

## BRUNCH

### TOAST WITH BUTTER AND CONDIMENTS

Sourdough (856kJ)	7
Soy Linseed (1419kJ)	7
Gluten Free (856kJ)	8
Fruit Loaf with Honey (2010kJ)	8

Served with strawberry jam (150kJ) / peanut butter (273kJ) / Vegemite (35kJ) / **Add extra condiment +0.5**

### EGGS AS YOU LIKE <sup>v</sup> <sup>GFOR</sup> 14

Served on sourdough toast (see extras)  
Poached (1540kJ) / Scrambled (2000kJ) / Fried (2090kJ)

### BREKKIE BURGER 16

Bacon, fried egg, hash brown, lettuce, homemade tomato relish, tomato and aioli on a brioche bun (2790kJ)

**Swap bacon to grilled halloumi cheese upon request (2740kJ)**

**Add cheese (+276kJ) +1 / Add avocado (+994kJ) +2 /**

**Wrap option available**

### GRANOLA YOGURT BOWL <sup>v</sup> 18

Poached strawberries and rhubarb, homemade baked granola, Greek yogurt, berries, rose petals (2600kJ)

### ULTIMATE BREAKFAST WRAP 19

Grilled chorizo, scrambled eggs, hash brown, lettuce, tomato salsa, homemade spicy mayo, pickle, mozzarella cheese, wrapped in a spinach tortilla (2460kJ)

### CRUSHED AVOCADO ON TOAST <sup>v</sup> 22

Slow roasted cherry tomato, parsley, whipped Persian fetta, homemade chilli oil, pickled eschalots, poached eggs, toasted sourdough (2330kJ)

### TURKISH EGGS 22

Grilled pork chorizo, slow roasted cherry tomato, poached eggs, lemon & dill labneh, Aleppo butter, toasted focaccia (3530kJ)

### TEMPURA CORN FRITTERS <sup>v</sup> 22

Tempura corn fritters, smashed cucumber salad with asian style spicy soy dressing, tomato relish, avocado, whipped Persian fetta, poached egg, soft herbs, parmesan snow (2530kJ)

### GREEN GODDESS OMELETTE <sup>v</sup> 22

Asparagus, broccolini, baby spinach, eschalot, garlic, chimichurri, soft herbs, toasted focaccia, parmesan snow (2480kJ)

### TRUFFLE MUSHROOM BRUSCHETTA <sup>v</sup> 22

Mushrooms, avocado, parsley, eschalots, garlic, thyme, truffle butter, whipped Persian fetta, fried egg, chilli oil, on a toasted focaccia (2690kJ)

### MORE MENUS ON THE BACK >>

### CHILLI SCRAMBLED EGGS ON CRUMPET <sup>v</sup> 22

Slow braised eggplant relish, chilli oil, pan roasted tomato, parsley, grilled halloumi, toasted coconut, soft herbs, toasted sourdough crumpet (2860kJ)

### COASTAL CRUMPET DELIGHT 24

Toasted sourdough crumpet topped with smoked salmon, sliced avocado, red onion, soft boiled egg, lemon & dill labneh, fine herbs (2600kJ)

### GARLIC PRAWN OMELETTE 25

Sauteed prawns, asparagus, garlic, roasted cherry tomato, eschalot, mozzarella cheese, napolitana sauce, parsley, toasted focaccia (2420kJ)

### EGGS BENEDICT 25

Poached eggs, crushed avo, sauteed spinach, hollandaise, toasted sourdough crumpet, fine herbs

**Choice of Salmon (2630kJ) / Bacon (3370kJ) / Halloumi <sup>v</sup> (3260kJ)**

### BREAKFAST GNOCCHI 26

Homemade potato gnocchi, roasted tomato, pork chorizo, chilli, parsley, parmesan snow, poached egg (2810kJ)

