



*illawarra rd* **MARRICKVILLE**

*darling street* **BALMAIN**

**Buonapetito** 

---

# marina lunga

## bread

### GARLIC OR HERB BREAD 7.50

House baked panini, garlic or herb butter

### GARLIC & MOZZARELLA PIZZA 19.00

Traditional sicilian pizza dough, garlic butter, mozzarella

### HERB & MOZZARELLA PIZZA 19.00

Traditional sicilian pizza dough, herb butter, mozzarella

### BRUSCHETTA POMODORO 15.00

Tomato, spanish onion, basil, garlic, balsamic glaze

### BRUSCHETTA PROSCIUTTO 17.00

Basil pesto, prosciutto, grana padano, rocket

## insalata

### ITALIANO SALAD 17.50

Mixed lettuce, tomato, cucumber, black olives, capsicum, spanish onion, oregano, balsamic

### ROCKET SALAD 18.50

Rocket, pear, walnut, grana padano, balsamic

### MARINA LUNGA SALAD 24.00

Rocket, cherry tomato, pear, walnut, prosciutto, grana padano, balsamic

### PESTO CHICKEN SALAD 24.00

Mixed lettuce, tomato, cucumber, black olives, capsicum, spanish onion, pesto chicken, feta, balsamic

### GRILLED PRAWN SALAD 28.00

Mixed lettuce, cherry tomato, spanish onion, black olives, asparagus, grilled garlic prawns

## antipasti

### CAPRESE CALZONE (3) 17.50

Mini calzone filled with basil pesto, cherry tomato, mozzarella

### OLIVE MISTO 9.00

Whole olives, herbs, lemon, garlic

### SALUMI 22.00

Sopressa della nonna, prosciutto, grana padano, basil pesto, house bread

### SICILAN MEATBALLS (5) 20.00

Our family recipe beef meatballs, napoletana sauce, mozzarella, grana padano, ciabatta

### GAMBERI AGLIO 25.00

Seared garlic prawns, napoletana sauce, ciabatta

### COZZE NAPOLITANA 28.00

Kinkawooka black mussels, chilli, garlic, napoletana sauce, ciabatta

## bambini under 12

### BAMBINI PASTA 14

#### CHOOSE: SPAGHETTI / LINGUINE / CASARECCE

Bolognese  
Napolitana  
Boscaiola  
Pesto  
Olive oil

8

### BAMBINI PIZZA 14

Margherita  
Ham  
Ham & Pineapple  
Ham & olive

### BAMBINI BEVERAGE 3

Apple / Orange / Apple & Blackcurrent Juice

### BAMBINI DOLCI 4

Vanilla Gelati  
+ chocolate or strawberry sauce

ADDED INGREDIENTS: VEGETABLES + 3 / CHEESE + 4 / MEAT + 5 / ANCHOVY + 3 / PRAWNS + 6

please notify your waiter of any allergies  
birthday cakes welcome - cakeage \$1.5 per person

# marina lunga plant based menu

## vegan antipasti

### GARLIC BERAD 7.50

House baked panini, vegan garlic butter

### GARLIC PIZZA 15.00

House pizza dough base, vegan garlic butter

### VENICI CALZONE (3) 17.50

Mini calzone filled with basil pesto, cherry tomato, vegan mozzarella

### SICILIAN CAPONATA 19.00

Sautee'd eggplant, mushroom, cherry tomato, capsicum, napolitana sauce, pine nuts, ciabatta

### BRUSCHETTA POMODORRO 15.00

Tomato, spanish onion, basil, garlic, balsamic glaze

### OLIVE MISTO 9.00

Whole olives, herbs, lemon, garlic

### MILANO SALAD 17.00

Rocket, pear, walnut, balsamic

### ITALIANO SALAD 16.50

Mixed lettuce, tomato, cucumber, black olives, capsicum, spanish onion, oregano, balsamic

