

## BRUNCH

### TOAST WITH BUTTER AND CONDIMENTS

Sourdough (856kJ)	7
Soy Linseed (1419kJ)	7
Gluten Free (856kJ)	8
Fruit Loaf with Honey (2010kJ)	8

Served with strawberry jam (150kJ) / peanut butter (273kJ) / Vegemite (35kJ) / **Add extra condiment +0.5**

### EGGS AS YOU LIKE <sup>v</sup> <sup>GFOR</sup> 14

Served on sourdough toast (see extras)  
Poached (1540kJ) / Scrambled (2000kJ) / Fried (2090kJ)  
**Add cultured smoked umami spread (540kJ) +3.5**

### BREKKIE BURGER 17

Bacon, fried egg, hash brown, lettuce, homemade tomato relish, tomato and aioli on a soft milk bun (2790kJ)  
**Swap bacon to grilled halloumi cheese upon request (2740kJ)**  
**Add cheese (+276kJ) +2 / avocado (+994kJ) +2**

### POACHED PEAR BIRCHER MUESLI <sup>v</sup> 20

Spiced poached pear, strawberries and rhubarb compote, oats, apple, berries, coconut yogurt, homemade granola (1470kJ)

### B.L.A.T. SANDO 21

Grilled bacon, shredded lettuce, tomato relish, sliced avocado, tomato, smokey chipotle mayo, fried eggs, toasted Shokupan bread (3350kJ)

### ULTIMATE BREAKFAST WRAP 21

Grilled pork chorizo patty, scrambled eggs, hash brown, lettuce, pickles, tomato salsa, spicy pineapple jalapeno relish, aioli, mozzarella cheese, wrapped in a spinach tortilla (3380kJ)

### CRUSHED AVOCADO ON TOAST <sup>v</sup> 22

Slow roasted cherry tomato, parsley, whipped Persian fetta, homemade chilli oil, pickled eschalots, poached eggs, toasted sourdough (2330kJ)

### TURKISH EGGS 24

Grilled pork chorizo, slow roasted cherry tomato, poached eggs, lemon & dill labneh, Aleppo butter, toasted focaccia (3530kJ)

### CHILLI SCRAMBLED EGGS ON CRUMPET <sup>v</sup> 24

Slow braised eggplant relish, chilli oil, pan roasted tomato, parsley, grilled halloumi, toasted coconut, soft herbs, toasted sourdough crumpet (2860kJ)

### TEMPURA CORN FRITTERS <sup>v</sup> 24

Crispy tempura corn fritters, crushed avocado, tomato salsa, tomato relish, whipped Persian fetta, poached egg, soft herbs, parmesan snow (2840kJ)

### TRUFFLE MUSHROOM OMELETTE <sup>v</sup> 25

Mixed mushrooms, asparagus, parsley, eschalots, garlic, truffle butter, creamy mushroom sauce, chilli oil, parmesan snow, toasted focaccia (3230kJ)

### WAGYU MENCHI OMELETTE 25

Wagyu beef menchi, potato, roasted cherry tomato, parsley, mozzarella cheese, Kewpie mayo, tonkatsu sauce, white truffle oil, toasted focaccia (4130kJ)

### GARLIC PRAWN OMELETTE 26

Sauteed prawns, asparagus, garlic, roasted cherry tomato, eschalot, mozzarella cheese, napolitana sauce, parsley, toasted focaccia (2420kJ)

### EGGS BENEDICT 26

Poached eggs, crushed avo, sauteed spinach, hollandaise, toasted sourdough crumpet, fine herbs  
**Choice of Smoked Salmon (2630kJ) / Bacon (3370kJ) / Halloumi <sup>v</sup> (3260kJ)**

### BREAKFAST GNOCCHI 26

Homemade potato gnocchi, roasted tomato, pork chorizo, chilli, parsley, parmesan snow, poached egg (2810kJ)  
**Swap the chorizo for chicken (2530kJ)**

### BIG BREAKFAST 28

Two eggs your way, grilled pork chorizo, bacon, hash browns, smoked umami potato croquettes, roasted mushrooms, cultured smoked umami spread with toasted sourdough  
**Poached (4340kJ) / Scrambled (4440kJ) / Fried (4470kJ)**

### LEAF BREKKIE <sup>v</sup> 26

Two poached eggs, grilled halloumi, hash browns, mushrooms, sautéed spinach, smashed avocado and roasted tomato with toasted sourdough (3530kJ)

### LEMON RICOTTA PANCAKE 22

Classic pancakes topped with lemon ricotta, strawberry & rhubarb compote, fresh seasonal berries, maple syrup, icing sugar (4050kJ)

