





→ At "Aao Jee" we aim to preserve and perpetuate the authentic culinary tradition of India. ↔ As a distinctive specialty restaurant, we are proud of our unique style in wonderful authentic cooking and variety...

TRADING HOURS

DINNER:

7 days from 5:00 pm - 9:30 pm

info@aaojeefraser.com.au

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@Aao Jee Fraser Restaurant



www.aaojeefraser.com.au



Shop 3, 4 Daley Crescent, Fraser, Canberra 2615

ENTRÉE (SHURUAAT)

INDIAN STREET FOOD (CHAAT) - VEG

ALOO PAPDI CHAAT \$11.90

Fluffy boiled potatoes & crispy spinach tossed. with sweet yoghurt, mint and tamarind sauce and spiked with chaat masala.

DAHIBHALLA

\$ 11.90

-Lentil fritters dunked in creamy yoghurt topped with mint sauce, tamarind sauce and garnished with spices.

SAMOSA CHAAT

\$10.90

...Mashed samosa with chickpeas dipped in yoghurt, mint and tamarind sauce.

PANI PURI (8pcs)

\$10.90

-Puri stuffed with spiced mashed potato served with pani (tangy mint water), sweet tamarind water, onion and masala.

BHEL PURI

\$10.90

 A mixture of puffed rice, peanuts, boondi, potato, onion, tomato and various chutneys topped with sev and herbs.

MIRCH PAKORA CHAAT \$10.90

 Fried green chilli filled with roasted chana, tamarind and spices - Traditional Andhra style.

ALOO TIKKI

\$10.90

 Fried potato cutlet topped with chilled yoghurt, chutney and various herbs and spices.

DAHI PURI

\$10.90

 Deep Fried potato dumpling placed inside a bread bun flavoured with Indian green chilli and chutney.

ENTREE - VEGETARIAN

SAMOSA (2PCS)

\$10.90

Crispy pastry stuffed with spiced potatoes and green Peas.

PYAZ BHAJI (4 PCS)

\$ 10.90

 Crispy fried fritters made mainly with onion and chickpea flour.

HARA BHARA KEBAB (4PCS) \$10.90

Spiced patties made with a mix of spinach, potatoes and cottage cheese.

PANEER PAKORA (6PCS) \$12.90

 Indian cottage cheese (Paneer) coated with a savoury gram flour batter and served with mint and tamarind sauce.

SPRING ROLLS (4 PCS)

\$ 9.90

 Vegetables rolled in thin sheets of pastry and deep fried.

VEG PLATTER FOR TWO \$19.90

An assortment of Samosa, Pyaz bhaji, Spring rolls, Hara Bhara kebab.

CHILLI PANEER

\$ 15, 90

.Indo-chinese

VEG MANCHURIAN

\$ 14.90

Indo-chinese

GOBI MANCHURIAN

\$ 14.90

Indo-chinese

BABY CORN CHILLI FRY

\$17.90

Indo-chinese

ENTRÉE: NON-VEG

TANDOORI CHICKEN

(HALF \$13.90 / FULL \$23.90)

Whole chicken marinated with yoghurt, mustard oil and spices cooked in a tandoor oven.

TANDOORI CHICKEN \$13.90

TIKKA (4PCS)

. Marinated boneless chicken roasted in a tandoor.

MURGH

MALAI KEBAB (4PCS) \$13.90

Chicken kebabs marinated in cream flavoured with cardamom & mace (Indian spice).

CHICKEN 65 (6PCS) \$12.90

Chicken marinated in yoghurt, lemon juice and fresh herbs, originated from Hyderabad.

TANDOORI

LAMB CUTLET (3PCS) \$17.90

 Succulent pieces of lamb marinated in a mixture of garlic, ginger, garam masala and yoghurt.

LAMB

SEEKH KEBAB(4PCS)

 Skewered pieces of lamb mince lightly herbed cooked in a Tandoor.

FISH / PRAWNKOLIWADA \$16.90

(PRAWN-6PCS / FISH-4PCS)

 Delicious fish/prawns marinated in a special recipe of Mumbai Koliwada.

FISH / PRAWN

AMRITSARI (4PCS)

\$16.90

\$14.90

 CrispydeepFriedFish/Prawndippedina flavouredcornflourmixture, served with mint Sauce.

NON-VEG PLATTER \$24.90

-An assortment of Lamb cutlet, Seekh kebab, Malai kebab and Fish/ Prawn Koliwada.

CHILLI CHICKEN

\$16.90

Indo chinese

MAIN: VEGETARIAN

PANEER (INDIAN COTTAGE CHEESE)

LENTILS AND VEGETABLES

PANEER TIKKA

MASALA

\$20.90

 Flavourfultikkasaucemixedwithpaneer (Indiancottagecheese), capsicum, onion, ginger and fresh coriander.

