

BENNY & ME

CAFé

COFFEE

Short Black	4.0
Long Mach, Piccolo, Short Mach	4.5
Latte, Cappuccino, Flat White	4.5
Hot Chocolate	4.5
Vanilla Spice Chai	4.5
Mugs	5.5
Iced Coffee, Iced Chocolate	6.0
Iced Latte	4.5 / 6.0
Batch Brew	4.5
Matcha / Turmeric	4.5
+ Shot	+0.50
+ Syrup Vanilla, Caramel, Hazelnut	+0.50
+ Alternate milks	+0.70

TEA

English Breakfast, Earl Grey, Green, Lemon & Ginger, Peppermint, Chamomile	4.5
--	-----

COLD DRINKS

Soft Drink	3.5
Bottled Water	3.5
Organic Flavoured Mineral Water	4.5
Orange or Apple Juice Bottled	5.0



BITES

Assorted Toasties	from 8.5
Assorted Wraps	14.0

SMOOTHIES

Mixed Berry	9.0
Mixed berries, ice cream, milk	
Banana	9.0
Banana, ice cream, honey & milk	
Strawberry + Banana	9.0
Banana, strawberries, yoghurt, honey & milk	
Mango	9.0
Mango, yoghurt, honey & milk	

MILK SHAKES

Chocolate, Vanilla, Caramel Strawberry or Blue Heaven	8.0
Kids	5.0
+ Alternate milks	+1.0

THICK SHAKES

Chocolate, Vanilla, Caramel Strawberry or Blue Heaven	9.0
Choc chip, Coffee or Oreo	10.0

FRESH JUICES

Juiced Daily	
Only Orange	8.5
Sweet Sunrise	8.5
Orange, Watermelon & Pineapple	
Cleanser	8.5
Carrot, Ginger, Beetroot, Apple, Lemon	
Organic Green	8.5
Spinach, Celery, Ginger, Apple, Cucumber	



SEE THE DISPLAY
FRIDGE FOR MORE!

MENU

ALL DAY MENU SERVED TILL 2:30PM

Toast	9.0
2 slices of white, multigrain, sourdough, gluten free or fruit toast, with your choice of spreads <i>Gluten free</i>	+1.0
Eggs Your Way v, gfo, dfo	13.5
Poached/fried/scrambled on sourdough <i>Gluten free</i>	+1.0
Raspberry Panna Cotta Granola v	17.5
Granola, raspberry pannacotta, raspberry coulis, with fresh strawberries, raspberries & passionfruit	
Porridge v	14.5
w Berry compote & Toasted almonds	
Acai Bowl v, gfo, df	19.0
Acai smoothie, mixed berries, banana, kiwi fruit, honey granola clusters, chia seeds, shredded coconut & peanut butter.	
Smashed Avo v, gfo, dfo vego	21.0
Roast pumpkin hummus, cherry tomato, fetta, dukka, balsamic glaze & poached eggs on Sourdough Vegan option available: Swap eggs & fetta for Thyme mushrooms	
Corn & Zucchini Fritters v,gfo,dfo	20.0
Corn, sweet potato & zucchini fritters, w Beetroot & tomato relish puree, grilled halloumi, poached egg	
Chili Scramble gfo	18.0
Onion, capsicum, chilli, parmesan & crispy shallots on sourdough <i>+ bacon or chorizo</i>	+5.0
Stacked Belgian Waffles v	18.0
Belgian waffles, berries, marscapone cheese, chocolate sauce & ice cream	
Big Breaky gfo, vfo	25.0
Poached eggs, thyme mushrooms, grilled tomato, spinach, beans, hash brown &	
choice of bacon or avo <i>+ haloumi</i>	+5.0
Mr Benny gfo, dfo	20.0
Choice of Bacon or slow braised pulled pork or smoked salmon, on sourdough, w spinach & 2 poached eggs <i>+ hashbrown</i>	+4.0

SIDES

Spinach, Egg, Hash brown	4.0
Feta, Tomatoes, Avocado, Kale,	5.0
Halloumi, Chicken, Chorizo, Mushroom	
Smoked Salmon & Bacon	6.0

Poke Bowl v, gf, df	21.0
Sticky rice, poached egg , salmon, avocado, edamame beans, carrot, kale, w chipotle mayo Chicken option available	
Pumpkin Risotto gf, v, dfo	21.0
Roasted pumpkin, pesto, spinach & pine nuts <i>+ chicken</i>	+5.0
Prawn Linguine	24.5
Garlic prawns, cherry tomatoes, chilli, rocket, white wine & lemon sauce	
Bruschetta v, gfo	16.5
Two pieces of sourdough, tomato, onion and basil salsa, pesto, feta & balsamic glaze <i>+ poached egg</i>	+3.0
Home Made Burger gfo	21.5
Beef patty, caramelised onion, tasty cheese, tomato, cos lettuce, pickles & benny's burger sauce <i>add egg +3 / add bacon +5</i>	
Open Lamb Souvlaki	24.0
Slow braised lamb shoulder, grilled pita, tzatziki, chips, cherry tomatoes, cucumber, lettuce, onion, mint yogurt sauce.	
BLAT gfo, dfo	20.0
Bacon, cos lettuce, avocado, tomato & relish w a side of chips HLAT Option: replace bacon with haloumi	
Chicken Parma	24.5
House made chicken Schnitzel, napoli sauce, ham, mozzarella, salad & chips	

Benny's Super Salad v, gf, veg	20.0
Quinoa, chia, kale, almonds, walnuts, flax seeds, chickpeas, berries & French dressing <i>+ chicken or smoked salmon</i>	+5.0
Roasted Cauliflower Salad v, gf, veg	20.0
Roasted Cauliflower, chickpeas, cherry tomatoes, cucumber, mixed lettuce, fetta, pine nuts, pomegranate seeds & romesco dressing <i>+ chicken or smoked salmon</i>	+5.0

KIDS

Eggs Your Way v, gfo, df	8.0
Poached/fried/scrambled on sourdough or gluten free	
Avocado on Toast	8.0
Kids Burger & Chips	10.0
Kids Pancake v	10.0
Butter milk pancake, berries & icecream	