

ALL DAY BREAKFAST

PLEASE ORDER & PAY AT COUNTER

SWEET SUNSHINE

ACAI BOWL _____ \$20 (V)

Organic amazon acai, granola, chia seed, coconut, and seasonal fruit

Add Peanut Butter \$3

BISCOFF PANCAKE _____ \$21

Biscoff spelt, vanilla ice-cream, and seasonal fruits, biscoff crumbs and drizzle with maple syrup.

FRENCH TOAST _____ \$23

Fluffy brioche French toast, seasonal fruits, vanilla ice cream, crushed pistachios, Nutella, and maple syrup.

HEALTHY GLOW PLATE _____ \$18

One slice of sourdough, Avocado, one sunny side egg, seasonal fruits seasoning with fresh Herbs.

FROM GARDEN TO OVEN

OUR SIGNATURE BREAKFAST BREAD

SOURDOUGH BREAD X 2 _____ \$7

Toasted and served with your choice of Butter, Vegemite, Peanut Butter, Nutella, Strawberry Jam or Honey

GLUTEN FREE BREAD X 2 _____ \$8

Toasted and served with your choice of Butter, Vegemite, Peanut Butter, Nutella, Strawberry Jam or Honey

TURKISH RAISIN TOAST X 2 _____ \$10

Thin- sliced Turkish Raisin Loaf Toasted & Served with Butter.

HIDDEN SAVOURY FLAVOURS

BUD BIG BREAKFAST _____ \$27

2 free range eggs your way, double bacon, mushrooms, spinach, golden hashbrowns, smoky grilled chorizo, smashed avocado, and roasted tomato, served with toasted sourdough.

CHILLY MUSHROOM _____ \$23

Mushrooms with chilli, onion, Capsicum and Mexican herbs, scrambled eggs on sourdough with avo, house-made roasted capsicum and cashew spread. Topped with dukkah, fried shallots, Cherry Tomato, Pomegranate, snow pea tendrils.

SMASHED AVOCADO _____ \$23

Smashed avocado, house made beetroot hummus, cherry tomato, pomegranate, strawberries, Watermelon Radish and poached egg on sourdough, topped with feta, Italian glaze, and sesame seeds.

OPEN
7 DAYS



FIND US ON



EGGS YOUR WAY! \$15

Two poached, scrambled or fried free range eggs with roast tomato served on sourdough toast with butter

MAKE IT A BIG BREAKFAST

Halloumi	\$5.5	Mushrooms	\$4.5	Bacon (2x)	\$6
Spinach	\$4	Feta	\$4	HashBrowns (2x)	\$5.5
Avocado	\$4.5	Chorizo	\$6	Smoked Salmon	\$6
Roasted Tomato	\$4	Egg	\$3	Chicken	\$6
Prawn	\$8				

These sides can be added to any item on the menu.

HALLOUMI STACK _____ \$23

Roasted cauliflower, Grilled Halloumi, sliced avocado, poached egg and roasted tomato served with home-made baba ganoush spread, topped with Cherry Tomatoes, Pomegranate, snow pea tendrils, fresh herbs, Sesame seeds, drizzled with italian glaze and side of lemon wedges for a zesty finish

Add 1 Slice of Sourdough \$2

FAMOUS EGGS BENEDICT _____ \$23

2 poached eggs served on toasted sourdough with smoked ham, baby spinach, and cherry tomatoes. Topped with hollandaise sauce and finished with a sprinkle of pomegranate sesame seeds and fresh green herbs.

Swap Ham with Bacon or Salmon \$4

PULLED BRISKET BENNY _____ \$24

12-hour house slow-cooked pulled beef with caramelized onions, spinach, and free range poached eggs on buttery croissant, topped with creamy hollandaise, pomegranate, Sesame seeds, fried shallots, cherry tomatoes and fresh herbs.

CHILLI & CHORIZO SCRAMBLED EGGS. _____ \$23

Chilli scrambled eggs served on a buttery croissant with crispy chorizo, housemade roasted capsicum & cashew spread, corn & coriander salsa, pomegranate, cherry tomatoes, fried shallots, and Parmesan cheese.