### EXTRAS

<b>AIOLI SAUCE (414kJ) / CHILLI OIL (287kJ)</b>	<b>1</b>
<b>HOLLANDAISE SAUCE (414kJ) / HASH BROWN (553kJ)</b>	<b>3</b>
<b>POACHED EGG (345kJ) / CULTURED SMOKED UMAMI SPREAD (540kJ)</b>	<b>3.5</b>
<b>SAUTEED SPINACH (251kJ) / HAM (453kJ) / MUSHROOMS (160kJ) / AVOCADO (994kJ) / SMOKED UMAMI POTATO CROQUETTES - 2 PCS (590kJ)</b>	<b>4</b>
<b>GRILLED BACON (1310kJ) / PORK CHORIZO (1310kJ) / GRILLED HALLOUMI (722kJ) /</b>	<b>6</b>
<b>GRILLED CHICKEN (718kJ) / SCRAMBLED EGGS (734kJ) / SMOKED SALMON (561kJ)</b>	<b>7</b>
<b>POTATO CHIPS (1192kJ)</b>	<b>9</b>
<b>SWEET POTATO CHIPS (809kJ)</b>	<b>12</b>

MORE MENUS ON THE BACK >>

<sup>v</sup> vegetarian <sup>GF</sup> gluten free <sup>GFOR</sup> gluten free on request • The average adult daily energy intake is 8700kJ

• Please notify staff of food allergies • Sorry, we can't remove or swap ingredients • 15% public holiday surcharge • Halal Chicken

## BURGERS, SANDWICHES AND MORE

### TOASTIES

Cheese & Tomato V (1830kJ)	10
Ham & Cheese (2010kJ)	11
Ham Cheese & Tomato (2060kJ)	13
Grilled Chicken, Cheese & Avocado (3110kJ)	16

### CHICKEN FAJITA WRAP **20**

Marinated fajita chicken, grilled peppers, onion, avocado, tomato salsa, baby cos, mozzarella cheese, smokey chipotle mayonnaise (mild) in a spinach wrap (2610kJ)

Add chips (+715kJ) +4

### TRUFFLE MUSHROOM PIZZA SANDWICH V **22**

Sautéed mixed mushrooms with parsley, eschalots, garlic, truffle butter, caramelised onion and mushroom relish, chilli oil, mozzarella cheese (4240kJ)

### CHICKEN KATSU SANDO **24**

Panko crumbed chicken breast, shredded lettuce, chives, Kewpie mayo, and Japanese BBQ sauce served on Shokupan bread, with a side of chips (5830kJ)

### GRILLED BEEF CHEESEBURGER **25**

Grilled angus beef patty, homemade tomato relish, lettuce, tomato, pickle, melted cheddar cheese, grilled bacon, special burger sauce served on a milk bun, with a side of chips (6140kJ)

## SALADS

### SUPERFOOD SALAD V GFOR **22**

Corn, avocado, onion, chilli, tomato, crispy chickpeas, kale, edamame, cous cous, roasted pumpkin, toasted seeds, honey mustard dressing (2060kJ)

Add avocado (+994kJ) +4 / Halloumi (+722kJ) +6 /

Chicken (+718kJ) +7 / Smoked salmon (+561kJ) +7

### GRILLED CHICKEN HARVEST BOWL **26**

Grilled marinated chicken fillet, boiled eggs, avocado, sweet harvest corn, tomato, red onion, Persian feta, charred broccolini, fresh parsley, creamy garlic dressing (3640kJ)

## MAINS

### CREAMY MUSHROOM PASTA V **28**

Creamy mixed mushroom ragu sauce, eschalots, garlic, parsley, parmesan snow, spaghetti, truffle oil (3350kJ)

Add chicken (+718kJ) +7

### ROASTED PORK BELLY & DUCK RICE BOWL **28**

Roasted pork belly, smoked duck breast, broccolini, asparagus, garlic, eschalots, chilli, brown rice, fried egg (2610kJ)

### SPICY GARLIC BUTTER CRAB SPAGHETTI **32**

Crab meat, eschalots, chilli, garlic, parsley, roasted cherry tomato, white wine, creamy napolitana, butter, XO crumbs (3530kJ)

### FOR THE LITTLE ONES

 available for 12 and under 😊

### KID'S CHICKEN NUGGETS **12**

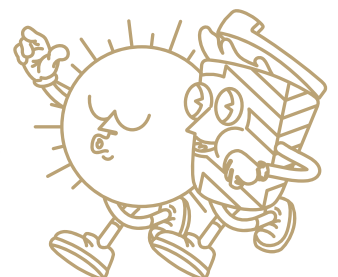
With chips and tomato sauce (2650kJ)

### KID'S PIKELETS **12**

With seasonal fruits and ice cream (2160kJ)

### KID'S SPAGHETTI **18**

With beef bolognese, parmesan cheese (1320kJ)



## BREW BAR

### COLD DRIP COFFEE | SINGLE O 7.5

A slow, four to six hour extracted coffee. Sweet, liquor-like flavour with low acidity. Sold in a bottle. Served on ice. (2kJ)

### ESPRESSO | UPSIZE +0.8

Ristretto | Single O (2kJ) / Short Black | Single O (2kJ) 4.5

Long Black | Single O (4kJ) / Macchiato (61kJ) / 5.0

Piccolo (197kJ) / Flat White (451kJ) / Latte (541kJ) / Cappuccino (451kJ)

### SPECIALTY | UPSIZE +0.8 5.2

Chai Latte (910kJ) / Taro Latte (1470kJ) / Green Tea Latte (929kJ) / Red Velvet Latte (1530kJ)

### BELGIAN HOT CHOCOLATE | UPSIZE +1.5 6.2

We use Belgian couverture chocolate, high-quality chocolate that contains a higher percentage of cocoa.

