TAKE A BREAK

COFFEE & KITCHEN BAR

COFFEE | KITCHEN | COCKTAILS | GOOD VIBES

BREAKFAST

Full English 14.00
two slices back bacon, craft butcher sausages, baked beans, two eggs your preference, grilled tomatoes, mushrooms, hash brown, black pudding, choice of toast.

Gluten Free Breakfast 14.00
GF sausages, back bacon, two eggs, mushrooms, grilled tomato, baked beans, GF buttered toast.

Vegetarian 14.00
three vegetarian sausages, roasted peppers, mushrooms, grilled tomato, two eggs, choice of toast.

Vegan 14.00
vegan sausages, spinach, grilled tomato, mushroom, baked beans, mashed avocado, vegan toast.

Build Your Own Breakfast 14.50
Pick a main: smoked salmon, bacon, vegan sausage, halloumi, falafel, sausages, vegetarian sausages

Choice of three sides : tomato, baked beans, hashbrown, mushrooms, avocado, roasted peppers, spinach, blackpudding, olive mix

Choose your eggs : fried, scrambled, poached

Choose your toast:

Avocado on Toast & eggs 8.50
add: falafel 3.00, halloumi 3.00, smoked salmon 4.00, sausage 3.00, bacon 3.00, other 2.00.

Steak & Egg on Toast 11.00

Eggs Benedict Royale 11.00
smoked salmon, two poached eggs, hollandaise.

Eggs Benedict New York 11.00
bacon, two poached eggs, hollandaise.

Eggs Benedict Florentine 11.00
spinach, two poached eggs, hollandaise.

French Toast 10.50
white eggy bread pan-fried golden, icing sugar, berries, maple syrup.

French Toast Chocolate & Strawberry 10.50
white eggy bread pan-fried golden, chocolate sauce, fresh strawberries, blueberries and icing sugar.

Pancake Bliss 10.00
fluffy American pancakes, fresh berries, banana, maple syrup.

Pancake Nutella Strawberry 10.50
fluffy American pancakes, Nutella, fresh strawberries, banana, chocolate drizzle.

Fully Loaded Omelette 12.00
buttered toast, choose fillings: bacon, sausages, mushrooms, onions, mixed pepper, cheese.

Small Omelette *any 3 items* 9.00

CREATE YOUR OWN TOASTIE

EGG - BACON - SAUSAGE - HAM - CHEESE

1 ITEM	2 ITEMS	3 ITEMS	4 ITEMS
6.00	7.50	9.00	11.00

BREAKFAST WRAP *with beans*

BACON - SAUSAGE - EGG - CHEESE

2 ITEMS	3 ITEMS	4 ITEMS
7.50	9.50	11.50

FOOD ALLERGIES — Before placing an order, please inform a member of staff if anyone in your party has any food allergies and we will do all we can to accommodate you.

PANINIS — ADD FRIES 2.50

Meatball Melt Panini	9.00
Chicken Cheese & Mayo	9.00
Bacon Cheese	8.50
Ham & Cheese	8.50
Tuna & Cheese	8.50
Cheese Tomato & Onion	8.00

PLATTER

Halloumi, falafel, hummus, arocado, olive mix, garnish salad, pitta bread. 13.00

SALADS — SERVED ALL DAY

Greek Salad 11.00
feta, olives, lettuce, tomato, cucumber, onion, oregano, olive oil.

Chicken Caesar Salad 13.00
sliced chicken, bacon, croutons, caesar dressing. parmesan.

Mediterranean Halloumi 11.00
grilled halloumi, roasted peppers, cucumber, tomato, olives, rocket.

BURGERS — WITH GARNISH SALAD & FRIES

Break Time Burger 12.00
beef patty, cheddar, lettuce, tomato, pickles.

The Chicken Break 12.00
grilled chicken breast, lettuce, tomato, pickles.

The Garden Break 12.00
vegetable patty, lettuce, tomato, pickles.

Breakin Buttermilk 12.00
buttermilk crispy chicken, cheddar, lettuce, pickles.

SIDES

2 Back Bacon	3.00
2 Hash Brown	2.50
2 Sausages	3.00
Teacake Toast	2.50
Smoked Salmon	4.00
Grilled Halloumi	3.00
Beans	1.90
House Salad	3.50
Fries	3.50
Sweet Potato Fries	4.00
Buttered Toast	2.00
Fruit Pot	4.00
Hummus	3.00
Avocado	3.50
Egg	1.40
Soup of the day	5.00

LIGHT BITES — SERVED WITH CHOICE OF SAUCE: BBQ, MAYO, CHILLI, SWEET CHILLI, GARLIC MAYO, SPICY MAYO, KOREAN BBQ, MUSTARD MAYO

Veg Spring Roll	5.50
Buttermilk Chicken	6.00
Calamari	7.00
Meatballs	6.00

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SANDWICHES & WRAPS — ALL SERVED WITH SALAD & FRIES

Lunch Break Sandwich 14.50
grilled chicken, bacon, fried egg, lettuce, tomato, cheddar, garlie mayo.

Crispy Chicken Club 14.50
buttermilk chicken, bacon, cheddar, lettuce, pickles, spicy mayo.

Steak & Cheese Melt 14.50
steak, caramelised onions, lettuce, cheddar, mustard mayo.

Crispy Chicken Wrap 14.50
buttermilk chicken, cheddar, lettuce, pickles, spicy mayo.

Peri Peri Chicken Wrap 14.50
grilled chicken, onion, bell pepper, peri peri sauce.

Steak Break Wrap 14.50
sliced steak, cheddar, caramelised onion, mushroom, garnish.