CORN, KALE & ZUCCHINI FRITTERS _____ \$22

Served with homemade beetroot hummus, tomato salsa, avocado, and free range poached egg. Topped with sesame seeds, cherry tomato, pomegranate and fresh herbs.

Add Bacon \$6, Salmon \$6

BUD BLISS STACK _____ \$20

Smashed avocado, grilled halloumi, hash brown, cherry tomatoes, two poached eggs topped with hollandaise sauce, pomegranate, sesame seeds and fresh herbs

Add Mushroom \$4.5, Bacon \$6

CLASSIC BACON & EGG ROLL _____ \$14

2 rashers of smoked bacon, free range fried egg on a brioche bun with your choice of tomato or BBQ Sauce.

BREAKY BURGER _____ \$19

Double Smoked Bacon, Fried Egg, 2 Hash Brown, Cheddar Cheese, Caramelized Onion, BBQ Sauce on Brioche Bun.

SPICY BAE ROLL _____ \$17

2 Rashers of Double Smoked Bacon, 1 Hash Brown, free range Fried Egg, Cheddar Cheese, Sriracha & aioli and Crispy Shallots on Brioche Bun.

BREAKFAST WRAP _____ \$18

Scrambled egg, smashed avocado, grilled halloumi, Mix lettuce and tomato salsa on a toasted Spinach wrap.

HEALTHY BOWL _____ \$20

Served with brown rice cauliflower, pickle cabbage, avocado, cherry tomatoes, black beans, chickpeas, corn, raddish, tomato onion salsa, housemade roasted sesame miso dressing and baba ganoush.

Enhance your bowl: Chicken \$6, Salmon \$6

OMELETTES JOY

MUSHROOM OMELETTE _____ \$22

Mushroom, spinach, onions, tomatoes, capsicum, mozzarella cheese, and sourdough bread.

AUSSIE'S STYLE OMELETTE _____ \$23

Chorizo, bacon, onion, tomato, mozzarella cheese, and sourdough bread.

FLAVOURS OF THE AFTERNOON

GRILLED CHICKEN BURGER _____ \$23

Grilled chicken breast, cheese, lettuce, tomato, chipotle mayo on a brioche bun with fries.

SOUTHERN FRIED CHICKEN BURGER _____ \$23

Southern fried chicken breast, lettuce, Chipotle Mayo served on brioche bun with side of fries.

ANGUS BAY BEEF BURGER _____ \$23

Lettuce, tomato, caramelised onion, pickled, with cheese served with aioli and BBQ sauce on a brioche bun with a side of fries.

Add Egg \$3, Bacon \$3

REUBEN SANDWICH _____ \$23

12 Hour House Slow Cooked Corned Beef, Swiss Cheese, Pickled, Red Cabbage and Lettuce on Toasted Sourdough. Served with Fries.

CLUB SANDWICH _____ \$23

Charcoal Chicken Breast, Bacon, Lettuce, Avocado, Tomato, Cheese & Aioli on Toasted Sourdough. Served with Fries.

CRISPY CHICKEN WRAP _____ \$23

Lettuce, tomato onions, avocado, melted cheese, chipotle mayo, served with fries.

CHILLI PRAWNS' PASTA _____ \$26

Prawns, onion, tomato, homemade-made chilli sauce, spinach, parmesan cheese, linguine pasta.

BEER BATTERED FLATHEAD _____ \$25

Australian flathead fish served with Salad, Fries, Tartare Sauce and Lemon.

FISH TACOS (X3) _____ \$26

Beer battered flat headed fish, house- made Pico de Gallo, cabbage slaw, avocado, Tomato Salsa and Sour Cream on warm tortillas bread.

FRESH FROM THE GARDEN**PORTUGUESE CHICKEN SALAD** _____ \$26

Grilled chicken breast, mix lettuce, cucumber, corn, blackbeans, cherry tomatoes, onions, target beetroot, pomegranate, creamy fetta and house dressings drizzled with chipotle mayo

ROASTED CAULIFLOWER AVO SALAD _____ \$22

Lettuce, tomato, cucumber, onion, quinoa, chickpeas, creamy feta, pomegranate, target beetroot, roasted cauliflower, and beetroot hummus with house dressing.