### ROMA SALAD 19.00

Rocket, asparagus, sundried tomato, black olives, basil pesto, pine nuts, balsamic

## vegan pasta

### LINGUINE FUNGHI 26.00

Field mushroom, baby spinach, cherry tomato, chilli, garlic, herbs, walnuts & olive oil

### GNOCCHI POMODORRO 29.00

House, gluten free & vegan potato gnocchi, cherry tomato, herbs, napoletana sauce

### RISOTTO PIANTE 28.00

Grilled eggplant, mushroom, cherry tomato, asparagus, baby spinach, napoletana sauce

### GNOCCHI BASILICO 29.00

House, gluten free & vegan potato gnocchi, basil pesto, pine nuts, soy, fresh rocket

### CASARECCE AL FORNO 28.00

Artichoke, baby spinach, spanish onion, cherry tomato, napoletana sauce topped with vegan mozzarella and baked

## vegan pizza 13 inch 28.00

### VEDURE

Napoli sauce base, grilled eggplant, mushroom, cherry tomato, spanish onion, vegan mozzarella, rocket

### SALSICCI

Napoli sauce base, vegan sausage, mushroom, capsicum, spanish onion, oregano, vegan mozzarella

### SANTA MARIA

Garlic butter base, Napoli sauce, cherry tomato, oregano, vegan mozzarella, rocket

### AGLIO FUNGHI

Garlic butter base, mushroom, baby spinach, spanish onion, oregano, balsamic glaze, vegan mozzarella

### PIZZA AL PESTO

Basil pesto base, artichoke, baby spinach, spanish onion, cherry tomato, vegan mozzarella, walnuts, rocket

ADDED INGREDIENTS: VEGETABLES + 3 / EXTRA VEGAN CHEESE + 4 GLUTEN FREE 11 INCH PIZZA BASE + 4.5

please notify your waiter of any allergies

# marina lunga

## *pasta traditional*



### LINGUINE

HOUSE MADE GNOCCHI + 5  
GLUTEN FREE + VEGAN GNOCCHI + 5  
VEAL TORTELINNI + 4  
GLUTEN FREE PENNE + 4



### SPAGHETTI



### CASARECCE

### ARRABIATA 26.00

Smoked bacon, napoletana sauce, chilli

### PRIMEVERA 27.00

Mushroom, eggplant, cherry tomato, spanish onion,  
asparagus, baby spinach, napoletana sauce

### BOLOGNESE 26.00

Housemade beef & veal ragu, tomato,  
garlic, herbs

### NAPOLETANA 22.00

Housemade tomato sugo, garlic, herbs

### SICILIANA 25.00

Fresh roasted eggplant, napoletana sauce

### CHILLI MUSSELS 28.00

Kinkawooka black mussels, chilli, garlic,  
napoletana sauce

### GARLIC PRAWN 29.00

Seared garlic prawns, cherry tomato, rose'  
sauce (tomato + cream)

### MARINARA 32.00

Fish, prawns, calamari, mussels,  
garlic, napoletana sauce

### CHILLI PRAWN 29.00

Seared prawns, chilli, garlic, napoletana  
sauce

### CARBONARA 26.00

Smoked bacon, cream, egg, grana padano

### BOSCAIOLA 26.00

Ham off the bone, mushroom, cream, grana  
padano

### PESTO 25.00

Basil pest, cream, grana padano, pine nuts

### AL POLLO 27.00

Grilled chicken, mushroom, sundried  
tomato, rose' sauce (tomato + cream)

