

AT ADELS

COFFEE & EATERY

ALL DAY MENU

BREAKFAST

THE ADELS BIG BREAKFAST \$26.90

Two Eggs, Beef Sausage, Grilled Tomato, Baked Beans
Hash Brown, Sauteed Mushrooms, Toast

MIDDLE EASTERN BREAKFAST PLATE \$ 24.50

Arabic Bread, Hummus, Labneh, Olives,
Cucumber, Tomato, Feta, Boiled Egg & Zaatar Oil.

CHEESE & ZAATAR CROISSANT \$9.90

Toasted croissant filled with mozzarella cheese
& house zaatar mix.

MIX BERRIES PANCAKES OR WAFFLES \$18.90

Mixed Berries, Maple Syrup, Ice Cream

VEGETARIAN BREAKFAST \$22.90

Sourdough, Mushroom, Spinach, Baked beans, Grilled tomato
Halloumi, Avocado and Hash Brown.

SALMON PANCAKES \$22.90

Pancakes, Avocado, Rocket, Smoked Salmon, Poached Egg,
Hollandaise Sauce, Balsamic Glaze.

TRUFFLE MIX MUSHROOM \$21.90

Bread, Mix Mushrooms, Spinach, Poached Egg, Truffle Oil
Gluten Free +\$2.00

TOAST (TWO SLICES) \$7.50

Serves with Jam/Vegemite/Peanut Butter/Honey/Butter
Gluten Free +\$2.00

EGGS YOUR WAY \$14.90

Poached/Scramble/Fried on toast

ACAI GRANOLA BOWL \$19.90

Mix Granola, Seasonal Fruits, Acai, Yogurt, Milk, Honey
Alternative Milk +\$1.0

AVOCADO BRUSHETTA \$19.50

Smashed avocado, tomato, onion, Feta, basil on sourdough

OMELETTE WITH SOURDOUGH

Cheese \$ 17.90

Cheese & Mushroom \$ 19.90

Cheese & Beef Streaky \$ 20.90

Mushroom & Spinach \$ 19.90

EGGS FLORENTINE \$19.50

ADD ONS:-

Beef Streaky \$ 5.80

Beef Sausage \$ 5.80 each

Smoked Salmon \$6.80 each

Two Eggs \$4.40

Spinach \$ 3.50

Halloumi \$4.40

Baked Beans \$4.40

Sauteed Mushrooms \$5.00

Grilled Tomato \$3.50

Hash Brown \$4.00

Sourdough \$3.50

Avocado \$5.80 each

Hollandaise Sauce \$3.00

*GLUTEN FREE BREAD OPTION +\$2.00

LUNCH

GARLIC BREAD \$ 11.50

MAKE IT CHEESY \$13.50

BUCKET OF CHIPS \$10.50

Tomato or Aioli Sauce

QUINOA SALAD \$19.90

Quinoa, Mix Veggies, Spinach, Cherry Tomato, Feta, Almond, Pumpkin,
Spring Onion, Balsamic Pomegranate Dressing
Add Avocado \$5.80/ Add Smoked Salmon \$6.80/ Add Grilled Chicken \$ 5.50

THAI BEEF SALAD \$ 22.50

Mix Lettuce, Beef, Soy Sauce, Ginger, Cherry Tomato, Red Onion,
Capsicum, Fresh Chilli, Peanut, Sesame Seeds/Thai Dressing

VEGGIE QUESADILLA \$18.90

Flour Tortilla, Spinach, Grilled Capsicum, Red Beans, Cheddar,
Corn, Diced Tomatoes, Red Onion, Feta, Sweet Potato,
Chipotle sauce, Sour Cream
Add Side Of Chips \$5

STEAK SANDWICH \$24.90

Turkish Bread, Sirloin Steak, Tomato, Mixed Lettuce,
Caramelised onion, Aioli, Cheese and side of Chips or Salad

CHICKEN BURGER \$ 22.90

Burger Bun, Chicken, Mix Lettuce, Tomato, Avocado,
tomato sauce and side of salad or chips

ADELS BURGER \$ 24.90

Burger Bun, Mix patty, Mixed Lettuce, Tomato, Cheese
Beef Streaky, tomato sauce and side of salad or chips

AGLIO OLIO \$ 30.00

Served with sea prawns, capsicum and garlic.

FETTUCCINE CARBONARA \$25.00

comes with mushroom and creamy sauce

TRUFFLE FETTUCCINE \$30.00

comes with chicken, mushroom, parmesan
with creamy sauce.

DESSERTS

PLEASE VISIT OUR DESSERT CHILLER BY THE COUNTER

*OUR GARNISHES AND MOST OF OUR MENU CONTAIN SEED & NUTS. PLEASE DECLARE IF YOU HAVE ANY ALLERGIES

*15% SURCHARGED ON PUBLIC HOLIDAYS

AT ADELS

COFFEE & EATERY

DRINKS

*TAKE-AWAYS ADDITIONAL :
REGULAR \$1.10, LARGE \$1.50

COFFEE



	R
LONG BLACK	\$4.50
CAPPUCCINO	\$5.00
LONG MACCHIATO	\$5.50
ESPRESSO(1 SHOT)	\$4.20
LATTE	\$5.00
MOCHA	\$5.80
EXTRA SHOT	\$1.00

	R
FLAT WHITE	\$5.00
MATCHA	\$5.80
EXTRA MILK	\$0.80

FLAVOURED SYRUPS: \$1.20

CARAMEL/VANILLA/HAZELNUT

DAIRY SUBSTITUTES: \$1.00

SOY/ALMOND/OAT/COCONUT/LACTOSE FREE

COLD COFFEE

ICED: LONG BLACK/CHAI/LATTE/MATCHA	\$6.70
ICED: COFFEE/CHOCOLATE/MOCHA	\$8.20
OPTION TO HAVE CREAM AND ICE CREAM	

TEA & NON-COFFEE

ENGLISH BREAKFAST

EARL GREY

CHAMOMILE

GREEN TEA

PEPPERMINT

LEMONGRASS GINGER

HOT CHOCOLATE \$5.50

HOT MILO \$5.00

ADD ICE \$2.00

ALL TEAS

\$5.10

FRESH JUICE

ZING \$8.50

Orange,Pineapple,Lemon,Ginger

DETOX \$8.50

Apple,Pear,Carrot,Ginger

REPLENISH \$8.50

Watermelon,Pineapple,Lemon,Coconut Water

VEGGIE \$8.50

Carrot,Celery,Spinach,Betroot,Lemon,Ginger

MAKE YOUR OWN STARTING FROM \$8.50

ADD GINGER +\$1.00

SMOOTHIES & MILKSHAKE

OREO MILKSHAKE \$11.50

VANILLA/CHOCOLATE/STRAWBERRY/
BANANA/SPEARMINT/CARAMEL

MANGO BLAST \$9.50

Mango/MangoSorbet/Coconut Water,Ice

BERRY SWIRL

Milk,IceCream,Mix Berries,Ice