Add Chicken \$6, Prawn \$8

JUNIOR GARDEN BITES**KIDS BREAKFAST** _____ \$13

Bacon, eggs your way on sourdough.

FISH & CHIPS _____ \$14

Beer Battered fish with Chips and tomato sauce.

CHEESE TOASTIES _____ \$13

Classic cheese toasties with a side of fries

CHICKEN NUGGETS AND CHIPS _____ \$13

6 chicken nuggets with a side of fries and tomato sauce.

CHEESE BURGER AND CHIPS _____ \$14

Angus beef patty, cheese, tomato sauce & chips.

PANCAKES _____ \$16

Pancakes, ice cream, fairy floss, seasonal fruits, sprinkles and maple syrup.

BOWL OF FRIES _____ \$10

Serve with Your Choice of Sauce.

SIP INTO HAPPINESS**RISTRETTO / ESPRESSO** _____ \$4**LONG BLACK** _____ \$4.5/ \$5**MACCHIATO / PICCOLO** _____ \$4**BABYCCINO** _____ \$3**FLAT WHITE / CAPPUCCINO / LATTE / CHAI LATTE /
TURMERIC LATTE / MATCHA LATTE / MOCHA /
HOT CHOCOLATE.** _____ R \$4.5 / L \$5**EXTRA SHOT/ CARAMEL/ VANILLA/ HAZELNUT/ DECAF. 50CENTS EXTRA****SOY/ ALMOND/ OAT/ LACTOSE FREE MILK 80 CENTS EXTRA****HERBAL TEAS** _____ \$5

English Breakfast / Early Grey / Green Tea / Peppermint /
Lemongrass & ginger / Spiced Chai

NATURE'S BLENDS**SMOOTHIES AND FRAPPES****BANANA SMOOTHIE** _____ \$10

with Honey, Yogurt and Milk.

MIXED BERRY _____ \$10

with Mixed Berries, Honey, Yogurt and Milk

MANGO SMOOTHIE _____ \$10

with Mango, Honey, Yogurt and Milk

ACAI SMOOTHIE _____ \$10

with Organic Brazilian Acai, Berries, Banana, Ice

TROPICAL FRAPPE _____ \$10

with Mango, Pineapple, Passionfruit and Ice.

COFFEE FRAPPE _____ \$10

2 Fresh Shorts of Espresso Blended with Ice cream, Ice and Milk and Topped with Whipped Cream

CHOCOLATE FRAPPE _____ \$10

Milk Chocolate Blended with Ice Cream, Ice and Milk, Rimmed with Chocolate and Topped with Whipped Cream

10% surcharge applies on weekends and public holidays

ICED COOL AND REFERESHING**ICED LONG BLACK** _____ \$6

2 Fresh Shots of Espresso over Iced Water.

ICED LATTE _____ \$7

2 Fresh Shots of Espresso over Iced Milk.

ICED COFFEE _____ \$10

2 Fresh Shots of Espresso with Ice and Milk. Topped with Ice Cream & Whipped Cream.

ICED CHOCOLATE _____ \$10

Milk Chocolate with Ice Cream, Ice and Milk. Topped with Ice Cream & Whipped Cream.

ICED MOCHA _____ \$10

2 Fresh Shots of Espresso and Milk Chocolate, Topped with Ice Cream & Whipped Cream.

BLOOMING SHAKES**MILKSHAKES** _____ \$9

Choice of Chocolate, Strawberry, Vanilla, Caramel Flavor's +1 Scoop of ice Cream and Whipped Cream

THICKSHAKES _____ \$11

Choice of Chocolate, Strawberry, Vanilla, Caramel Flavor's +3 Scoops Ice Cream & whipped Cream.

COFFEE SHAKE _____ \$9

Shots of Espresso shaken with Ice Cream and Milk, topped with whipped Cream.

For Daily muffins, pastries, sweets, cakes, soft drinks and juices please see our Display fridge on the front of the counter.

All our food is fresh and made in house with quality and good portion size. Our average wait for food is below 20 minutes, however during busy periods it can take upto 30 minutes. Please be Patient.

GLUTEN FREE OPTIONS AVAILABLE.

If you have any food allergies or any special dietary requirements, please inform our friendly staff.

THANK YOU