

All Day Menu

wisefoundation

ALLERGY STATEMENT

Nuts, dairy, flour and wheat are all

used extensively in our kitchen. Therefore, we are UNABLE to

guarantee that any items are entirely

free of allergens. Please note items marked GF indicates no gluten is used

in the cooking process. However,

while we will do everything in our power, we can not guarantee any food

item is 100% gluten free.

Please let our staff know if you have

any specific dietary requirements

upon ordering.

EFTPOS ONLY - not accepting cash

Available Monday-Friday from 7:00am-2:00pm Saturday-Sunday from 7:00am-2:30pm

FRUIT TOAST...

\$6.85 V

Thick cut, fig and fruit loaf, served with ricotta & honey

BISCOFF FRENCH TOAST...

\$17.80 V

Fried brioche loaf with ricotta, maple syrup and Biscoff crumble

ADD: ice cream \$4

TOASTED GRANOLA...

\$16.00 VGN

House granola with fresh QLD mango & chia coconut yoghurt. Let us know if you'd like to add milk!

SMASHED AVO...

\$17.80 V/GFO

Smashed avocado with whipped feta, lemon and hazelnut & macadamia dukkah - served on rye toast

ADD: two poached eggs - \$6.60

CHIPOTLE BAKED BEANS....

\$19.90 V/GFO

House baked beans with halloumi, poached eggs and toasted sourdough

EGGS YOUR WAY...

\$1250 V/GFO

Two free range eggs served on toasted sourdough with tomato relish

ADD: bacon or grilled halloumi \$6.60 each ADD: avocado or vegetable fritter \$5.50 each ADD: wilted spinach \$4.00

CHIPS... \$10.30 V

With house made pickle aioli or tomato sauce

ZUCCHINI AND CORN FRITTERS.... \$18.90 VGN/GF

Served with spinach avocado and beetroot hummus

ADD: two poached eggs - \$6.60

Vegetarian - V Vegetarian Option- VO Vegan - VGN

No Added Gluten - GF No Added Gluten Option - GFO

EGGS BENNY...

\$19.90 VO/GFO

Two free range poached eggs, spinach and hollandaise sauce served on toasted sourdough.

Included with either ham, bacon, avocado or halloumi.

Additional extras charges included on 'eggs your way'

BIG BREAKFAST...

\$26.50 GFO/VO

Two free range poached eggs, bacon, grilled halloumi, beetroot hummus, vegetable fritter, house baked beans, cherry tomatoes and toasted sourdough

(replace bacon with avo for vegetarian)

Menu continues over page



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AGED CHEDDAR BEEF BURGER...

\$19.90

Two beef patties with, green leaves, tomato, red onion and pickle aioli on a brioche bun - served with chips

ROAST SWEET POTATO SALAD...

\$17.90 V/GF

Green leaves, roast sweet potato, quinoa, feta and a dill vinaigrette

ADD: chicken or poached eggs \$6.60

VEGGIE BURGER...

\$19.30 V

Vegetable fritter patty with aged cheddar, tomato relish, beetroot hummus, onion, tomato and crunchy leaves on a brioche bun - served with chips.

Ask about a Vegan Option!

GARDENS CLUB HOUSE SALAD...

\$1750 VGN/GF

Green leaves, cherry tomatoes, sprouts, cucumber, olives, red onion, dukkah and balsamic vinaigrette

ADD: chicken or poached eggs - \$6.60

FISH AND CHIPS...

\$2120

Battered barramundi with side salad, chips and pickle aioli

KIDS MENU

LITTLE ONE... \$10.20

Single fried egg served on sourdough toast with choice of **bacon or avo**

CHICKEN STRIPS AND CHIPS.... \$14.00

House crumbed chicken breast with chips and tomato sauce

PETITE TOAST ... \$9.90

Half serve French toast with maple syrup

FISH & CHIPS... \$14.00

Single piece of fish with chips & tomato sauce

The Gardens Club hosts private functions, wedding ceremonies & receptions, corporate workshops, celebration events and more. Scan the QR Code to find details and enquire. Find us on socials @thegardensclub

