

# Banh Mi Bay

# **Appetisers & Small Plates**

## **NEW! Beef Betel Leaf**

a twist on Bo La Lot; grilled succulent lemongrass beef, cucumber, pickled carrot, herbs, angel vermicelli, sauteed spring onion, crushed peanuts on a betel leaf (p,f) £10

## Banh Xeo - Pancake

rice flour & turmeric batter, filled with chow chow & beansprouts, side salad, nuoc mam dipping sauce (f).

prawn (sf) / pork / tofu (s) £10 prawn & pork (sf) £12

#### **Summer Rolls**

vermicelli, lettuce, viet herbs wrapped in rice paper, peanut hoisin dipping sauce (p, se)

prawn & pork (sf,g) / tofu (s,g) £7

## **Chilli & Plain Prawn Crackers**

£3

# **Banh Mi Baguettes**

with pickled carrot & mooli, cucumber, coriander, fresh chilli

# **Cold Fillings**

spiced pork belly, maggi, mayo (g,e,s) £10
vegan tofu (s,g) £10
roast pork, maggi, mayo (e) £12
bay special (s,g,e,d,f) £12
(pate, spiced pork, pork roll, maggi, mayo)

#### NEW! ultimate combo £12

(pate, pork roll, viet "jambon", spiced pork, maggi, mayo (g,e,f,d)

# **Vietnamese Spring Rolls**

deep fried rolls, lettuce for wrapping, nuoc mam dipping sauce. (s)

pork & prawn (sf, f) / taro & veg (s) £7.5

#### Banana Blossom & Herb Salad

shredded banana blossom, carrot, coriander, viet herbs, fish sauce dressing, crushed peanuts, chilli. Chilli prawn crackers

tofu (s,f,p) / prawn (sf,f,p) / pork (f) £8 prawn & pork (sf,f,p) £9

# **Vietnamese Fried Chicken Wings**

gluten free potato flour & egg white batter, deep fried and dipped in a tangy chilli fish sauce (f,e) £7.5

# **Grilled Fillings**

grilled satay chicken (g,p,se) £10 grilled garlic pork (g) £10 grilled lemongrass beef (g) £12 grilled lime leaf jumbo prawns (g, sf) £12

cari ga - chicken curry £13 with plain baguette on the side (q)

extra meat £2 add pate 50p

# **Food Allergy Notice**

Please be advised that our food is prepared in our kitchen that uses ingredients containing dairy (d) gluten (g), fish (f), shellfish (sf), soyabean (s), egg (e), peanut (p), sesame (se), crustacean (c). Whilst every attempt is made to keep ingredients separate, we cannot guarantee that your dishes will not have traces of these allergens.

# **Mains**



flat rice noodles, 8hr beef broth, side Viet herbs. (gluten in hoi sin sauce served on the side)

chicken
beef flank / rare beef / brisket beef £13
mixed beef £14
mixed beef & chicken £14
vegan tofu (vegan broth) (s) £13
extra noodles £2
extra meat £3

#### **Bun Vermicelli Noodle Salad**

sautéed spring onion, lettuce, mint, cucumber, beansprouts, pickled carrot & mooli, roasted peanuts, nuoc mam dressing (f,p)

tofu (s,g) / garlic pork / satay chicken (p,se) £12 lemongrass beef £13 jumbo lime prawn (sf) £14

extra meat £3
extra 2 jumbo chilli prawn (sf) £5
extra 2 spring rolls (sf) £3.5

#### **Rice Plates**

steamed jasmine rice, salad

tofu (s) / garlic pork / satay chicken (p,se) £12 roast pork / lemongrass beef £13 jumbo lime prawn (sf) £14 vietnamese chicken curry £14

> with egg fried rice (e) £3 extra meat £3 extra jumbo prawn (sf) £5 extra spring roll (sf) £3.5

#### **Stir Fried Flat Rice Noodles**

seasonal vegetables, seasoning sauce

vegan tofu (s,) £12 chicken (s) £13 prawn (s,sf) / beef (s) £14 extra meat £3

# **Specials**

# **Banh Mi Ultimate Combo**

pate, pork roll, viet "jambon", spiced pork, maggi sauce, mayo, pickled carrot & mooli, chilli, cucumber, coriander (g,e,d,f) £12

## **Banh Hoi Platter**

angel rice vermicelli, authentic viet herbs and salad for wrapping, peanut sauce (p,se,g)

crispy roast pork £15 garlic pork skewers £15 roast pork and pork skewers £16

# **Sizzling 5 Spice Lamb**

tender lamb loin with peppers, onion and 5 spice sauce on a sizzling platter. (s) £17

