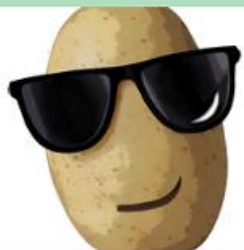


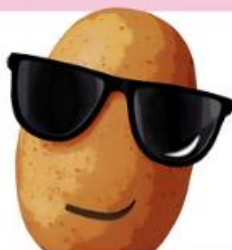
Step 1. Pick your base



With 25% less carbs
than your average
white potato & more
potassium than a
banana

IQ SPUD

Full of key vitamins
& minerals, including
antioxidants to protect
your cells



SWEET POTATO \$1



MIX 50c



SALAD

Step 2. Pick your size

Snack



Regular



Original



Step 3. Pick your butter

Regular butter

**Garlic &
chilli butter**

Vegan butter ♡

**Vegan garlic
& chilli butter** ♡

**Did you know our entire
menu is 100% Gluten-free**

♡ Vegan

🌶️ Spicy

Step 4. Load it up

PRE-LOADED MENU

S \$9.95 R \$15.95 O \$ 18.95

THE LADY PEELER

Bacon, spinach, roast capsicum, quinoa tabouli, avocado, salsa

DROP IT LIKE ITS HOT

Chicken, bacon, red onion, roast capsicum, jalapénos, chilli flakes, sriracha, chipotle

THE MIDDLE EAST

Chicken, roast capsicum, quinoa tabouli, olives, hommus, low-fat feta, garlic aioli

THE PO-TACO

Beef taco mince, lettuce, corn, diced tomato, avocado, crushed corn chips, chipotle

MASH MADE IN HEAVEN

Your choice of 2 proteins, kale, peas, corn, red onion, low-fat feta, truffle mayo

THE AUSSIE TATOR

Beef ragu, bacon, coleslaw, beetroot, carrot, pineapple, bbq sauce, garlic aioli

All spuds come loaded with your choice of tasty cheese or low fat cheese, plus sour cream. Add extra sauce \$1, add extra scoop protein for \$3

Step 4. Load it up

PRE-LOADED **VEGAN** MENU

S \$9.95 R \$15.95 O \$ 18.95

THE VE-GAIN

Sweet potato, Mexican beans, vegan cheese, spinach, red onion & pineapple, topped with sweet chill sauce & vegan chipotle

THE MEDI-TATOR

Tofu & cauliflower, vegan cheese, kale, red onion, peas, corn, avocado, salsa & vegan mayo

MEATLESS MIDDLE EAST

Tofu & cauliflower, vegan cheese, roast capsicum, tabouli, olives, topped with hommush & vegan garlic aioli

'NO BEEF' AUSSIE

 mince, vegan cheese, coleslaw, carrot, beetroot, pineapple, topped with garlic aioli & bbq sauce

GREEN GODDESS

Creamy garlic mushrooms, vegan cheese
Spinach, lettuce, Tabouli, avocado, topped with green goddess dressing & vegan mayo

THE VEGAN PO-TACO

 taco mince, vegan cheese, lettuce, corn, diced tomato, avocado, crushed corn chips, chipotle

Step 4. Load it up

LOAD YOUR OWN



\$9.95



\$14.95



\$17.95

Choice of protein

Beef Ragu	
Bacon	
Chicken	
Beef Taco Mince	
 Taco Mince	♥
Creamy Garlic Mushrooms	♥
Tofu & Cauliflower	♥
Mexican Beans	♥

Add extra scoop for \$3

Choice of cheese

Tasty cheese	
Low-fat cheese	
Halloumi	\$3
Low-fat feta	\$2
Vegan cheese	♥ \$2

Add double cheese \$2

Choice of 4 toppings ♥

Lettuce	Pineapple
Spinach	Beetroot
Kale	Diced tomato
Red onion	Olives
Coleslaw	Jalapénos 
Peas	Roast capsicum
Corn	
Carrot	

Extra toppings \$1

Choice of premium toppings \$2 ♥

Tabouli
Avocado



Step 5. Load your flavour

Make it creamy

Light sour
cream

Vegan sour
cream \$3



Double sour cream \$2

Make it saucy

Garlic aioli



Chipotle



Truffle mayo

Bbq



Sweet chilli



Salsa



Green goddess



Sriracha



Burger sauce

Hommus



Lemon juice



Tomato



Extra sauce \$1

Make it extra tasty

Salt

Pepper

Chilli flakes



Spring onions

Make it crunchy

Crushed corn chips 50c

Fried shallots 50c

Thirsty?

Organic cold pressed juice \$7

Hemp Energy \$5

Soft drink bottle \$4.5

Water \$3

Remedy kombucha \$4.5



On the side

Mr Potato secret recipe
potato salad

Small \$3 Large \$10