

FLAME400

Burger Cafe

BURGERS



CHEESEBURGER
400
MEAT PATTY, CHEESE,
TOMATO, LETTUCE,
ONIONS, PICKLE &
SPECIAL SAUCE
16.10



BURGER [GFO]
DOWN UNDER
MEAT PATTY, CHEESE,
FRIED EGG, BEETROOT,
TOMATO, ONIONS,
KETCHUP & MUSTARD
17.05



BBO [GFO]
BACON
MEAT PATTY,
CHEESE, BACON,
ONIONS & HOUSE
BBO SAUCE
17.60



IT'S HOT [GFO]
BURGER
MEAT PATTY, CHEESE, BACON,
CAPSICUM, JALAPENOS,
ONIONS, HOUSE CHILLI &
HOUSE CHIPOTLE SAUCE
18.60

CHICKEN BURGERS

OPTION: FRIED CHICKEN OR FLAME GRILLED CHICKEN, BASTED IN HOUSE GLAZING



CHICKEN DELUXE
CHICKEN BREAST, CHEESE,
LETTUCE, TOMATO &
HOUSE CHIPOTLE SAUCE
17.60



DBL CHICKEN
DELUXE
DOUBLE CHICKEN BREAST,
DOUBLE CHEESE, LETTUCE,
TOMATO & HOUSE CHIPOTLE
SAUCE
24.0



BUFFALO CHICKEN
FRIED CHICKEN BREAST
COATED IN BUFFALO SAUCE,
COLESLAW, CHEESE
19.0

D' BIG GLEN RANGE



E-I-E-I-O
MEAT PATTY, DOUBLE
CHEESE, CHICKEN
BREAST, BACON, ONIONS,
TOMATO, LETTUCE &
SPECIAL SAUCE
26.60



THE BIG GLEN
DOUBLE MEAT PATTY,
DOUBLE CHEESE, BACON,
ONIONS & SPECIAL
SAUCE
23.60



TRIPLE 400
CHEESEBURGER
TRIPLE MEAT PATTY,
TRIPLE CHEESE,
LETTUCE, TOMATO,
ONIONS, PICKLE &
SPECIAL SAUCE
26.05



PORK BELLY
BURGER
GRILLED PORK BELLY
IN HOUSE GLAZING,
COLESLAW &
SRIRACHA MAYO
24.0

VEGGIE BURGERS



HAWAIIAN [GFO]
VEGGIE
VEGGIE PATTY,
GRILLED PINEAPPLE,
LETTUCE &
SRIRACHA MAYO
17.0



VEGGIE [GFO]
CHEESEBURGER
VEGGIE PATTY,
CHEESE, TOMATO,
LETTUCE, ONIONS,
PICKLE, KETCHUP &
MAYO
18.0



SMOKEY [GFO]
TRUFFLE
GRILLED ONIONS, MIX
LETTUCE, PARMESAN,
FLAMED GRILLED
DOUBLE MEAT PATTY
& TRUFFLE SAUCE
24.0



BLAZE
GRILLED ONIONS IN HOUSE
GLAZING, PICKLE, CHEESE,
BACON, FLAME GRILLED
DOUBLE MEAT PATTY &
SPECIAL SAUCE
24.0

ADD ON SIDE OF CHIPS \$4.0

BURGERS, CHARDOGS & WRAPS

SWAP CHIPS TO ONION RINGS, SWEET POTATO OR WEDGES FOR AN EXTRA \$2.5

FLAMING GRILL

GRILLED WITH OUR HOUSE-MADE BASTING, SERVED WITH CHIPS & COLESLAW



HALF & HALF COMBO -
BEEF RIBS 1/2 RACK & PORK
RIBS 1/2 RACK 59.95

BEEF RIBS - FULL RACK 64.95
BEEF RIBS - HALF RACK 39.95

PORK RIBS - FULL RACK 54.95
PORK RIBS - HALF RACK 34.95

PORK BELLY 390G
37.95

CHARDOGS



CONEY
HOTDOG, MINCED MEAT, CHEESE,
ONIONS, KETCHUP & MUSTARD
15.85



SRIRACHA
HOTDOG, MINCED MEAT, CHEESE &
SRIRACHA MAYO
15.85



SOMBRERO
HOTDOG, MINCED MEAT, CHEESE,
BLACK BEANS, JALAPENOS,
SALSA & SOUR CREAM
17.40



CHEESY BACON
HOTDOG, BACON, CHEESE &
SPECIAL SAUCE
16.20

CHICKEN WRAPS



SPICY WRAP
CHICKEN BREAST, GRILLED
CAPSICUM, LETTUCE, RED
ONIONS & CHIPOTLE SAUCE
17.3



ALOHA WRAP
CHICKEN BREAST,
