

Freddie's

AÇAÍ BOWL

GFO, VG

22.00

House made granola,
seasonal fresh fruits

WAFFLES

GFO, VGO

23.50

Ask about our weekly special

MAPLE ROASTED GRANOLA

GFO, VGO

18.50

House made granola, cinnamon poached
pear, mint and vanilla bean yoghurt

EGGS ON TOAST

GFO

16.50

Two eggs your way, sourdough,
house relish

+ BACON OR SAUSAGES 7.00
+ MUSHROOMS OR AVOCADO 5.50

AVO ON TOAST

GFO

17.00

With roasted tamari mixed seeds
and fresh herbs

+ FETA 4.50
+ EGGS YOUR WAY 4.00

BREKKIE ROLL

GFO

21.50

Brioche bun, fried egg, bacon,
provolone, hash brown, house relish

CHILLI SCRAM

GFO

22.50

Folded eggs, harissa, feta,
sourdough, pickled fennel
and herb salad

+ BACON OR SAUSAGES 7.00

BREAKFAST TACOS

23.00

Two flour tortillas with bacon,
avocado and scrambled eggs.
Topped with pickled fennel
and fresh herbs

GREEN EGGS & HALLOUMI

24.50

Folded eggs with pesto,
zucchini and spinach. Fresh herbs,
chilli and pine nuts.

+ BACON/SAUSAGES 7.00

MUSHROOMS & SPINACH ON SOURDOUGH

VG

24.50

Drizzled with truffle oil, topped with
mixed tamari seeds and fresh chilli

+ EGGS 4.00
+ BACON/SAUSAGES 7.00

SALMON & HASHIES

GF

24.50

Pesto, dill creme fraiche, capers,
pickled onion and soft boiled egg

EGGS BENEDICT

18.5

Poached eggs on English muffin, with
hollandaise sauce, fresh spinach.

WITH BACON 23.50

WITH SALMON 25.50

FRESH

Eats

FOOD

THAT'S
WHERE I'LL
BE

FREDDIE'S BURGER

24.50

Angus beef pattie, American cheese,
brioche bun, aioli, lettuce, tomato,
pickles and fries

CRUMBED CHICKEN BURGER

VGO

23.00

Brioche bun, cabbage slaw, sliced
cheddar, jalapeños, pickles and
crisps on the side

BEEF BRISKET ON SOURDOUGH

24.50

Smokey and sweet, with slaw, pickled
fennel, American cheese & fries

CAESAR SALAD

GFO, VGO

19.50

Cos lettuce, soft boiled egg,
croutons and bacon
with our house dressing
+ CRUMBED CHICKEN 7.00

GREEN GODDESS SALAD

GF, VGO

22.00

Brown rice, broccoli, peas, kale,
tamari mixed seeds, halloumi, pine
nuts and a green tahini dressing.

+ CHICKEN 7.00

FREDDIE'S CLUB

23.50

Our take on the long time classic,
layers of bacon, turkey, ham and
cheese, with lettuce and tomato.
Served on turkish bread, with a side
of salt and vinegar crisps.

BATTERED FISH BURGER ON BRIOCHE

21.50

With lettuce, dill aioli, pickles
& salt and vinegar crisps

CHICKEN WALDORF TOASTIE

22.50

Chicken, apple, celery, walnuts
on garlic Turkish.
Crisps on the side

ON THE SIDE

BACON, SMOKED SALMON,
SAUSAGES, CHICKEN
7.00

FETA, HALLOUMI, FRIES,
HASH BROWNS
4.50

AVOCADO, MUSHROOMS
5.50

EXTRA EGGS
4.00

FOR THE KIDS

MINI AVO ON TOAST
10.50

MINI PANCAKES
With vanilla bean ice cream
and chocolate sauce
16.00

CROISSANT
With jam and butter
10.00

BOWL OF FRIES
9.50

TOAST WITH
CONDIMENTS
Jam, peanut butter
or Vegemite
8.50

SOFT BOILED EGGS
WITH SOLDIERS
14.00

CHICKEN NUGGETS
& CHIPS
15.00

GFO - GLUTEN FREE OPTION

VG - VEGAN

VGO - VEGAN OPTION

Please let us know if you have any allergies or intolerances. We can provide ingredients and nutritional information on plant-based substitutes. Just ask our friendly waitstaff.
Although we do our best to separate anything with made nuts, there is always a risk of cross-contamination. All our sauces are made in-house and have garlic and onion.

FRESH

Eats

FOOD

LIQUID

LOVE

Super Smoothies

**ALL SMOOTHIES
15.50**

VANILLA CHAI

GFO

Bananas and dates, Superblend
Kailo powder, cinnamon and
oat crumble

SUPERGREEN MANGO

Bananas, mango and dates,
Superblend Kailo powder

STRAWBERRIES & CREAM

Strawberries, bananas,
dragonfruit, dates, milk of choice,
protein

GREEN POWER

Spinach and kale with mango,
banana, dates and protein

BLUEBERRY BLISS

Blueberries, banana, dates, milk
of choice, protein, sea moss

PEANUT BUTTER CRUMBLE

GFO

Bananas and dates, milk of choice,
cinnamon, protein, and oat crumble

THE CHOCOLATE FIX

Chocolate and banana, oats,
protein, flax meal, dates and
milk of choice

MANGO TANGO

Mango, mango nectar, vanilla ice
cream, chia seeds, protein

**ALL OUR SMOOTHIES CONTAIN 16GMS PROTEIN
ALTERNATIVE MILK +1.00
ACTIVATE IT WITH LION'S MANE OR COLLAGEN +2.00**

**MON TO SUN
6AM-2PM**

Freddie's

**FREDDIESPLACE
.COM.AU**

LIQUID

LOVE

Drinks

ALL COLD PRESSED 8.50

GREEN SUPREME

Apple, pear, banana, passionfruit,
spinach and spirulina

MIXED BERRY KISS

Mixed berries, apple, plum
and banana

VALENCIA ORANGE

100% fresh oranges

SPARKLING JUICE

Choose any of our juices and mix
with soda water for that refreshing
flavour and half the sweetness

SPARKLING WATER

Lightly carbonated and
refreshing—perfect on its own
or with a meal.

Hot

REG / LGE

Cold

ESPRESSO	3.50
DOUBLE ESPRESSO	4.50
SHORT MACCHIATO	4.00
LONG MACCHIATO	5.00
LATTE / FLAT WHITE / CAPPUCCINO	5.50 / 6.50
LONG BLACK	4.50 / 5.50
MOCHA	6.00 / 7.00
HOT CHOCOLATE	5.50 / 6.50
MATCHA LATTE	6.00 / 7.50
TURMERIC LATTE	4.50 / 5.50
CHAI LATTE	5.00 / 6.00
BABYCCINO	2.00
ENGLISH BREAKFAST / EARL GREY	5.50
CHAI / PEPPERMINT / JASMINE GREEN TEA	
ALTERNATIVE MILK	+ .50

ICED LONG BLACK	5.00
ICED LATTE	7.00
ICED COFFEE	8.50
ICED CHOCOLATE	8.00
ICED CHAI	6.50
ICED MATCHA	8.50
ICED MOCHA	8.50
ICED FILTER	6.00

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