

# ALL HEART CAFÉ

SINCE 2018

*\*Please advise of any dietary requirements  
you may have when ordering*

## MENU

### SOMETHING LIGHT

#### THICK CUT TOAST (GF & VGO)

with Jam/ Vegemite/ Peanut Butter or Nutella

Available on Multigrain, White, Sourdough, Croissant or Turkish Bread

**Gluten Free Bread - \$2**

#### TOASTIES - FROM \$7

Your Choice of - Cheese & Tomato, Ham & Cheese & Tomato, Ham & Cheese, Sucuk & Halloumi, Halloumi & Tomato & Spring Onion

#### BACON & EGG ROLL

Crispy Bacon and Fried Eggs on Turkish Bread, with Cheese and/or Tomato or BBQ Sauce. **Add Hollandaise for \$2**

#### B.L.A.T

Crispy Bacon, Lettuce, Tomato, Avocado and Mayo on Sourdough

#### YOGHURT BOWL W/ MUESLI & BERRIES

Delicious Thick Vanilla Yoghurt served with Granola and Fresh Berries, berries compote and lightly drizzled with Maple Syrup

### SWEETHEARTS

#### FRENCH TOAST, PANCAKES (VGO) OR WAFFLES

**Option 1** - with a Berry Compote, Fresh Berries, Vanilla Ice-cream and Maple Syrup

**Option 2** - with Caramelised Banana, Crushed Nuts, Vanilla Ice-cream and Maple Syrup

**Option 3** - with Crispy Bacon, Vanilla Ice-cream and Maple Syrup

### ADD EXTRAS - \$5 EACH

HASH BROWNS (2)

GRILLED HALLOUMI

BEEF SAUSAGES

BACON

SMOKED SALMON

GARLIC MUSHROOMS

SAUTEED SPINACH

AVOCADO

BLISTERED CHERRY TOMATO

SUCUK

5

14

18

18

21

### BREAK THAT FAST

#### EGGS YOUR WAY - FREE RANGE (GF)

Scrambled, Poached or Fried Eggs on your choice of Toast

13

#### VEGIE OMELETTE (GF & VGO)

Sauteed Mushrooms, Capsicum, Spinach & Cheese, Served on Sourdough Toast. **Add Ham or Bacon \$3**

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#### TURKISH SCRAMBLE (GF & VGO)

Sauteed Onion, Tomato, Parsley, Pepper Paste) & Eggs, with Turkish Bread. **Add Chilli to take it to the next level.**

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#### THE CLASSIC SMAVO

Smashed Avocado served with Poached Egg, Smoked Paprika, Sesame Seeds, Pomegranate, Cherry Tomatoes, Whipped Feta, Radish, Beetroot Hummus Served on Toasted Sourdough

23

#### BENNY FOR BREAKFAST

**Option 1 - Ham**, Poached Eggs on English Muffins with Spinach, Garlic Mushrooms, Paprika & Hollandaise - **\$24**

**Option 2 - Sucuk**, Poached Eggs on Turkish with Spinach, Garlic Mushrooms, Paprika & Hollandaise - **\$25**

**Option 3 - Pulled Beef**, Poached Eggs on Roti stuffed with Spinach, Garlic Mushrooms w Paprika & Hollandaise - **\$27**

**Option 4 - Smoked Salmon**, Poached Eggs on Roti stuffed with Spinach, Garlic Mushrooms w Paprika & Hollandaise - **\$27**

### REAL HUNGRY?

#### BIG VEGETARIAN BREAKFAST

Eggs your way, Garlic Mushrooms w/ Sautéed Spinach, Grilled Halloumi, Blistered Cherry Tomatoes & Hash Brown on toasted Sourdough

28

#### BIG HEARTY BREAKFAST

Eggs your way, Beef Sausages, Sucuk, Garlic Mushrooms, Blistered Cherry Tomatoes & Hash Brown on Sourdough  
*Replace Sucuk with Bacon for an additional \$1*