COLESLAW, PINEAPPLE, RED
ONIONS & AIOLI SAUCE
16.60

CHICKEN WINGS

SERVED WITH ONE SIDE AND DIPPING SAUCE

GRILLED
HOUSE-MADE
BASTING

SALT & PEPPERED
DEEP FRIED
WINGS

BUFFALO
COATED IN HOUSE
BUFFALO



12pc
22.6

6pcs
16.06

SALAD

OPTIONS: FRIED CHICKEN OR FLAME GRILLED CHICKEN
BASTED IN HOUSE GLAZING



CHICKEN SALAD
CHICKEN, MIXED LETTUCE, TOMATO,
ONIONS, MACADAMIA NUTS W/ ITALIAN
DRESSING
20.60

CHICKEN CAESAR SALAD
CHICKEN, COS LETTUCE, PARMESAN CHEESE,
EGG, BACON W/ CAESAR DRESSING
20.60



LOADED PARM

SERVED WITH CHIPS AND GARDEN SALAD

MEJICO PARM
FRIED CHICKEN BREAST, BLACK
BEANS, JALAPENOS, GRATED CHEESE
& NAPOLI SAUCE
24.60

SIGNATURE PARM
FRIED CHICKEN BREAST, DICED
PICKLES, GRATED CHEESE &
NAPOLI SAUCE
24.05



SLIDER TRIO

SERVED WITH
ONION RINGS & CHIPS 27.95



IT'S HOT
BURGER

CHEESEBURGER
400

BBO
BACON

CHICKEN DUO

SERVED W/ CHIPS
18.9



CHICKEN
DELUXE

BBO
CHICKEN

LOADED CHIPS

GRAVY LOADED [GFO]
CHIPS & GRAVY 14.10

CHEESY LOADED [GFO]
CHIPS & MELTED CHEESE 14.10

TRUFFLE CHEESE CHIPS [GFO]
CHIPS, TRUFFLE SAUCE & SHAVED PARMESAN 18.05

400 LOADED
CHIPS, MINCED MEAT, MELTED CHEESE, DICED
PICKLES, & SPECIAL SAUCE 19.05

SMOKEY LOADED [GFO]
CHIPS, MINCED MEAT, BACON, MELTED CHEESE,
ONIONS & HOUSE BBO SAUCE 19.60



SIDES

ONION RINGS
7.0

WEDGES
7.5

CHIPS
S-5.50
L-10.0

COLESLAW
S-5.0
L-10.50

GREEN SALAD
S-4.0
L-10.0

RICE
4.5

GARLIC BREAD
4.5

HASH BROWN
3.5

COB CORN
5.0

SWEET POTATO
7.5

SAUCES

ALL SAUCES ARE GLUTEN FREE EXCEPT FOR GLAZING BASTING,
SPECIAL SAUCE & SWEET CHILLI

HOMEMADE SAUCE \$2.50
SPECIAL SAUCE | CHIPOTLE | BBO | HOT CHILLI
SRIRACHA MAYO

SAUCES \$2.50
AIOLI | SWEET CHILLI | SOUR CREAM | MAYO

TRUFFLE SAUCE: \$3.50

Kids Meal

SERVED W/ CHIPS
ADD A JUICE BOX FOR +3.00



2PCS SLIDERS
14.05



PLAIN CHARDOG
12.05



6PCS NUGGETS
11.05

YOUR SAFETY IS IMPORTANT TO US. IF YOU HAVE ANY FOOD ALLERGIES, PLEASE INFORM OUR STAFF,
AND WE'LL BE HAPPY TO ACCOMMODATE YOUR NEEDS AS BEST AS WE POSSIBLY CAN.

FOR MORE INFORMATION VISIT OUR WEBSITE AT
FLAME400BURGERCAFE.COM

GLUTEN FREE OPTIONS MAY INCUR ADDITIONAL CHARGES

[GFO] GLUTEN FREE OPTION AVAILABLE

[GF] GLUTEN FREE

[V] VEGETARIAN

GLUTEN-FREE OPTIONS ARE AVAILABLE; HOWEVER, IT'S IMPORTANT TO NOTE THAT GLUTEN IS STILL USED
IN OTHER PRODUCTS WITHIN THE PREMISES. WE CANNOT GUARANTEE A COMPLETELY GLUTEN-FREE
ENVIRONMENT, AND THERE IS POSSIBILITY OF CROSS-CONTAMINATION. IF YOU HAVE CELIAC, PLEASE BE
AWARE THAT WE CANNOT ASSURE YOUR SAFETY DUE TO THESE FACTORS.