## *risotto*

### RISOTTO POLLO E FUNGHI 28.00

Grilled chicken, mushroom, baby spinach,  
arborio rice, cream, grana padano

### RISOTTO MARINARA 32.00

Fish, prawns, calamari, mussels, garlic,  
napoletana sauce, arborio rice

## *al forno*

### SICILIAN LASAGNE 27.00

Bolognese ragu, layered pasta, bechamel,  
mozzarella

### SPINACH & RICOTTA CANELLONI 28.00

Ricotta, spinach, napoletana sauce, mozzarella

ADDED INGREDIENTS: VEGETABLES + 3 / CHEESE + 4 / MEAT + 5 / ANCHOVY + 3 / PRAWNS + 6

please notify your waiter of any allergies

# marina lunga

## ***pizza traditional***

13 inch 25.00

### MARGHERITA

House tomato pizza sauce, mozzarella, basil

### HAM & PINEAPPLE

Ham off the bone, pineapple, house tomato pizza sauce, mozzarella

### VEGETARIANA

Mushroom, onion, capsicum, pineapple, black olives, house tomato pizza sauce, mozzarella

### PEPPERONI

Sicilian style spicy pepperoni, house tomato pizza sauce, mozzarella

### MEXICANA

Sicilian style spicy pepperoni, house tomato pizza sauce, capsicum, onion, mozzarella

### NAPOLETANA

House tomato pizza sauce, anchovies, black olives, mozzarella

## ***pizza gourmet***

13 inch 27.00

### MARINA LUNGA SPECIAL

Ham off the bone, mushroom, capsicum, onion, pineapple, black olive, chorizo, house tomato pizza sauce, mozzarella

### POLLO ITALIANO

Garlic chicken, cherry tomato, capsicum, black olives, house tomato pizza sauce, mozzarella

### MEDITERRANEAN

Chorizo, feta, onion, black olives, oregano, house tomato pizza sauce, mozzarella, fresh rocket

### CARNE

Ham off the bone, sicilian spicy pepperoni, chorizo, smoked bacon, house tomato pizza sauce, mozzarella

### GAMBERONI

Garlic marinated prawns, baby spinach, spanish onion, house tomato pizza sauce, mozzarella

### PROSCIUTTO

Cherry tomato, house tomato pizza sauce, mozzarella, prosciutto, grana padano, fresh rocket

### QUATTRO FORMAGGI

Provolone, bocconcini, grana padano, mozzarella, house tomato pizza sauce

### 4 SEASONS

Ham off the bone, mushroom, capsicum, prawns, house tomato pizza sauce, mozzarella

### BBQ POLLO

Grilled chicken, mushroom, onion, bbq sauce, mozzarella

### CAPRICIOSA

Ham off the bone, mushroom, black olives, anchovies, house tomato sauce, mozzarella

### PRIMEVERA

Sundried tomato, capsicum, eggplant, artichoke, asparagus, house tomato pizza sauce, mozzarella

### DI PATATE

Garlic butter base, sliced potato, provolone, mozzarella, rosemary

ADDED INGREDIENTS: VEGETABLES + 3 / CHEESE + 4 / MEAT + 5 / ANCHOVY + 3 / PRAWNS + 6  
HALF & HALF PIZZA + 2 GLUTEN FREE 11 INCH PIZZA BASE + 4.5

please notify your waiter of any allergies  
birthday cakes welcome - cakeage \$1.5 per person

# marina lunga *dolci*

---

## TRADITIONAL TIRAMISU

11

Espresso soaked biscuit, marscapone cream, liqueur

## AFFOGATO

10

Espresso, vanilla gelato, biscotti

## AFFOGATO + FRANGELICO

16

## VEGAN DESSERTS

14

MELLA CALZONE - Apple & cinamon filled

COCOA CALZONE - Vegan nutella filled

## NUTELLA PIZZA

18

Traditional pizza base, nutella, icing sugar, gelato

## ARTISAN GELATI

11

Hazelnut or Mixed berry sorbet (vg)