White (979kJ) / Milk (1250kJ) / Dark (1080kJ)

### MOCHA | UPSIZE +1.5 6.2

We use Belgian couverture chocolate, high-quality chocolate that contains a higher percentage of cocoa.

White (937kJ) / Milk (933kJ) / Dark (924kJ)

### BABYCINO (133kJ) 2

#### EXTRAS

Decaf (2kJ) / Extra Shot (2kJ) +0.6

Almond Milk (231kJ) / Soy Milk (361kJ) / Oat Milk (413kJ) +0.8

FLAVOUR | Caramel (270kJ) / Hazelnut (274kJ) / Vanilla (274kJ) / Mint (280kJ) +0.8

### ORGANIC LOOSE LEAF TEA 5.2

Temperature controlled, brewed to perfection.

#### GOOD MORNING

Our luxurious take on English Breakfast Tea (2kJ)

#### EARL GREY BLUEFLOWER

Ceylon Orange Pekoe Black Tea infused with bergamot (2kJ)

#### GENMAICHA (KYOTO JAPAN)

Brothy Kyoto Green Tea with toasted rice (2kJ)

#### SILVER JASMINE (ZHEJIANG)

Silver Tipped Green Tea, infused with jasmine blossoms (2kJ)

#### DOUBLE MINT

Mint & spearmint, lavender and fennel seeds to aid digestion (2kJ)

#### LEMONGRASS GINGER

Lemongrass and ginger blend to restore minerals (2kJ)

#### CHAMOMILE LAVENDER

A floral bouquet with sweet honey notes that soothe (2kJ)

#### MASALA CHAI

Authentic Indian recipe of spices with Assam Tea base & honey (465kJ)

## CHILLED BAR

### ICED ESPRESSO

Iced Long Black | Single O (4kJ) / Iced Latte (1050kJ) 6.6

Iced Coffee (1450kJ) 7.6

Affogato (729kJ) 7

### BLENDED 8.8

Coffee (1700kJ) / Chai Latte (910kJ) /

Green Tea Latte (908kJ) / Taro Latte (1020kJ) /

Red Velvet Latte (1020kJ)

### BLENDED CHOCOLATE 10

White (3020kJ) / Milk (2957kJ) / Dark (2900kJ)

### BLENDED MOCHA 10

White (2110kJ) / Milk (2100kJ) / Dark (2080kJ)

### HANDCRAFTED SODA 7

New Zealand Golden Kiwi & Mint (860kJ) / Lychee (712kJ) /

Cranberry & Lime (759kJ)

### KOMBUCHA & ORGANIC ICED TEA | 350ML

#### RUBY KOMBUCHA 7

Grapefruit and hibiscus (105kJ)

#### ZEST KOMBUCHA 7

Lemon and chrysanthemum (105kJ)

#### SUNNY MORNING 6.5

Ceylon Orange Pekoe Tea with fresh lemon juice & mint (428kJ)

#### HIBISCUS DAWN 6.5

Liquid Turkish delight (307kJ)

### COLD PRESSED JUICE | 350ML 8

#### STRAIGHT OJ

Freshly pressed orange juice (420kJ)

#### CLEAN & GREEN

Apple, pear, spinach & kale (581kJ)

### FRUITY SMOOTHIE 9

#### PASSION TANGO <sup>DF</sup>

Pineapple, passionfruit, banana & mango (1330kJ)

#### SUMMER SUNSET <sup>DF</sup>

Pineapple, mango, strawberry & kiwi (1290kJ)

#### WATERMELON CRUSH <sup>DF</sup>

Watermelon (589kJ)

### PROTEIN SHAKE | WITH ALMOND OR OAT MILK 11.5

#### THE ENERGISER | 29G PROTEIN

Kiwi, spinach, avo, pineapple, coconut, banana, chia seed

Almond (1881kJ) / Oat (2069kJ)

#### BERRY BOOST | 32G PROTEIN

Acai, gurarana, banana, chia seed

Almond (2322kJ) / Oat (2510kJ)

### MILKSHAKE 7

Chocolate (1690kJ) / Vanilla (1540kJ) / Salted Caramel (1470kJ)

/ Strawberry (1550kJ) / or Banana (1290kJ)

WHEY Protein (502kJ) +2.5 / Make it a THICKSHAKE (1290kJ) +2.5

<sup>DF</sup>dairy free • The average adult daily energy intake is 8700kJ

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