*AVAILABILITY & PRICE SUBJECT TO CHANGE WITHOUT PRIOR NOTICE. SURCHARGE APPLIES TO CARD TRANSACTIONS. 10%
SURCHARGE ON PUBLIC HOLIDAYS. PROMOTIONS AND OFFERS MAY NOT BE COMBINED AND ARE SUBJECT TO AVAILABILITY

MORNING BURGERS



BREKKIE BURGER
MEAT PATTY, EGG,
BACON, HASH-
BROWN, CHEESE &
HOUSE BBQ SAUCE
19.60



B L T BURGER
BACON, TOMATO,
LETTUCE &
SPECIAL SAUCE
15.60



BACON & EGG BURGER
BACON, EGG,
CHEESE, LETTUCE &
HOUSE BBQ SAUCE
16.80



THE MORNING STACK
\$12.95
WHITE TOAST, 2 FRIED
EGGS, BACON WITH A
SIDE OF BUTTER

MORNING FAVOURITES

AVAILABLE ALL DAY

PANCAKES

ALL PANCAKES ARE TOPPED WITH ICING SUGAR



**BACON &
MAPLE SYRUP**
2 PANCAKES, BACON,
MAPLE SYRUP &
BUTTER
18.5

CLASSIC PANCAKE
2 PANCAKES, MAPLE
SYRUP, BUTTER &
ICING SUGAR
14.5

BERRIES PANCAKE
2 PANCAKES, BERRIES
COMPOTE, WHIPPED
CREAM, & MAPLE
SYRUP
16.8

CHOCO-CHIPS
2 PANCAKES, CHOC-CHIPS,
CHOCOLATE SYRUP, MINI
MARSHMALLOWS & CHOC-
ICE CREAM
17.0

MORNING WRAPS



BREKKIE WRAP
MEAT PATTY, EGG, BACON,
HASH-BROWN, CHEESE AND
HOUSE BBQ SAUCE
18.20

VEGGIE WRAP
VEGGIE PATTY, MIXED LEAF,
RED ONIONS, AIOLI SAUCE
16.95

TOASTIES

MADE WITH WHITE BREAD AND AMERICAN CHEESE, SERVED ON ITS OWN
ADD A SIDE OF CHIPS FOR +3.0

CHEESE 7.5 GFO | V

CHEESE & TOMATO 8.4 GFO | V

HAM & CHEESE 9.9 GFO

HAM, CHEESE & TOMATO 10.6 GFO

BACON, CHEESE & EGG 12.5 GFO



**Kids
Brekkie**

**KIDS
PANCAKE**
12.0

**CHEESE
TOASTIE**
7.5

**BACON, EGG &
HASHBROWN**
12.0

SMALL BITES

BANANA BREAD 4.9
SERVED WITH BUTTER

RAISIN TOAST 2.95
SERVED WITH BUTTER

HASH-BROWNS 3.5

WHITE BREAD TOAST 2.5
SERVED WITH BUTTER

ADD ONS

BACON 3.50
FRIED EGG 2

MAPLE SYRUP 2.5
HOUSE-MADE BBQ 2.5

CRAZY
SHAKE 400

17.75



Hello
Kitty

Cookie
Monster



Dr Ems
Brown



Biscoff Bliss



Mango D'
Coco



Caramel
Pop



Wacky
Wafer



Believe in
Magic

CLASSIC SHAKE 9.7

CHOCOLATE, STRAWBERRY, VANILLA,
BUBBLE GUM, HOKEY POKEY, MANGO, BANANA,
SPEARMINT, MOCHA, OREO, COFFEE, BISCOFF



SMOOTHIES

\$9.3



BIG 5
PINEAPPLE,
MANGO, KIWI,
APPLE &
STRAWBERRY



**STRAWBERRY
SPLIT**
STRAWBERRY
& BANANA



AVO GO-GO
AVOCADO, BROCCOLI,
SPINACH, MANGO,
COCONUT,
GINGER & LIME



**BERRY GO
ROUND**
BLACKBERRY,
RASPBERRY
&
STRAWBERRY

COFFEE



CAPPUCINO	CUP - 4.70	MUG - 5.60
FLAT WHITE	CUP - 4.70	MUG - 5.60
LATTE	CUP - 4.70	MUG - 5.60
LONG MACH	CUP - 5.60	MUG - 6.70
LONG BLACK	CUP - 4.70	MUG - 5.60
MOCHA	CUP - 4.90	MUG - 5.90
CHAI LATTE	CUP - 5.00	MUG - 5.95
HOT CHOCOLATE	CUP - 4.95	MUG - 5.95

DOUBLE ESPRESSO	4.00
MACCHIATO	4.40

ICED LONG BLACK	5.95
ICED LATTE	5.95
ICED MOCHA	9.95
ICED COFFEE	9.50
ICED CHOCOLATE	8.50
ICED CHAI	8.50

POT OF TEA

GREEN TEA	4.50
EARL GREY	4.50
PEPPERMINT	4.50
ENGLISH BREAKFAST	4.50
LEMONGRASS & GINGER	4.50



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