS (£1)

CREATINE
COLLAGEN
L.GLUTAMINE
LION'S MANE
ASHWAGANDA
CBD

CAFFEINE FUEL

DOUBLE ESPRESSO	£2.8
CORTADO	£3.8
AMERICANO	£3.5
FLATWHITE/LATTE/CAPP	£4
BULLETPROOF COFFEE	£5
MATCHA	£5



ORGANIC WELLNESS TEAS

MINT TEA	£3.5
YERBA MATÉ	£4.5
GINGER TEA	£3.2
GREEN TEA	£3.5
ENGLISH BREAKFAST TEA	£3.5

HOMEMADE PROTEIN BARS

NUTELLA
CHOC PEANUT
WHITE CHOC PEANUT (ALL £3)
BISCOFF
CHOC ORANGE

20G PROTEIN FOR 200 KCALS

FUEL