Vegetarian Wrap 14.00
halloumi or falafel, hummus, garnish, tomato, cucumber, pickles.

PASTA

Carbonara 13.00
tagliatelle, bacon, mushrooms, gariie, cream, parmesan, black pepper.

Arrabbiata 12.00
tagliatelle, tomato, fresh chilli, red onion — add chicken 2.50.

Chicken Alfredo 14.90
tagliatelle, grilled chicken, courgette, broccoli, garlie, creamy parmesan sauce.

Garden Vegetable 13.00
tagliatelle, courgette, broccoli, mushrooms, pepper, spinach, cherry tomato, parmesan.

FISH

Grilled Salmon 19.00
seasonal vegetables, mixed leaf salad.

Sea Bass 19.00
seasonal vegetables, mixed leaf salad.

Salt & Pepper Chicken 12.90
crispy salt & pepper chicken.

Chicken Cajun 12.90
with salad & fries.

KIDS MENU 7.50

Fish Fingers
fries, garnish, ketchup.

Crispy Chicken
fries, salad, sweet chilli.

Mozzarella Sticks
fries, salad, sweet chilli.

Mini Pancakes
berries, banana, maple syrup.

DESSERTS 6.50

Lotus Biscoff Cheesecake

Chocolate Brownie & Ice Cream

Chocolate Fudge Cake & Ice Cream

Sticky Toffee Pudding & Ice Cream

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TAKE A BREAK

COFFEE & KITCHEN BAR

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HOT DRINKS

	— MED —	LRG —
Espresso	2.40	3.00
Americano	3.40	3.90
Latte	4.00	4.50
Cappuccino	3.80	4.50
Mocha	4.20	4.80
Hot Chocolate	4.50	5.00
Flat White	4.00	—
Decaf Coffee	3.40	3.90

ICED COFFEE

Iced Americano	3.80
Iced Latte	4.50
Iced Mocha	4.95
Iced Caramel Latte	4.95

TEAS

English Breakfast	2.60
Green Tea	2.80
Earl Grey	2.80
Peppermint	2.80
Decaf Tea	2.80
Lemon & Ginger	2.80

COLD DRINKS

Fresh Orange Juice	5.00
Apple Juice	2.50
Still Water	2.00
Sparkling Water	2.00
Cans	2.00
Red Bull	2.80
Schweppes Lemonade	2.50

SMOOTHIES *5.50 each*

Berry Break / *strawberry, blueberry, raspberry, banana, apple juice.*
Tropical Break / *mango, pineapple, passion fruit, orange juice.*
Green Break / *avocado, mango, spinach, banana, apple juice.*
Big 5 / *pineapple, mango, strawberry, kiwi, apple.*

WINES

	175ml	280ml	Bottle
WHITE WINE			
Sauvignon Blanc (Chile)	7.00	8.50	24.00
Chardonnay (SE Australian)	7.00	8.50	24.00
Pinot Grigio (Italy)	7.00	8.50	24.00
RED WINE			
Merlot (Chile)	7.00	8.50	24.00
Malbec (Argentina)	7.00	8.50	24.00
ROSE WINE			
White Zinfandel (USA)	7.00	8.00	24.00
Pinot Blush (Italy)	7.00	8.00	24.00
Sparkling Prosecco — *small bottle*	12.00		30.00
CHAMPAGNE — LAURENT FRANCE PERRIER La Cuvee Brut NV 12% ABV			94.00

BEERS & CIDERS

Peroni 5.0% ABV	5.50
Corona 4.5% ABV	5.50
Desperado 5.9% ABV	5.50
Moretti 4.6% ABV	5.50
Kopparberg mixed fruit 4.0% ABV	6.00
Kopparberg strawberry and lime 4.0% ABV	6.00

SPIRITS

BRANDY:	
Hennessy cognac 40% ABV	6.00
Courvoisier cognac 40% ABV	6.50
WHISKEY:	
monkey shoulder 40% ABV	7.00
Jameson 40% ABV	7.00
Jack Daniels 40% ABV	7.00
Jack Daniels honey 35% ABV	7.00
GIN:	
Gordons pink gin 37.5% ABV	6.50
Whitley neil 43% ABV *(original, blood orange, raspberry, blackberry and pink grapefruit)*	6.50
Hendricks 41.1% ABV	6.50
VODKA:	
AU vodka different flavours 40% ABV	6.00
Grey goose 40% ABV	6.00
Smirnoff 37.5% ABV	6.00
RUM:	
Captin morgans 40% ABV	6.00
Malibu 21% ABV	6.00
Old j spiced 40% ABV	6.00
Bacardi 37.5% ABV	6.00
OTHERS:	
Disarono 28% ABV	6.00
Amaretto 28% ABV	6.00
Tia maria 20% ABV	6.00
Aperol 11% ABV	6.00
Baileys 17% ABV	6.00
Southern comfort 35% ABV	6.00
Archers 18% ABV	6.00
SHOTS:	
Sambuc 38% ABV	3.00
tequila 40% ABV	3.00

COCKTAILS *8.50 each*

Sex on the Beach / *JJ Whitley vodka, Archers, lime, orange & cranberry.*

Espresso Martini / *vodka, fresh espresso, sugar syrup, Kahlua.*

Pornstar Martini / *vanilla vodka, Pasma, passionfruit puree, fresh lime.*

Pink Flamingo / *Southern Comfort, Malibu, pineapple, grenadine, lemon.*

Cosmopolitan / *JJ Whitley vodka, Cointreau, lime, cranberry.*