PANEER BUTTER

MASALA

\$20.90

 Diced paneer (Indian cottage cheese) cooked in delicious sweetish gravy.

SHAHI PANNER

\$20.90

 Diced Paneer (Indian cottage cheese) cooked in a yoghurt paste and cashew gravy.

MALAI KOFTA

\$20.90

 Paneer Dumplings stuffed with raisins and finished in a creamy tomato and cashew based gravy.

KASHMIRI METHI

CHAMAN

\$20.90

 Medium spiced curry with grated paneer and tender fenugreek leaves.

PALAK PANEER

\$20.90

Fresh Paneer (Indian cottage cheese) cooked in spinach puree with tomatoes and fenugreek leaves.

MIRCH PANEER

\$20.90

 Diced Paneer (Indian cottage cheese) and capsicum cooked together in a medium spiced thick gravy.

KADAI PANEER

\$20.90

-Paneer (Indian cottage cheese) cooked with capsicum, tomatoes, onion and garnished with coriander.

KUMBH HARA

DHANIYA

\$19.90

- Fresh mushroom curry with a delightful coriander flavour.

VEGETABLE KORMA

\$19.90

Creamy mixed vegetable curry.

BOMBAY ALOO

\$19.90

 Cubed potato with cumin seeds, fenugreek seeds and ground spice.

VEGETABLE JALFREZI

\$19.90

-An Indian Vegetable stir-fry, served on a sizzler plate.

VEG TARKARI

\$19.90

 Mixedvegetablecurryconsistingof carrots, broccoli, cauliflower, peas, zucchini and potatoes.

DAL MAKHANI

\$18.90

Traditional Punjabi black dal curry.

DAL TADKA.

\$18.90

 Delightful moong dal curry garnished with garlic, dry chilli and mustard seeds.

EGGPLANT MASALA

\$18 Q0

 Sliced eggplant and potato cooked with onion and tomato and indian spices.

DAL PANCHRATAN

\$18.90

- A unique blend of five different lentils.

BHINDI DO PYAZA

\$18.90

 Okra cooked with mixed vegetables and traditional spice.

MAIN: NON-VEGETARIAN

CHICKEN (MURG KI BANG)

BUTTER CHICKEN

\$21.90

 Barbecued boneless chicken cooked in arich creamy tomato base, finished with fenugreek.

KADAI CHICKEN

\$21.90

.. Chicken tossed with onion, capsicum. Tomatoes garnished with coriander and garlic.

CHICKEN ZAFRANI KORMA \$ 21.90

 Boneless chicken cooked in cashew gravy and flavoured with saffron and cardamom.

CHICKEN KALI MIRCH

\$ 21.90

.. Boneless chicken cooked insilky bla ck pepper gravy, flavoured with fra grant spices and hint of cream

CHICKENTIKKA MASALA \$21.90

 Roasted marinated chicken with onion and tomatoes cooked in a thick gravy.

CHICKEN AFGANI

\$21.90

 Boneless chicken cooked in fresh yoghurt puree and black pepper.

321.90

\$21.90

CHICKEN SAAGWALA \$21.90

 Chicken cooked in a spinach puree, spices and a touch of cream.

CHICKEN VINDALOO

 Authentic spicy curry of boneless chicken cooked with garlic, red chillies and fresh herbs originated from Portuguese settlers.

CHICKEN SHALLOTS \$21.90

 Diced chicken tossed with shallots, tomatoes and fresh ginger and garlic.

METHI CHICKEN \$21.90

Boneless chicken cooked with fenugreek leaves

CHICKEN JALFREZI \$21.90

-Chicken fillet cooked in fresh capsicum, tomatoes and onion.

CHICKEN CHETTINAD \$21.90

-A spicy treat from the Chettiars family of Tamil Nadu.

FRANI KORMA

LAMB (SAALAN)

LAMB ZAFRANI KORMA \$22.90

 Tender pieces of lamb cooked in a mild cashew gravy and flavoured with saffron.

LAMB BHUNA MASALA \$22.90

 Boneless lamb tossed with a blend of different spices cooked with onions, ginger and garlic.

KADAI LAMB

\$22.90

Diced lamb tossed with onion, capsicum, garlic, garnished with coriander and served on a sizzler plate.

LAMB SAAGWALA

\$22.90

 Boneless diced lamb cooked with a creamy spinach and spice base.

LAMB MALABAR

\$22.90

Medium spiced lamb curry cooked with aromatic spice and finished with coconut cream.

LAMB MADRAS

\$22.90

An amazing medium spiced dish of diced lamb thats flavoured with desiccated coconut and curry leaves.

LAMBROGAN JOSH \$

\$22.90

A popular lamb curry originated from kashmir made of diced boneless lamb and fresh tomatoes garnished with fresh coriander.

