

# EARLY, MID, LATE MORNING



**Crunchy Granola w Yoghurt & Fruit / 16.9**

**French Toast w Fresh Berries & Gelato / 20.9**

**Fresh Farm Eggs (800g) / 13.5 + Bacon 6**

*Your choice of eggs, heirloom tomatoes with sourdough toast.*

**Turkish Eggs / 15.0 + Chorizo 6**

*Two poached eggs, served over a delicious garlicky yogurt, and finished with a warm red chilli butter olive oil sauce, with organic dough.*

**Breakfast Taco 17.5**

*Soft tortilla filled with fluffy scrambled eggs, top it with salsa, sour cream, guacamole and parmesan.*

**Add Bacon (or Chorizo) +6**

**Add Roast Beef +6**

**Add Smoked Salmon +7**

**Omelette w Sourdough / 21.5**

- *green omelette, feta & pesto*

- *bacon, tomato, onion & spinach*

**Breakfast Bruschetta / 24.5**

*Fresh avocado, tomato, onion & persian feta on sourdough, topped with two poached free range eggs, finished with homemade pesto sauce.*

**Vegetarian Munchskins/ 25.5**

*Poached eggs baked in potato skins with hollandaise sauce, cherry tomato, grilled mushrooms, avocado and halloumi cheese & sourdough.*

**Bacon Eggs Benedict 27.5**

*Two poached free range eggs served on a brioche bread with bacon, avocado, fresh leaves, topped with hollandaise sauce.*

**Big Breakkie/ 27.5**

*Grilled bacon, chorizo, grilled mushroom, tomato with two poached free range eggs, a hashbrown & sourdough toast.*

**SIDES (Each)**

**Bacon, Chorizo, Halloumi, Avocado. + 6 Smoked Salmon. + 7**

## WITH BOTH HANDS



### **Beef Burger / 16.5**

*Premium beef patty, grilled bacon, onion, lettuce, tomato, cheese & bbq sauce.*

### **Chicken Schnitzel Burger or Wrap / 15.5**

*Chicken schnitzel, american cheese, tomato, leaves & aioli.*

### **Chicken Avo Sandwich Or Wrap / 15.5**

*Grilled chicken breast, avo, feta cheese, leaves, sweet mayo.*

### **Halloumi Bagel/ 15.5**

*Halloumi, avocado, tomato, rocket lettuce*

### **Smoked Salmon Bagel/ 18.5**

*Smoked salmon, a poched egg, cream cheese, baby capers with leaves*

### **Vego Sando/ 13.5**

*Grilled zucchini, capsicum, pumpkin, rocket, brie & pesto*

### **Prosciutto Pesto Focaccia / 15.5**

*Prociutto, tomato, homemade pesto, feta & spinach.*

### **Pastrami Focaccia/ 15.5**

*Smoked pastrami, provolone cheese, seasoned lettuce, pickles, aioli.*

### **Smoked Salmon Focaccia / 18.5**

*Smoked salmon, avo, bocconcini & fresh leaves.*

### **Steak Sandwich / 18.5**

*Grilled premium beef steak, onion, cheese, lettuce, tomato & bbq sauce on bread.*

### **Side Chips or Side Salad + 5.0**

## Green, Fresh & Healthy



### **Halloumi Salad / 19.9**

**Add chicken breast + 6**

*Grilled halloumi, roasted pumpkin, mushroom, avocado, mixed garden salad with dressing.*

### **Chicken Caesar Salad / 22.5**

*Cos lettuce topped with crispy prosciutto, parmesan cheese, boiled egg, grilled marinated chicken breast, drizzled with caesar dressing*

### **Thai Beef Salad / 23.5**

*Grilled beef fillet on a mixed salad, served with a Thai style dressing of sweet, sour, lemon grass, and mildly spicy flavours.*

### **Chicken Parmi / 25.5**

*Crumbed chicken breast baked in napolitana sauce with ham, mozzarella cheese, sided with chips & garden salad.*

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## COFFEE

cappuccino, latte, flat white, mocha,  
hot chocolate, chai latte.

long black, macchiato, piccolo / 4.5

espresso / 3.5

affogato / 7.0

*Size upgrade, decaf, soy, almond,  
extra shot, coffee syrup add + 50c*

## TEA POT / 5.0

english breakfast, earl grey, pepper-  
mint,

chamomile & lemongrass.

## FRESH JUICE / 8.0

Simple Orange

Detox: carrot, pineapple ginger

Green Booster: cucumber, spinach & apple.

*D.I.Y. / Create your own by choosing from a mix of any  
three of orange, apple, lemon, carrot, cucumber, ginger  
& spinach*

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## ICED

Iced latte, Iced long black / 6

Iced coffee (with gelato & cream) / 8.5

Iced mocha (with gelato & cream) / 8.5

Iced chocolate (with gelato & cream) / 8.5

## SHAKE

Sorbet Smoothies / 9.5

banana / strawberry / mango.

Gelato Milkshakes / 8.5

chocolate, strawberry, caramel,

banana & vanilla

Gelato Thickshake / 11.5

## PROTEIN SHAKE

Espresso Shake: protein, milk, & ice/ 10.9

Mad Berry: protein, acai, skim milk,

yoghurt & mixed berry/ 13.9

Super Green: protein, avocado, cucumber,

spinach, apple juice/ 13.9

Mango Bliss: protein, mango, banana,

almond milk/ 13.9

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