

POKED BOWLS

Pick your base from our selection:
All bowls can be made gluten-free

- Organic Black & Sushi Rice
- Brown Rice
- Salad
- Soba Noodles **+12 G**
- Cauliflower Quinoa **+12**



I LAVA SPICE

- Sashimi Salmon • Pickled Cabbage
- Lemon Pepper Edamame • Jalapeno
- Sweet Potato Mash • Spicy Mayo
- Wonton chips • Japanese Spice

S 15.95 R 17.95



VEGIE VIBES

- Eggplant • Lemon Pepper Edamame
- Shredded Carrot • Wonton Chips
- Sweet Potato Mash • Sesame Mayo
- Pickled Cabbage

S 14.95 R 16.95



SLOW-COOKED BEEF

- Slow-Cooked Beef • Wonton Chips
- Lemon Pepper Edamame • Teriyaki Sauce
- Charred Sweet Corn • Sesame Mayo
- Pickled Cabbage

R 17.95



HULA HULA CHOOK **GF**

- Chicken Breast • Crispy Shallots
- Charred Sweet Corn • Cucumber
- Pickled Cabbage • Pineapple Teriyaki
- Lemon Pepper Edamame

S 14.95 R 16.95



THE BIG KAHUNA

- Sashimi Salmon • Cooked Prawns
- Pickled Cabbage • Seaweed Salad
- Lemon Pepper Edamame • Crab Salad
- Cucumber • Wonton Chips • Hawaiian Soy

R 18.95



BEAN ME UP **GF**

- Organic Tofu • Seaweed Salad
- Cucumber • Crispy Shallots
- Slaw Mix • Hawaiian Soy

S 14.95 R 16.95



OPEN SESAME

- Chicken Breast • Sweet Potato Mash
- Lemon Pepper Edamame • Wonton Chips
- Charred Sweet Corn • Pickled Cabbage
- Sesame Mayo

S 14.95 R 16.95



THE HAWAIIAN

- Sashimi Salmon • Slaw Mix
- Seaweed Salad • Cucumber
- Wonton Chips • Hawaiian Soy

S 15.95 R 17.95



FIERY MEATLOVER

- Chicken & Slow Cooked Beef
- Lemon Pepper Edamame
- Slaw Mix • Pickled Cabbage
- Wonton Crisps • Spicy Mayo

R 17.95

DESIGNED BY YOU

STEP 1

CHOOSE YOUR SIZE

- Small **\$14.95**
 - Regular **\$16.95**
- 1 Protein and 4 Toppings 2 Protein and 5 Toppings

STEP 2

CHOOSE YOUR BASE

- Brown Rice
- Organic Black & Sushi Rice
- Soba Noodles **+12 G**
- Premium Hussey Farm Mixed Leaf Salad
- Cauliflower Quinoa **+12**

STEP 3

CHOOSE YOUR PROTEIN

- Chicken
- Tofu
- Eggplant **G**
- Beef **+11**
- Prawn **+11**
- Salmon **+11**
- Fried Tofu **+12 G**
- Wagyu **+14**
- Veggie Katsu **+14 G**
- Chicken Katsu **+14 G**

STEP 4

CHOOSE YOUR SAUCE

- Hawaiian Soy
- Spicy Mayo
- Traditional Shoyu
- Truffle Mayo
- Pineapple Teriyaki
- Sesame Mayo **G**
- Curry Sauce **+11 G**

STEP 5

CHOOSE YOUR TOPPINGS

- Cucumber
- Jalapenos
- Pickled Ginger
- Crispy Shallots
- Seaweed Salad
- Pickled Cabbage
- Lemon Pepper Edamame
- Charred Sweet Corn
- Sweet Potato Mash
- Shredded Carrots
- Wonton Chips **G**
- Crab Salad **+11  G**
- Mac Salad **+11 G**
- Avocado **+12**

G Contains Gluten

ADD MISO SOUP \$3

COCONUT CURRIES

CHICKEN KATSU

\$20.95

Thick-cut 200g golden and crispy katsu

VEGGIE KATSU

\$20.95

Crispy savory soybean katsu

FRIED TOFU

\$20.95

Lightly battered silken tofu

SLOW COOKED BEEF

\$20.95

Slow cooked in a light teriyaki glaze

Served with sweet potato mash, lemon pepper edamame, pickled ginger and crispy shallots

SEARED WAGYU

TRUFFLE

\$20.95

Sesame-seasoned with a rich creamy truffle mayo

SPICY

\$20.95

House-made gochujang-style marinade with a spicy mayo

BLACK PEPPER

\$20.95

Sesame-marinated with a bold cracked pepper

PROTEIN PACK

\$24.95

Double your gains - double the protein

Served with pickled cabbage, lemon pepper edamame, charred sweet corn and wonton chips

PLATE LUNCHES

KINGS KATSU

\$22.95

Chicken katsu dipped in a sticky soy glaze

THE BEEF BROTHER

\$22.95

A slow cooked beef cooked through teriyaki style sauce

TOFU TATA

\$22.95

Soft silken tofu fried in a light tempura

Served with sweet potato mash, mac salad, pickled cabbage and wonton chips

PREMIUM SANDO

CHICKEN OR VEGGIE

\$17.50

• Soft Japanese Milk bread • Teriyaki Mayo
• Mustard • Pickled Cabbage • Salad

CRAB SALAD SANDO

\$14.95

• Soft Japanese Milk bread • Creamy Crab Salad

SIDES

POTATO GEMS

\$5.00

MISO

\$3.00

WONTON CHIPS

\$3.00