# **Tamarind Prawns**

deep fried lightly battered jumbo prawns, blanched water spinach in a chilli tamarind sauce (sf) £14

# **Sides**

Clear Broth Soup £4.5

refreshing clear pork broth with a daily veg (f)

**Saigon Egg Fried Rice** £6 aromatic with shallots & spring onion (e)

Steamed Rice £3

**Stir Fried Market Greens** £8 garlic, sweet soy (s,g,f)

**Stir Fried Morning Glory** £9 garlic, sweet soy (s,g,f)

# Wine List @ Holborn

Our wines have been carefully chosen to bring you a quality list of beautiful wines.

WHITE	175ml	Bottle
Bantry Bay Chenin Blanc 2015, Western Cape, South Africa Beautifully ripe, this off dry white is dominated by tropical fruit	£5.95	£19.95
Saint Desir Sauvignon Blanc 2015, Cotes de Gascogne, France	£6.50	£22.00
A herbaceous, floral nose with a medley of citrus fruit on the palate Pinot Grigio Malandrino 2015, Veneto, Italy		£23.00
Subtle melon and peach fruitiness on this well balanced Italian white Fairhall Cliffs, Pinot Gris, Marlborough, New Zealand		£24.00
Off dry in style, bursting with flavours of pear, honey, apple and spice Picpoul de Pinet Plo d'Isdabelle 2015, Languedoc, France		£25.00
Clean and fresh, this crisp white awakens the senses Clos St-Jacques Riesling 2013, Alsace, France Peach and apple flavours are accompanied by subtle spice		£27.00
RED	175ml	Bottle
Michel Servin Rouge 2015, Vin de France A soft and juicy Cote-du-Rhone style blend	£5.95	£19.95
Merlot Reserva 2014, Terra Vega, Colchagua Valley, Chile	£6.50	£22.00
Plummy fruit dominate this medium bodied wine Oltre Passo Primitivo 2015, IGT Salento, Italy		£24.00
Increasingly popular, this rich, silky wine will stand up to big flavours  Capilla de Barro Malbec 2018, Argentina		£25.00
Black fruits and herbal notes with hints of spice. Espirit de Lussac 2014, St-Emilion, France		£29.00
Scents of black fruits and hints of cranberry, together with sandalwood character		
ROSE	175ml	Bottle
Pinot Grigio Rosé 2015, Le Colline di San Giorgio, Breganze, Italy Pale and delicate with subtle redcurrant and cranberry notes	£5.95	£18.95
Le Bois des Violettes Rosé 2015, Vin de Pays d'Oc, France Strawberries and cream notes, dry wine		£25.00
SPARKLING		Bottle
Prosecco Corte Alta, Italy Soft with ripe peach, pear and an elegant zest		£25.95
BEER		Bottle
Saigon / Tiger / Sol		£4.50
Hiver Beer -Blond Honey Beer		£5.00
-Dark Honey Ale made with honey from independent bee keepers		£5.00

# **Soft Drinks**

### **FRESHLY Made Juices** Apple / Carrot / Mixed Carrot & Apple £3.50 **FREE** Add ginger / lime £3.75 Freshly Squeezed Orange Juice Homemade Lemonade - choice of still or sparkling £3.00 Minty Limeade - homemade fresh lime cordial, mint, sparkling water £3.50 Apple, Lime, Mint & Sugar £3.50 £3.50 Strawberry, Mint, Syrup, blended with ice Fresh Fruit Smoothies £3.95 Avocado Avocado & Kiwi Apple & Mango Banana, Apple & Mango Strawberry, Mint, Lime, Syrup Coke, Diet Coke, 7up, Fanta £2.25 Chrysanthemum Tea £2.25 Sugar Cane £2.25 £2.75 Coconut Juice Can £2.75 Lychee Juice Can Vita Pure Coconut Juice £3.00 Aloe Vera £3.00 Still/Sparkling Mineral Water Small £2.25 Large £3.95 Coffees Iced Vietnamese Coffee by the Saigon Coffee Company £3.50 £3.75 Hot Vietnamese Coffee by the Saigon Coffee Company Teas Iced Vietnamese Green Tea £2.50 Vietnamese Green Tea £2.75 Fresh Mint Leaf Tea £2.75 Espresso £2.00

Double Espresso

£3.50