**Swap the chorizo for chicken (2530kJ)**

### BIG BREAKFAST 26

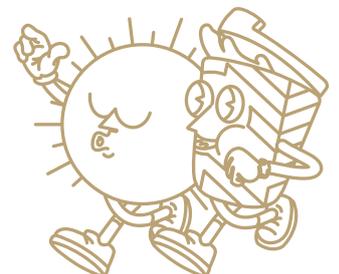
Two eggs your way, grilled pork chorizo, bacon, hash browns, crushed avo and roasted mushrooms with toasted sourdough (4440kJ)

### LEAF BREKKIE <sup>v</sup> 26

Two poached eggs, grilled halloumi, hash browns, mushrooms, Sauteed spinach, crushed avocado and roasted tomato with toasted sourdough (3530kJ)

### EXTRAS

AIOLI SAUCE (414KJ) / CHILLI OIL (287KJ)	1
HOLLANDAISE SAUCE (414KJ) / HASH BROWN (553KJ)	3
POACHED EGG (345KJ)	3.5
SAUTEED SPINACH (251KJ) / MUSHROOMS (160KJ) / AVOCADO (994KJ) / HAM (453KJ)	4
GRILLED BACON (1310KJ) / PORK CHORIZO (1310KJ) / GRILLED HALLOUMI (722KJ)	6
GRILLED CHICKEN (718KJ) / SCRAMBLED EGGS (734KJ) / SMOKED SALMON (561KJ)	7
POTATO CHIPS (1192KJ)	8
SWEET POTATO CHIPS (809KJ)	11



## BURGERS, SANDWICHES AND MORE

### TOASTIES

Cheese & Tomato V (1830kJ)	10
Ham & Cheese (2010kJ)	11
Ham Cheese & Tomato (2060kJ)	13
Grilled Chicken, Cheese & Avocado (3110kJ)	16

### GRILLED HALLOUMI WRAP V 19

Roasted pumpkin, avocado, crispy chickpeas, raisins, tomato salsa, eggplant, coriander, grilled halloumi, shredded lettuce, aioli in a spinach wrap (2100kJ)

### FAJITA CHICKEN & SALAD WRAP 19

Marinated fajita chicken, grilled peppers, onion, avocado, tomato salsa, baby cos, mozzarella cheese, and homemade spicy mayo (mild) in a spinach wrap (2410kJ)

### CHICKEN KATSU SANDO 24

Panko crumbed chicken breast, shredded lettuce, chives, Kewpie mayo, and Japanese BBQ sauce served on milk loaf bread, with a side of chips (5830kJ)

### VEGETARIAN BURGER V 23

Grilled halloumi cheese, tempura corn fritter, lettuce, tomato, caramelised onion & mushroom relish, aioli, served on a brioche bun with a side of chips (4530kJ)

### GRILLED BEEF CHEESEBURGER 25

Homemade beef patty, homemade tomato relish, lettuce, tomato, pickle, melted cheddar cheese, grilled bacon and special burger sauce served on a brioche bun, with a side of chips (6140kJ)

## SALADS

### SUPERFOOD SALAD V GFOR 22

Corn, avocado, onion, chilli, tomato, crispy chickpeas, kale, edamame, cous cous, roasted pumpkin, toasted seeds, honey mustard dressing (2060kJ)

### GARLIC PRAWNS, AVOCADO & CORN SALAD 25

Pan-roasted garlic prawns, shredded lettuce, corn, avocado, edamame, sundried tomato, peanut chilli crunch, carrots, red onion, roasted sesame dressing (2530kJ)

### GRILLED CHICKEN HARVEST BOWL 26

Grilled marinated chicken fillet, boiled eggs, avocado, sweet harvest corn, tomato, red onion, Persian feta, charred broccolini, fresh parsley, creamy garlic dressing (3640kJ)

## MAINS AND DESSERT

### FISH & CHIPS 22

Crispy battered flathead fillets, chips, house salad, lemon and tartar sauce (3330kJ)