LAMB VINDALOO

\$22.90

 An authentic goan spicy dish influenced by portuguese settlers, made of boneless lamb cooked with red-hot chillies, garlic, vinegar and garnished with fresh herbs.

LAMB CHETTINAD

\$22.90

A spicy lamb dish originated from Tamil Nadu.

MAIN: NON-VEGETARIAN

GOAT (SAALAN)

GOAT CURRY

\$23.90

 Slow cooked goat with garlic, ginger and tomato tossed with caramelised onions and aromatic spice.

GOAT MUGHLAI

\$23.90

 Diced goat cooked with cardamom, almonds and fresh herbs.

KADAI GOAT

\$23.90

 Diced goat tossed with onion, capsicum, garlic, garnished with coriander and served on a sizzler plate.

TAWA GOAT

\$23.90

Marinated goat cooked with tamarind, onions and authentic spices, served on a sizzler plate.

GOAT SAAGWALA

\$23.90

 Diced goat cooked with a creamy spinach and spice base

GOAT VINDALOO

\$23.90

An authentic goan spicy dish influenced by portuguese settlers, made of boneless lam b cooked with red-hot chillies, garlic, vine gar and garnished with freshherbs.

BEEF (SAALAN)

BEEF VINDALOO

\$22.90

-An authentic goan spicy dish influenced by portuguese settlers, made of boneless beef cooked with red-hot chillies, garlic, vinegar and garnished with fresh herbs.

BEEF KORMA

\$22.90

 Diced beef cooked in a mild cashew gravy flavoured with saffron and nutmeg.

BEEF BHUNA

MASALA

\$22.90

Boneless beef tossed with a blend of different spices cooked with onions, ginger and garlic.

BEEF COCONUT

FRY

\$22.90

A flavoursome medium spiced dish cooked of diced beef, desiccated coconut & curry.

<u>SEAFOOD</u> (SAMUNDAR KI GEHRAI SE)

FISH MALABAR

\$24.90

 A delicious creamy fish curry cooked with chillies, coriander, curry leaves and coconut milk.

FISH GOAN CURRY

\$24.90

 An original goan dish cooked with fish in a medium spicy curry.

FISH KALIA

\$24.90

 An authentic Bengali fish curry cooked with onion, tomato and yoghurt, garnished with black cumin.

KADAI PRAWNS

\$24.90

 A fenugreek and coriander flavoured prawns tossed with diced onions, capsicums & tomatoes served on a steamy sizzler plate.

MALABAR

PRAWN CURRY

\$24.90

A creamy prawn curry cooked with chillies, coriander, curry leaves and a coconut milk Base.

GOAN PRAWN CURRY \$24.

- Prawns cooked in coconut milk and tomatoes flavoured with mustard seeds and curry Leaves.

FISH MASALA

\$24.90

_Fish cooked in a delicious medium spiced curry, Garnished with ginger and coriander.

ZINGA MASALA

\$24.90

-Prawns cooked in a delicious medium spiced curry, Garnished with ginger and coriander.

FISH ACHARI

\$24.90

Delicious spicy and tangy dish in which the fish is cooked in achar masala.

MAIN: RICE & BREAD

RICE

(B)	ASMATI KI	книѕнвоо)	
PLAIN STEAMED RICE steamed basmatirice.	\$3.50	LEMON RICE - A staple south Indian rice dish original in Tamil Nadu cooked with freshly squeezedlemon, curry leaves, turmer	
SAFFRON RICE Steamed basmati rice with saffron in milk, garnished with roasted cumin.	\$3.90	powder, chana dal and peanuts.	
		BIRYANI	
JEERA RICE steamed basmatirice with jeera	\$3.90	(CHICKEN/LAMB/GOAT) Aromatic basmati rice cooked togethe with mint and spices.	\$23.90 er
COCONUT RICE Steamed rice mixed with fried grated coconut, garnished with mustard seeds	\$5.90	VEG BIRYANI	\$17.90
curry leaves, dried chilli and cashew.		PRAWN BIRYANI	\$23.90
(<u>INDIAN</u> GEHU KI K	BREAD (ARAMAAT)	
PLAIN NAAN Leavened tandoori cooked plain flatbread.	\$3.50	KEEMA NAAN Leavened plain bread stuffed with min meat and spices.	\$6.90
GARLIC NAAN	\$3.90	KASHMIRI NAAN	\$5.90

PLAIN NAAN Leavened tandoori cooked plain flatbread.	\$3.50	KEEM Leaven
GARLIC NAAN Indian garlic flatbread cooked in a	\$3.90	KASH -plain fla

BUTTER NAAN \$4.90 Indian garlic flatbread cooked in a

tandoor.	
HERB NAAN	\$3.90

TANDORI ROTI	62 50
IANDUKI KUII	\$3.50
-Wholemeal flatbread cooked in a	

STUFFED	KULCHA	\$5.90
/ DANTED	LACACATAN	

PANEER / MASALA) -Stuffed Indian tandoori bread made of plain flour with your choice of stuffing.

mixed herbs

tandoor.