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VGO = VEGAN OPTION AVAILABLE GF = GLUTEN FREE AVAILABLE

*\*Please turn over for our Brunch and Lunch Options*

# ALL HEART CAFÉ

SINCE 2018

## ENTREES AND SIDES

### HOT CHIPS W/ SAUCE

Tomato/ BBQ/ Mayo/ Sweet Chilli or Sweet Chilli Mayo. **Add Gravy for \$3**

### HANDCRAFTED POPCORN CHICKEN

Crispy Chicken Served with Siracha Aioli

### LEMON PEPPER CALAMARI

Served With House made aioli

### POPCORN CAULIFLOWER (VGO)

Crispy Cauliflower Served with Truffle Mayo

### GARLIC PORTABELLO MUSHROOMS W FETA

## BRUNCH AND LUNCH

### POKE BOWL (GF OR VGO)

Crispy Chicken Tenderloin or Halloumi or Tofu with seasoned Brown Rice, Avocado, Pickled Red Cabbage, Edamame, Toasted Seaweed, Spicy Mayo, Carrot and finished with a Miso Ginger Dressing

### NOURISH BOWL (GF OR VGO)

Seasoned Tri-Quinoa with Beetroot Hummus, Falafel, Beetroot Tahini, Pickled Red Cabbage, Cherry Tomato, Spinach & Crispy Lebanese Flatbread

**Add Poached Egg \$3**

### SOUTHERN FRIED CHICKEN ON WAFFLES

Crispy Fried Chicken on a Belgian Waffle topped with Maple Syrup, Sriracha Mayo, Pickled Red Cabbage and Spring Onion

### CALAMARI

Lemon Pepper Seasoned Calamari served with Garden Salad, Tartare sauce & Chips

## FROM THE GARDEN

### HALLOUMI SALAD BOWL (GF)

Grilled Halloumi, Cherry Tomatoes, Capsicum, Olives, Edamame, Pepitas Cucumber and Mixed Lettuce Topped with our delicious Lemon Dressing

### THAI BEEF SALAD (GF)

Pan Seared Premium Scotch Fillet Strips served with Mixed Lettuce, Cherry Tomatoes, Cucumber, Bean Shoots, Shredded Carrot, Coriander, Sesame Seeds and Topped with a Soy Ginger Dressing

### GRILLED CHICKEN SALAD

Coconut Marinated Grilled Chicken Served with Mixed Lettuce, Carrot, Cucumber, Avocado, Cherry Tomatoes and Finished with a Lemon Dressing

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GF = GLUTEN FREE AVAILABLE

ME  
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## SCHNITZ & GIGGLES

### ALL HEART SCHNITZEL ROLL

Your choice of Tomato, Lettuce, Cucumber, Carrot, Onion & Cheese. Choose from Tomato/ BBQ/ Sweet Chilli Mayo or Sweet Chilli Sauce

### SCHNITZEL & GRAVY ROLL

Chicken Schnitzel with Caramelised Onion, Cheese and Chips, Topped with a Rich Gravy

### SCHNITZEL & CHIPS

With your Choice of Sauce or Beef Gravy, Garden salad & cabbage pickle

### CHICKEN PARMA

Crumbed Chicken Schnitzel, with our famous Napoli sauce and Melted Cheese, Served with side salad and our crunchy hot chips.

**Add Ham for \$2**

## SANDWICHES & BURGERS

### THE RUEBEN

Pastrami packed Sourdough, with Sauerkraut, Cheese, Pickle topped with a Spicy Mayo **Add Chips \$5**

### THE ALL HEART BURGER

Lettuce, Tomato, Cheddar Cheese, Beef Patty, Pickles, Onion, Tomato Sauce & Aioli Sauce with Chips on a Seeded Brioche Bun

### VEGIE BURGER

Grilled Halloumi, Spinach, Portobello Mushroom, Avocado Smash, Truffle Mayo, on Seeded Brioche Bun with Chips

### SOUTHERN FRIED CHICKEN BURGER

Our Awesome Southern Fried Chicken, with Cheese, Mixed Lettuce, Slaw, House-made Chili Jam and Aioli on a Seeded Brioche Bun with Chips

### STEAK SANDWICH (GFO)

Pan Seared Premium Scotch Fillet, house-made Tomato Relish, Caramelised Onion, Rocket, Pickle, Cheese & Aioli on Toasted Sourdough with Chips

### HOUSE MADE LASAGNE

Sam's Delicious Beef Lasagne, made with love and heaps of Vegetables accompanied with a Fresh Garden salad



Check Out our Display for Our Gozlemes, Borek and Much More,

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