### CHICKEN SCHNITZEL 23

Panko crumbed chicken breast fillet, house salad, chips, creamy mushroom sauce (3780kJ)

**Make it Parmi add +3** (Topped with napolitana sauce, ham, and mozzarella)

### SPECIAL CHICKEN FRIED RICE 24

Brown rice, marinated chicken, seasonal veggies, shallots, chilli, furikake, Kewpie mayo, homemade special sauce (2371kJ)

### CREAMY MUSHROOM PASTA V 26

Creamy mixed mushroom ragu sauce, eschalots, garlic, parsley, parmesan snow, spaghetti, truffle oil (3350kJ)

**Add chicken (+718kJ) +7**

### SPICY GARLIC PRAWN SPAGHETTI 32

Sauteed prawns, eschalots, garlic, chilli, roasted cherry tomato, white wine, napolitana, parsley, XO crumb (3300kJ)

### PISTACHIO FRENCH TOAST V 22

Whipped vanilla mascarpone, seasonal berries, pistachio brittle, vanilla ice cream, pistachio glaze, rose petals (5200kJ)

### BERRIES & NUTS PANCAKE V 22

Seasonal berries, vanilla ice cream, mixed caramelised nuts, toasted coconut, whipped vanilla mascarpone and genuine maple syrup (3700kJ)

**Add extra ice cream (+645kJ) +3**

### FOR THE LITTLE ONES

 available for 12 and under 😊

### KID'S CHICKEN NUGGETS 12

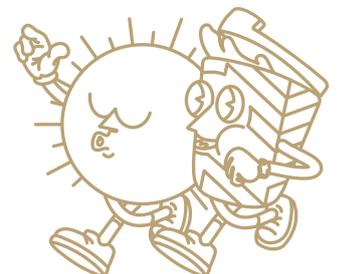
With chips and tomato sauce (2650kJ)

### KID'S PIKELETS 12

With seasonal fruits and ice cream (2160kJ)

### KID'S CHEESEBURGER 16

Grilled beef patty, cheese, BBQ sauce and chips (4550kJ)



## BREW BAR

### COLD DRIP COFFEE | SINGLE O 7.5

A slow, four to six hour extracted coffee. Sweet, liquor-like flavour with low acidity. Sold in a bottle. Served on ice. (2kJ)

### ESPRESSO | UPSIZE +0.8

Ristretto | Single O (2kJ) / Short Black | Single O (2kJ) 4.5

Long Black | Single O (4kJ) / Macchiato (61kJ) / 5.0

Piccolo (197kJ) / Flat White (451kJ) / Latte (541kJ) /

Cappuccino (451kJ)

### SPECIALTY | UPSIZE +0.8 5.2

Chai Latte (910kJ) / Taro Latte (1470kJ) /

Green Tea Latte (929kJ) / Red Velvet Latte (1530kJ)

### BELGIAN HOT CHOCOLATE | UPSIZE +1.5 6.2

We use Belgian couverture chocolate, high-quality chocolate that contains a higher percentage of cocoa.

White (979kJ) / Milk (1250kJ) / Dark (1080kJ)

### MOCHA | UPSIZE +1.5 6.2

We use Belgian couverture chocolate, high-quality chocolate that contains a higher percentage of cocoa.

White (937kJ) / Milk (933kJ) / Dark (924kJ)

### BABYCINO (133kJ) 2

#### EXTRAS

Decaf (2kJ) / Extra Shot (2kJ) +0.6

Almond Milk (231kJ) / Soy Milk (361kJ) / +0.8

Oat Milk (413kJ)

FLAVOUR | Caramel (270kJ) / Hazelnut (274kJ) / +0.8

Vanilla (274kJ) / Mint (280kJ)

Whey Protein Powder (502kJ) +2.5

### ORGANIC LOOSE LEAF TEA 5.2

Temperature controlled, brewed to perfection.

