

# Breakfast

## **Bacon & Egg Roll ... 12 – (GFO)**

bacon and free-range egg on a bun with sauce of choice

## **Big Breaky Roll ... 14.5 (GFO)**

bacon, 2 eggs, hashbrown, melted cheese and sauce of choice

## **Haven Roll ... 12 (V, GFO)**

egg, rocket, smokey house relish & aioli  
with bacon 15

## **Toasties ... 12 (GFO, DFO)**

combine your favourite from ham, cheese and tomato

## **Avo Toast ... 19.5 (V, GFO, DFO)**

Avocado smashed with citrus topped with marinated fetta, toasted sesame & nigella, tomato medley, house chilli oil

## **Toast ... 7 (V, GFO) Croissant ... 8**

sourdough buttered with choice of spread. Choose from house made jam or marmalade, peanut butter, or vegemite. Add avo +5

## **Eggs your way ... 12 (V, GFO)**

Free range scrambled, poached, fried on sourdough – add sides from below to make it your own.

## **Sides** – to complete your perfect breakfast

Add an egg + 2

Bacon (2 rashers) + 6

Half an Avo + 5

Hashbrown + 3

Gluten free bread + 2

House made relish + 2

# Drinks

## **Coffee / Tea**

**Cap - FW - LB - Latte - Hot Choc**

**Small ... 5 Med ... 5.5**

**Mocha Small ... 5.5 Med ... 6.5**

**Iced Latte / LB ... 6.5**

**Tea:** English Breakfast, Peppermint, Chamomile, Masala Chai ... 5

**Babycino ... 1** or free in a keep cup

**Syrups:** caramel, vanilla, hazelnut ... 0.5

**Extra shot, alternative milks ... 0.5**

## **Cold Bottled**

**Still ... 3**

**Sparkling ... 5**

**Lemonade ... 3.5**

**Ginger Beer ... 5**

**Coke/Zero ... 3.5**

**Bottled OJ ... 5**

## **Classic shakes**

**Chocolate, Strawberry, Vanilla or**

**Caramel ... 9**

made with milk, ice cream and syrup

## **Smoothies**

**Banana ... 9.5**

with milk, honey, cinnamon and yoghurt

**Mixed Berry ... 10**

with milk, honey and yoghurt

**Mango ... 10**

with milk, honey and yoghurt

alternative milks ... +1

Add protein ... 2

## **Juice**

fresh made from your choice of seasonal fruits in the cabinet.

**Pick me up ... 10.5**

apple, orange and pineapple

**Healthy start ... 10.5**

Carrot, apple, orange and celery

**Get your veg ... 10.5**

carrot, celery, beetroot & ginger

**Immunity Boost ... 10.5**

Orange, lemon, carrot & ginger

# opening MENU

# opening MENU

## Lunch Bar

– please see the display

Build your perfect plate from our juicy meats, hot seasonal vegetables and fresh vibrant salads.

Choose your size

Small: 1 protein and 1 side ... **15**

Medium: 1 protein and 2 sides ... **19**

Family platter: a whole chicken and 3 large sides ... **65**

Choose your protein

(premium proteins or extra protein is available for an extra cost)

Choose your sides and dressings

(yes, you can have up to 2 choices in a side)

## Chicken and chips

¼ chicken ... **9**

¼ chicken & chips ... **14**

½ chicken ... **15.5**

½ chicken & chips ... **20**

Whole chicken ... **27.5**

Hot Chips (GF, DF)

Small bowl ... **8** Large bowl ... **12**

Sweet Potato Fries (GF, DF)

Small bowl ... **10** Large bowl ... **14**

add aioli or spicy mayo +1.5

Chips are cooked in beef tallow and finished with our signature salt blend (GF, DF)

## Salads - from the display

Small ... **8**

Medium ... **12**

Large ... **15**

## Sandwiches

See the cabinet for today's premade sandwiches & toasties

Sandwiches can also be made to order.

## Kids

**I'm not hungry**: 1 egg & 1 toast ... **6.5**

**I don't care**: cheese toasty with cucumber and cherry tomato on the side ... **8**

**I don't know**: kids bowl from the lunch bar ... **12**

**Kids Burger** ... **15**

Grilled beef or chicken, cheese & sauce of choice and chips

**Allergen statement**: we take the greatest care to cater to special dietary requirements, but cross contamination is still a possibility.

**GF** – gluten free

**GFO** – can be made gluten free on request

**V** – Vegetarian

**VG** - Vegan

**DF** – doesn't contain dairy

**DFO** – can be made dairy free on request

## Burgers (GFO)

Add chips to any burger for +\$5

**Cheese Burger** ... **15**

Grass fed grilled beef, melted cheese, tangy pickles & sauce of choice

**Classic Burger** ... **16**

Grass fed grilled beef, melted cheese, tomato, lettuce, onion, & sauce of choice

**Aussie Burger** ... **21**

Grass fed grilled beef, bacon, beetroot, pineapple, cheese, tomato, lettuce, onion and sauce of choice

**Haven Burger** ... **18**

Grass fed grilled beef, mustard, pickles, cheese, lettuce, tomato, house relish & aioli

**Chicken Burger** ... **17**

Free-ranged grilled chicken breast, avocado, tomato, lettuce & chili mayo

**Go Tropical Burger** ... **19**

Free-ranged grilled chicken breast, bacon, pineapple, lettuce & aioli

**Vegetarian Burger** ... **17**

Haloumi, avocado, hot honey, tomato & lettuce

## Just say the word to add:

Beef patty ... **6**

Chicken breast ... **6**

Fried egg ... **2**

Bacon ... **3**

Avocado ... **3**

Cheese ... **1**

Tomato ... **1**

Lettuce ... **1**

Pickles ... **1**

Beetroot ... **2**

Pineapple ... **2**

Aioli/spicy mayo ... **1**

House relish ... **1**

Mustard

Tomato sauce

BBQ sauce