

BREAKFAST

Toast	\$8
SOURDOUGH/ RYE/ SOY LINSEED AND TURKISH BUTTER/ PEANUT BUTTER/ JAM/ VEGEMITE	
Bacon egg roll	\$13
TOASTED BUN, GRILLED EGG, BACON, TASTY CHEESE AND BBQ SAUCE	
Halloumi and egg roll (v)	\$14
TOASTED BUN, GRILLED HALLOUMI, FRIED EGG AND MAYO	
Eggs your way	\$14
POACHED, SCRAMBLED OR FRIED ON SOURDOUGH	
Acai bowl (v)	\$22
SEASONAL FRUIT, GRANOLA AND SHAVED COCONUT	
Avocross (v)	\$24
CROISSANT, AVOCADO SMASH, POACHED EGGS, SOFT HERB, RICOTTA SALATA	
Miso mushroom bowl (gf, vgn)	\$25
GRILLED KING MUSHROOM, SLOW COOKED SHITAKE, PORTABELLA, CASHEW CHEESE, MISO BROTH SERVED WITH SOURDOUGH	
Brulé banana bread	\$21
RICOTTA, BACON, MAPLE, BISCUIT CRUMB AND GRILLED BANANA	
Benedict (v)	\$24
POACHED EGGS, HOLLANDAISE ON SOURDOUGH, PICK YOUR TOPPING SALMON OR HAM OR SPINACH OR BACON	
Sofia stack (v)	\$25
ZUCCHINI AND CORN FRITTERS, AVOCADO, POACHED EGGS AND BEETROOT RELISH	
Ricotta toast	\$16
WHIPPED RICOTTA ON DARK RYE WITH HONEY AND TOASTED PEPITA	
Menemen eggs (v)	\$24
POACHED EGGS IN TOMATO AND CAPSICUM SAUCE WITH FETTA, OLIVES, SERVED WITH SOURDOUGH	
Vegetarian plate	\$27
EGGS YOUR WAY, ROASTED TOMATO, HALLOUMI, AVOCADO, MISO MUSHROOM, SPINACH, HASHBROWN, HUMMUS AND BEETROOT RELISH, SERVED WITH SOURDOUGH	
Big breakfast	\$27
EGGS YOUR WAY, ROASTED TOMATO, SPINACH, MISO MUSHROOM, HALLOUMI, BACON, AVOCADO, HASH BROWN, SERVED WITH SOURDOUGH	

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LUNCH

Fried chicken burger	\$25
PICKLED DAIKON, CRISPY GEM LETTUCE, TOMATO, RED ONION, GOCHUJANG MAYO ON A TOASTED BUN WITH CHIPS	
Ruben sambo	\$25
SLICED CORNED BEEF, PICKLES AND KRAUT, TASTY CHEESE, RED ONION AND MUSTARD SAUCE ON DARK RYE, SERVED WITH CHIPS	
Lamb wrap	\$16
PULLED LAMB, HALLOUMI, SUMAC YOGHURT, CRISPY GEM LETTUCE, RED ONION	
Chicken and avocado wrap	\$16
GRILLED CHICKEN, GREEN YOGHURT, CRISPY GEM LETTUCE AND AVOCADO	
Green goddess bowl (v) – pick your protein	\$25
AVOCADO, LETTUCE, CUCUMBER, BRASSICA, PEPITAS, CHIVES, GODDESS DRESSING	
Soba noodle – pick your protein	\$25
SOBA NOODLES, MISO MUSHROOMS, SPINACH, KRAUT AND ZUCCHINI ADD PROTEIN SALTED LEMON CHICKEN \$5/ HALLOUMI \$5/ PULLED LAMB \$5.5	
Chips	\$8
Add ons	
EGGS - POACH/ FRIED/ SCRAMBLED	\$3.5
BACON	\$5
HAM	\$4
SPINACH	\$4
HASH BROWNS	\$5
MISO BRAISED MUSHROOMS	\$4.5
SALTED LEMON CHICKEN	\$5
SMOKED SALMON	\$5.5
AVOCADO	\$5
HALLOUMI	\$5
ROAST TOMATO	\$4

15% surcharge on public holidays.



Coffee	S	L
ESPRESSO	\$4	
PICCOLO/ MACCHIATO	\$4	
CAPPUCCINO /LATTE/ FLAT WHITE	\$4.5	\$5
LONG BLACK	\$4.5	\$5
HOT CHOCOLATE	\$4.5	\$5.5
MOCHA	\$5	\$6
CHAI LATTE	\$5	\$6
BATCH BREW	\$5	
COLD BREW	\$6	

Extras

ALMOND/ SOY/ LACTOSE-FREE/ OAT	\$0.80
EXTRA SHOT/ DECAF HAZELNUT/	\$0.80
VANILLA/ CARAMEL SYRUP	\$1

Iced

	S	L
ICED LONG BLACK	\$5	\$6
ICED LATTE	\$5.5	\$6.5
ICED CHOCOLATE	\$5.5	\$6.5
ICED MOCHA	\$6	\$7

Tea

	\$6
ENGLISH BREAKFAST	
EARL GREY	
AUSTRALIAN GREEN TEA	
PEPPERMINT	
LEMONGRASS & GINGER	
CHAI TEA	\$7

Fruit whips (non-dairy)

	\$9
MIXED BERRY & MANGO MANGO,	
PINEAPPLE & PASSIONFRUIT BANANA,	
STRAWBERRY & MANGO WATERMELON,	
MINT, STRAWBERRY & MANGO	

Milkshakes

	S	L
STRAWBERRY	\$7	\$8
CHOCOLATE		
VANILLA CARAMEL		

Freshly squeezed juice

	S	L
ORANGE	\$6	\$7
PARADISE - APPLE, PINEAPPLE & ORANGE	\$7	\$8
GREEN MACHINE - CUCUMBER, CELERY, APPLE, SPINACH & MINT	\$8	\$9
WATERMELON, APPLE, LYCHEE & MINT	\$8	\$9

Smoothies

	\$9
ALL BERRY - MIXED BERRIES, ICE CREAM, YOGURT & MILK	
BANANA BOO - BANANA, ICE CREAM, MILK, YOGHURT & HONEY	
WATERMELON DELIGHT - WATERMELON, STRAWBERRY, ICE CREAM, YOGHURT & MILK	
BISCOFF DREAM - BISCOFF, BANANA, COFFEE, ICE CREAM & MILK	

Cold drinks

COKE/ COKE ZERO /SPRITE /FANTA	\$5
BOTTLED WATER	\$4
SPARKLING WATER	\$7

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