KASHMIRI NAAN	\$5.90
plain flat bread stuffed with dried	

CHEESE NAAN	\$5.90
-plain naan stuffed with mozzarella	
cheese and a bit of spice.	

CHEESE & GARLIC NAAN \$6.50 -Garlic naan stuffed with mozzarella cheese.

CHEESE & SPINACH NAAN \$5.90 -Plain naan stuffed with fresh spinach and mozzarella cheese.

LACHHA	PARATHA	\$5.00
_Layered and	flaky wholemeal tandoori	
flatbread.		

- ACCOMPANIMENTS -(SAATH-SAATH)

MIXED RAITA \$5.00 MANGO PICKLE \$2.50 vocurt base mixed with cucumber and

cumin. MIXED PICKLE \$2.50

KACHUMBER \$5.50

-An Indian salad consisting of fresh PAPADUM \$3.00 cucumber, lemon juice onion and spice.

GREEN SALAD \$5.90 SWEET MANGO CHUTNEY \$2.50

LIME PICKLE

\$2.50

- KIDS MEAL -

BUTTER CHICKEN W/ RICE AND NAAN \$15.90

MANGO CHICKEN W/RICE AND NAAN \$15.90

CHIPS & NUGGETS \$11.90

- DESSERT

RAS MALAI -Paneer dumplings (Indian cottage cheese)

soaked in thickened sweet milk.

MANGO KULFI \$5.90

Creamy Indian Ice cream made with milk and fresh mango pulp.

PISTA KULFI \$5.90

pistachio and milk.

Dense Indian Ice cream made with

GULAB JAMUN \$7.90

 Deep-fried milk based dumplings dunked in cardamom flavoured sugar syrup.

GULAB JAMUN

W/ICE CREAM

\$9.90 . A fusion of hot & cold desert with a

delicious combination of a sweet milk based dimpling and vanilla ice cream.

VANILLA ICE CREAM \$5.90

GAJAR HALWA \$7.90

Sweet carrot pudding made with milk, sugar and ghee, garnished with cashews and sultanas.

MOONG DAL HALWA

\$6.90

- A delicious dessert made from mung lentils and ghee (Indian clarified butter) topped with Almonds.

- BANQUET MENU -

A minimum of 6 people are required to avail the Banquet menu.

DINNER BANQUET I \$37.90

→ Onion Bhaji, Samosa, Seekh kebab ↔

→ Chicken Vindaloo, Kadai Lamb, Shahi Paneer, Dal Tadka. ↔

→ Rice, Naan, Raita, Papadum. ↔

DINNER BANQUET II \$41.90

→ Aloo Papdi Chaat, Chicken Tikka, Fish Fry ↔

→ Malai Kofta, Bombay Aloo, Chicken Kali Mirch, Rogan Josh, Beef Vindaloo ↔

→ Rice, Naan, Raita, Papadum, Gulab Jamun ↔

DINNER BANQUET III \$45.90

→Spring Roll, Samosa, Chicken Tikka, Seekh Kebab ↔ → Vegetable Korma, Palak Paneer, Butter Chicken, Lamb Vindaloo, Goan Prawn Curry. ↔ → Rice, Naan, Raita, Pappadam, Gulab Jamun. ↔

THIS RESTAURANT IS <u>FULLY LICENSED</u> AND <u>BYO</u>
(<u>BOTTLED WINE ONLY</u>).

CORKAGE \$8.00 PER BOTTLE (750ML) IS APPLICABLE.

WE SERVE <u>HALAL MEAT</u>.



- DRINK MENU -

LASSI - \$6.00

MANGO LASSI

-Yoghurt based mango smoothie.

ROSE LASSI

Yoghurt based rose flavoured smoothie.

SWEET LASSI

SweetYoghurt flavoured

PLAIN LASSI

KESAR LASSI

RAJBHOG LASSI

SALT LASSI - \$4.00

<u>JUICE</u> - \$4.50

MANGOJUICE

ORANGEJUICE

APPLE JUICE

SOFT DRINKS-\$4.00

COKE

COKE ZERO

SPRITE

FANTA

MILKSHAKE - \$6.90

Chocolate / Vanilla / Strawberry / Mango / Banana

SPARKLING

WATER \$4.00

SWEET

LEMON SODA \$4.50

GINGER ALE \$4.50

GINGERBEER \$4.50

TONIC WATER \$4.00

SODAWATER

W/LEMON \$4.00

LEMONLIME

BITTERS \$6.99

MASALA

SODA \$5.90

HOT DRINKS - \$4.50

TEA

INDIAN MASALA TEA