CLASSIC TOASTIES

Toasted sandwich on Turkish bread

CHICKEN... \$10.20

Lemon myrtle roast chicken breast with aioli, avocado and Swiss cheese

HAM... \$8.90

Leg ham with tomato and cheddar cheese

VEGAN... \$8,40 VGN

Roast seasonal vegetables and beetroot hummus

CHEESE... \$7.70 V

Swiss and cheddar cheese

ADD: tomato - 60c

Gluten free bread - 60c ADD: a side of fries - \$5.90

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Enquire now





wisefoundation Drinks Menu

GARDENS

EFTPOS ONLY - not accepting cash

Available Monday-Friday from 7:00am-3:00pm and Saturday-Sunday from 7:00am-4:00pm Takeaway only 30mins before close

COFFEE

| Proudly using E | Bear Bones | coffee + tea |
|-----------------|------------|--------------|
|-----------------|------------|--------------|

We offer a \$0.55 discount for BYO cups

There is a \$0.45 surcharge on all disposable cups

| Espresso / Short Mac | \$4.20 |
|--------------------------|--------|
| Doppio /Long Mac/Piccolo | \$4.60 |

(Cappuccino, latte, flat white, long black, hot chocolate, chai latte, dirty chai +55c, mocha +70c, matcha latte +70c)

| Cup Size | \$4.75 |
|--|--------|
| Mug Size | \$5.30 |
| Large Takeaway. | \$6.20 |
| Extras (decaf, alternative milk, syrups) | \$0.70 |
| Extra shot of espresso | \$0.55 |

COLD DRINKS

| Iced Long Black | (S)\$4.95 (M)5.50 (L)\$6.35 |
|-----------------|-----------------------------|
|-----------------|-----------------------------|

ice, water & espresso

Iced Latte (\$)\$5.05 (M) \$5.70 (L)\$6.95

ice, milk, & espresso Mocha (+70c)

| Ice Coffee/Chocolate | \$8.90 |
|----------------------|--------|
| | |

Served with milk, ice cream & whipped cream

Mocha (+70c)

Coffee/Chocolate Frappé \$9.70

blended with ice, milk & ice cream, served with whipped cream. Mocha (+70c)

Milkshake | Thickshake | \$7.90 | \$9.70

strawberry/chocolate/caramel/vanilla

Dairy Milk Smoothie - choose either: \$9.90

- 1) banana & honey
- 2) strawberry

with blended milk and natural yoghurt

Vegan Smoothie - choose either: \$10.90

- banana, chocolate and peanut butter, with almond and soy
 - 2) strawberry, banana, oats and soy

Fruit Crush choose either: \$10.90

1) watermelon, strawberry & lime

2) pineapple, honeydew & rock melon

blended with apple juice and ice

TEA

| Pot for One. | 64.95 |
|--------------|-------|
|--------------|-------|

English Breakfast | Earl Grey | Green | Peppermint Refresh (ginger & lemongrass blend)

Serenity (chamomile, hibiscus & rosehip blend)

| Loose | Leaf C | hai | Tea | \$5.70 |
|-------|--------|-----|-------|--------|
| Loose | Leaf C | hai | Latte | \$6.40 |

Origin Ice Tea \$7.00

lemon | Peach | Tropical | Mango

FROM THE FRIDGE

| Soft Drink Cans | \$4.50 | |
|----------------------------------|--------|--|
| Lemon Lime Bitters / Ginger Beer | \$5.40 | |
| Juice (Apple or OJ) | \$5.20 | |
| San Pellegrino Sparkling | \$4.60 | |
| Bottled Water | \$4.20 | |

ALCOHOLIC

Beer

| James Squires ZERO 330ml | 88.00 |
|--|---------|
| James Boags Light 330ml | \$8.50 |
| Tooheys New 330ml | \$9.70 |
| Little Creatures Rogers Mid 330ml | \$9.30 |
| Burleigh Brew Big Head Crisp Lager 330ml | \$10.10 |
| Burleigh Brew Tropical Pale Ale 330ml | \$10.50 |
| White Rabbit Dark Ale 330ml | \$10.50 |
| James Squire Alcoholic Ginger Beer | \$10.90 |

Cider

Pipsqueak Apple Cider 330ml \$10.50

Wine

| B - \$40.50 |
|-------------|
| B - \$41.40 |
| B - \$51.00 |
| B - \$51.00 |
| B - \$59.00 |
| B - \$41.00 |
| B - \$65.00 |
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