#### GOOD MORNING

Our luxurious take on English Breakfast Tea (2kJ)

#### EARL GREY BLUEFLOWER

Ceylon Orange Pekoe Black Tea infused with bergamot (2kJ)

#### GENMAICHA (KYOTO JAPAN)

Brothy Kyoto Green Tea with toasted rice (2kJ)

#### SILVER JASMINE (ZHEJIANG)

Silver Tipped Green Tea, infused with jasmine blossoms (2kJ)

#### DOUBLE MINT

Mint & spearmint, lavender and fennel seeds to aid digestion (2kJ)

#### LEMONGRASS GINGER

Lemongrass and ginger blend to restore minerals (2kJ)

#### CHAMOMILE LAVENDER

A floral bouquet with sweet honey notes that soothe (2kJ)

#### MASALA CHAI

Authentic Indian recipe of spices with Assam Tea base & honey (465kJ)

## CHILLED BAR

### ICED ESPRESSO

Iced Long Black | Single O (4kJ) / Iced Latte (1050kJ) 6.6

Iced Coffee (1450kJ) 7.6

Affogato (729kJ) 7

### BLENDED 8.8

Coffee (1700kJ) / Chai Latte (910kJ) /

Green Tea Latte (908kJ) / Taro Latte (1020kJ) /

Red Velvet Latte (1020kJ)

### BLENDED CHOCOLATE 10

White (3020kJ) / Milk (2957kJ) / Dark (2900kJ)

### BLENDED MOCHA 10

White (2110kJ) / Milk (2100kJ) / Dark (2080kJ)

### HANDCRAFTED SODA 7

New Zealand Golden Kiwi & Mint (860kJ) / Lychee (712kJ) /

Cranberry & Lime (759kJ)

### KOMBUCHA & ORGANIC ICED TEA | 350ML

#### RUBY KOMBUCHA 7

Grapefruit and hibiscus (105kJ)

#### ZEST KOMBUCHA 7

Lemon and chrysanthemum (105kJ)

#### SUNNY MORNING 6.5

Ceylon Orange Pekoe Tea with fresh lemon juice & mint (428kJ)

#### HIBISCUS DAWN 6.5

Liquid Turkish delight (307kJ)

### COLD PRESSED JUICE | 350ML 8

#### STRAIGHT OJ

Freshly pressed orange juice (420kJ)

#### CLEAN & GREEN

Apple, pear, spinach & kale (581kJ)

#### MELLOWBERRY

Watermelon & strawberry (466kJ)

### FRUITY SMOOTHIE 9

#### AÇAÍ <sup>DF</sup>

Açaí, guarana, banana (1525kJ)

#### PASSION TANGO <sup>DF</sup>

Pineapple, passionfruit & mango (1330kJ)

#### SUMMER SUNSET <sup>DF</sup>

Pineapple, mango, strawberry & kiwi (1330kJ)

#### MATCHA GREEN

Coconut yoghurt, mango, matcha green tea powder (475kJ)

### PROTEIN SHAKE | WITH ALMOND OR OAT MILK 11.5

#### THE ENERGISER | 29G PROTEIN

Kiwi, spinach, avo, pineapple, coconut, banana, chia seed

Almond (1881kJ) / Oat (2069kJ)

#### BERRY BOOST | 32G PROTEIN

Açaí, guarana, banana, chia seed

Almond (2322kJ) / Oat (2510kJ)

### MILKSHAKE 7

Chocolate (1690kJ) / Vanilla (1540kJ) / Salted Caramel (1470kJ)

/ Strawberry (1550kJ) / or Banana (1290kJ)

WHEY Protein (502kJ) +2.5 / Make it a THICKSHAKE (1290kJ) +2.5

<sup>DF</sup>dairy free • The average adult daily energy intake is 8700kJ

• Sorry, we can't remove or swap ingredients • 15% public holiday surcharge