## APPLE CALZONE (3)

Apple & cinnamon filled calzone, maple syrup

14

## *beverage*

---

### LATTE, FLAT WHITE, CAPPUCINO

4

Full cream or soy

### ESPRESSO, MACCHIATO

3.5

### HOT CHOCOLATE, CHAI

4

## *digestivo*

---

### FRANGELICO

10

### LIMONCELLO

9

# marina lunga

## by the glass or bottle

**TORESELLA, PINOT GRIGIO ITALY - 16 / 44**

A slightly dry, well balanced wine with floral notes

**MATO BAY, SAUVIGNON BLANC NZ - 17 / 45**

Clean, crisp & vibrant. A classic Marlborough Sav Blanc

**ANNIE'S LANE CHARDONNAY AUS - 17 / 48**

A complex lengthy flavour of citrus and melon

**TORESELLA,  
ROSE' PINOT GRIGIO ITALY - 16 / 44**

A classic Pinot Grigio with a hint of mellow red fruits

## by the bottle

**MARLBOROUGH SOUNDS, SAV BLANC NZ - 48**

Refreshing, clean notes of lemon and passionfruit

**TOLLEY, REISLING AUS - 46**

A natural acidity with deep full flavour

**ZONIN, MOSCATO ITALY - 44**

A pristine, well balanced spritzzy wine

**ZONIN, PROSECCO ITALY - 18 / 49**

A tradional celebration spritz, crisp and fresh in taste

## by the glass or bottle

**BORGOSANLEO, NERO DAVOLA ITALY - 16 /44**

A native Sicilian wine with a sweet aroma of cherry and spice

**GRANT BURGE, SHIRAZ AUS - 14 / 42**

Well balanced and smooth, the perfcet parcel of South Australia

**ZONIN, MONTEPULCIANO ITALY - 17 / 45**

Smooth, full bodied with a persistent flavour

## by the bottle

**BORG SANLEO, SANGIOVESE ITALY - 46**

100% Sangiovese grapes with a pleasant wild berry aroma

**CHAPEL HILL, CABERNET SAUVIGNON AUS - 52**

An opulent, alluring wine with notes of liquorice and mulberry

**TAYLORS, SHIRAZ AUS - 46**

A Full and spicy wine matured in American Oak.

## beer

**PERONI, ITALY / 10**

**PERONI, 0% ALC ITALY / 8.5**

**MENEBREA, ITALY / 12**

**LITTLE CREATURES, PALE ALE AUS / 12**

**CORONA, MEXICO / 10**

**HEINEKEN, NETHERLANDS / 10**

## spirits

**GORDONS GIN / 10**

**MIDORI / 10**

**JACK DANIELS WHISKEY / 10**

**BUNDABERG RUM / 10**

**JIM BEAM BOURBON / 10**

**SMIRNOFF VODKA / 10**

**BAILEYS / 10**

**TIA MARIA / 10**

**JOHNNY WALKER RED / 10**

**JOHNNY WALKER BLACK / 12**

**FRANGELICO / 10**

**LIMONCELLO / 9**

## cocktail italiano

**AMALFI / 19** Gin, fever tree berry tonic, fresh berries

**SICILIAN MOJITO / 19** Bicardi, soda, cucumber, lime, mint

**SGROPPINO / 20** Lemon sorbet, vodka, fresh lemonade, mint

**CALABRIA SPRITZ / 17** Sparkling wine, blood orange, bitters, lemon

**NEGRONI / 20** Campari, gin, vermouth

**APEROL SPRITZ / 18** The perfect Italain apertivo

**ESPRESSO MARTINI / 20** Espresso, kailua, vodka

## mocktails

**MILANIA / 12** Watermelon, fresh lemonade, orange, mint, lime

**KATALINA / 12** Mango, fresh lemonade, pineapple, mint, lemon

**LUCIANO / 12** Watermelon, fresh lemonade, lychee, berries

## soda

**COKE, DIET COKE, SPRITE, FANTA, LIFT / 4**

**ORANGE, APPLE, APPLE + BLACK CURRENT / 4**

**SAN PELLEGRINO SPARKLING WATER 500ML / 6.5**

**AQUA PANNA STILL WATER 500ML / 6.5**